

## Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

August 10, 2016

Minutes

**Facilitated by: Kelly Warnock**

<p><b>Present:</b> Kelly Warnock, Jannah Bierens, Aubrey Delaney, Chasity Newkirk, Chelsea Hawkins, Janelle Averill, Becca Brand, Erica Hall, Natacha Cross-Rubio, Stani Nikki Sims, Malinda Evans, Keyanna Terry, Natalie Rich, Denver Bailey, Neal Curran, Joyce Page, Barbara Rumer, Jen McDuffie, Marissa Mortiboy  <b>Guests:</b> Joan Packenham, Lynae Thomas, Lorissa Williams, Kimberly Fisher</p>		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p><b>Introductions, welcome newcomers</b></p>		
<p><b>Review Minutes</b></p>	<p>There were no changes to the minutes.</p>	
<p><b>Announcements</b></p> <ul style="list-style-type: none"> <li>• <b>New Co Chair!</b></li> <li>• <b>Presenting at PACs</b></li> <li>• <b>Possible Bike/Ped initiative</b></li> <li>• <b>Location for next meeting</b></li> </ul>	<p>Crystal Dixon no longer works for the health department and has left her co-chair position. She is still planning to be involved with the committee. Jannah Bierens will serve as co-chair for 2016-2017.</p> <p>Kelly and Jannah will be meeting with Partners Against Crime (PAC) leaders on August 24 and September 10 to get feedback on community needs and how to better engage the community.</p> <p>The September OCI meeting will be held at the Food Hub, 902 N. Mangum St. Parking is limited but some street parking and parking next door is available.</p> <p>The OCI committee will have the opportunity to write columns for the Herald-Sun. Topics suggested include colorectal cancer in March, bike/pedestrian plan and Durham Public School healthier lunch changes in October.</p> <p>The Durham County Department of Public Health will host a faith-based preparedness event with first responders on September 24 at White Rock Baptist Church, 9 am-noon. The purpose is to connect the community to service organizations.</p>	<p>Let Kelly and Jannah know OCI-related ideas to discuss at the PAC meeting or if you would like to attend.</p> <p>Email Kelly and Jannah ideas for Herald-Sun columns.</p> <p>Contact Kelly and Jannah if you would like to be involved with the EDCI Youth Leadership Council.</p>

<p><b>Kimberly Fisher and Lorissa Williams, EDCI Youth Leadership Council: Exploring Pathways to Youth-Led Community Based Health Interventions in East Durham.”</b></p>	<p>East Durham Children’s Initiative (EDCI) is starting a health youth leadership council. It will be a 12-week training program that will teach African-American and Latino elementary students about leadership development, nutrition and healthy eating, health disparities, food systems and food justice and physical activity. Family enrichment activities will be included as part of the program.</p> <p>Four cohorts with 20-25 students each will develop their own service related project in the EDCI zone. Projects will be judged and the winning project will receive seed funding.</p> <p>The program is for fourth and fifth graders with assistance from paid high school interns. Fourth and fifth graders were targeted because this is a critical intervention stage for health outcomes. The goal is to increase youths’ sense of community connection and self-efficacy. EDCI will seek student referrals to the programs and community outreach. Kickoff is planned for October.</p> <p>Committee members made suggestions for the program such as addressing dental and emotional health and organizations to get involved.</p>	
<p><b>Dr. Joan Pakenham, National Institute of Environmental Health Sciences, Presentation about Women’s Health Awareness Day: Transforming Communities By Enhancing Women’s Health</b></p>	<p>The National Institute of Environmental Health Sciences (NIEHS) is a research institute of the National Institutes of Health. Women’s Health Awareness Day is a free annual community engagement event to empower women around health. The event has screenings, health seminars, workshops, demonstrations and health information.</p> <p>The 2017 event will be held at NCCU in the Mary Townes Science Building on April 8.</p>	<p>Contact Lynae Thomas at <a href="mailto:lynae.thomas@nih.gov">lynae.thomas@nih.gov</a> if you would like to participate.</p>
<p><b>DeDreana Freeman, Discussion about INC.</b></p>	<p>The Durham Interneighborhood Council (INC) meets on a monthly, fourth Tuesday at 7pm in Golden Belt. Twenty to twenty-five neighborhoods are represented. They disseminate information and take positions on issues that affect the community.</p> <p>Visit <a href="http://www.durham-inc.org">www.durham-inc.org</a> to join the listserve to find out what is being discussed in the community and make announcements. Neighborhoods can be added to the list by contacting the City. Each representative shares the information with their neighborhood.</p>	
<p><b>Work Groups</b></p>	<p><b>Community engagement-</b> Jannah will help the workgroup define objectives. Their goal is to develop a place where the community can find out about free resources and services such as a community calendar.</p>	

	<p><b>Physical activity-</b> Jen M. will contact Bryan Poole from the City about the bike + walk plan survey results and discuss whether there more outreach needs to be done to get input from communities of color. Opportunities around Healthy Mile Trail include evaluation, working with Duke Family Medicine residents and increasing community engagement around existing trails.</p> <p><b>Food Access-</b> The workgroup discussed getting youth involved with healthy corner store initiatives. They will set up a meeting to discuss this further.</p>	
<p>***Next OCI meeting: September 14, 2016 from 8:30-10:00 am. Location TBA</p>		