

Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

November 11, 2015

Agenda

Facilitated by: Kelly Warnock

Present: Jannah Bierens, Cassandra Gentile, Leah Williams, Kelly Warnock, Crystal Dixon, Nick Allen, Aubrey Delaney, Tyrone Hall, Casey Horvitz, Timothy Cullen, Khali Gallman, Betsy Crites, Barbara Rumer, Michelle Madeley, Keyanna Terry, Chasity Newkirk, Marissa Mortiboy, Tiki Windley			
	Project/Topic/Goal	Major discussion points	Action steps and responsible persons
8:30-8:40	Welcome newcomers Review minutes	Minutes were sent out to attendees to review. There were no changes to the September or October minutes.	
8:40-8:50	Announcements	<p>The United Way's Premium Help program provides ACA healthcare premium assistance for new eligible enrollees. There are five qualifying health insurance plans that are part of the program. The website is PremiumHelp.org.</p> <p>There is an ACA enrollment event on Saturday, November 14 at Lincoln Community Health Center.</p> <p>The Partnership has a monthly column in the Durham Herald-Sun. Each committee will take a turn writing content. OCI will have columns in February on diabetes, April on Double Bucks/food access and July on food insecurity. Op-eds are an option as well if the group feels strongly on a topic and would like to share more information than a column will allow. Columns are due to Marissa the month they appear in the newspaper to allow time for the review process.</p>	<p>Aubrey Delaney and Chasity Newkirk will help with the diabetes column due to Marissa by January 4.</p> <p>Betsy Crites will help with the July food insecurity column.</p> <p>Leah will help with April's double bucks column</p>

		<p>End Hunger Durham is hosting a program on food waste on November 19, 6:30 pm at the Cooperative Extension office, 721 Foster St. The event will consist of a short video and speakers.</p> <p>The Durham Diabetes Coalition is hosting a fourth installment of diabetes and heart health on Thursday, November 12 from 10am-12pm in the Human Services Building. There is room for an additional three vendors to set up a table and speak with attendees before and after the event.</p> <p>The Durham Diabetes Coalition is hosting a couponing class, November 18, 5:30 pm at the health department.</p> <p>Chasity Newkirk is doing an interview about Durham Diabetes Coalition Diabetes Awareness Month events on Time Warner Cable, November 12.</p>	
<p>8:50-9:10</p>	<p>Courageous Conversation recap</p>	<p>Joanne Pierce, Deputy Health Director spoke and led a discussion at last month's OCI meeting about poverty and racial equity. The purpose of inviting her was to have OCI think differently about planning and providing community programs.</p> <p>The conversation held last month is the framing and the first part of a longer discussion. There is a two-day training that goes further into the history of racism and policies created over the years to keep people poor.</p> <p>The group would like to invite Joanne back to further discuss racial equity, institutional racism and how OCI can address these issues. The decision is whether to have the training in segments over time or wait to have a full two-day training.</p> <p>The committee needs to think about whether they are working with the community or doing things to the community.</p>	<p>Kelly and Crystal will send out a survey to OCI attendees about whether they are interested in inviting Joanne Pierce to a future meeting hold further conversations.</p>

		<p>Kelly and Crystal are researching grants from the Kellogg Foundation to pay the cost of the full training for attendees.</p>	
9:10-9:15	Community Recruitment Challenge	<p>Kelly and Crystal asked attendees to bring one community member or organization to the next meeting and future meetings. The agreed they would like committee more community involvement.</p> <p>It was suggested to vary how the committee shares information. People may not be comfortable attending meetings and participating in that way. The committee needs to go where people are such as churches.</p> <p>The committee will discuss the structure to make participation more inclusive at a future meeting.</p>	<p>Members should bring one community member or new organization to a future meeting.</p>
9:15-9:45	Breakout: Group Planning Sessions	<p>The education subcommittee wants to diversify its outreach and concentrate on different segments such as students, nursing homes, churches, homeless, NCCU health center, nontraditional schools and more.</p> <p>The group still needs to discuss strategies how to get the word out but would like to partner with organizations to establish a community network to reach diverse demographics.</p> <p>The nutrition subcommittee discussed the low turnout and challenges with the Grocers on Wheels Double Bucks program.</p> <p>The subcommittee discussed whether they had chosen the right population to work with for this program. The group will talk with individuals at resident councils to find out why they are not participating in the Grocers on Wheels monthly visits.</p> <p>The subcommittee needs to do a better job on the front end of listening to what the resident council wants. Other options for reaching out include planning more with the resident councils,</p>	<p>Leah will share concerns and possible solutions with Demetrius from Grocers on Wheels.</p>

		having the resident council take the lead and introduce the ideas to residents.	
	***Next OCI meeting: December, 9 2015, 8:30-10:00, Conference Rooms, Health and Human Services Building ***Please note location change		