

Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

December 9, 2015

Minutes

Facilitated by Crystal Dixon

Present: Casey Horwitz, Chasity Newkirk, Crystal Dixon, Tekeela Green, Leah Kelly Warnock, Keyanna Terry, Betsy Crites, Willa Allen, Jen Isher-Witt, Laura Miller, Carla McKoy, Jannah Bierens, Stacy Taylor, Wilma Herndon, Joyce Page, Khali Gallman, Marissa Mortiboy, Leah Williams

	Project/Topic/Goal	Major discussion points	Action steps and responsible persons
8:30-8:40	Welcome newcomers Review minutes	There were no changes to the November minutes.	
8:40-8:50	Announcements	<p>End Hunger Now is hosting a meeting with a speaker and a discussion about merging with the Durham Farm Food Network on Thursday, December 17, 6:15-8:00 pm at 721 Foster St.</p> <p>Walk Your City is posting signs in south Durham on Saturday, December 12. Visit walkyourcity.org and look up Durham for more details.</p> <p>The Durham Farm Food Network is hosting a kickoff on Friday, January 8. Contact Jen Isher-Witt or Kelly Warnock for more details. The meeting will focus on what the task force has accomplished in the past year and focus on next steps.</p> <p>Marissa and Perry will scout potential locations for additional Healthy Mile Trails on Friday, December 11. They have canvassed a route in the Old North Durham neighborhood. The residents at Trinity Lofts and a school on the route would like to help with the Old North Durham Healthy Mile Trail. The trail will likely be established in early spring.</p>	<p>Kelly and Crystal will find out more about Walk Your City and email the information to the committee.</p> <p>Crystal and Kelly will follow up with Dr. Spratt, who is interested in establishing a Healthy Mile Trail in her neighborhood.</p>

		<p>Living Healthy with Chronic Conditions is holding a weekly workshop for veterans, January 12-February 16, 9:30-11:30 am at the Durham Center for Senior Life. Please share the flyer and information about the program with veterans.</p> <p>The health department is hosting monthly healthy eating on a budget grocery store tours. All grocery store tours will be in Durham and come with a \$10 gift card. Register with Leah Williams.</p>	
8:50-9:15	<p>Speaker: Sarah Armstrong, M.D. <i>Associate Professor, Pediatrics Duke University Medical Center</i></p>	<p>Dr. Sarah Armstrong wasn't able to attend the meeting. The purpose of her presentation was to share the results of the Healthy Lifestyles planning grant and share that the implementation grant was funded. The planning grant resulted in a screening form.</p> <p>The screening form was developed in collaboration with multiple Durham stakeholders and developed based on their stated needs for identifying children's health habits and weight status.</p> <p>The implementation grant will allow Healthy Lifestyles to pilot the screening form with stakeholders to see how it functions and collect information. For children who "screen positive", Healthy Lifestyles will provide these groups with information on local resources. The implementation grant will help develop an online resource tool.</p> <p>The committee reviewed the screening form and came up with a list of suggestions that will be shared with Dr. Armstrong.</p>	<p>The DINE Team has a parent survey that indicates what a serving size is. Leah can share the survey with Dr. Armstrong.</p>
9:15-9:20	<p>Future Speakers Suggestions</p>	<p>The group discussed speakers for future meetings. Suggestions included:</p> <ul style="list-style-type: none"> • Durham VA Preventive Health group- strategies for preventing long-term and expensive health conditions • Other Partnership committees to hear about their activities and to collaborate better • Durham Farm Food Network to discuss the Food Policy Council 	<p>Perry will figure out who is the best contact for the Durham VFA Preventive Health group</p> <p>Share additional speaker suggestions with Crystal and Kelly.</p>

		<ul style="list-style-type: none"> • Partnership communications committee to present on their work and get feedback • Playworks to share updates and shift in operations • Lincoln Community Health Center health program and what is being accomplished <p>Crystal asked committee members to take a survey to indicate whether they are interested in future health equity sessions with Deputy Health Director, Joanne Pierce.</p>	
<p>9:20-9:45</p>	<p>Breakout: Group Planning Sessions</p>	<p>The physical activity subcommittee will meet Friday, December 11, 1 pm in the health department lobby to scout future trails. They will drive different routes to do an initial assessment to see if there are sidewalks along the way and other requirements are met. They will bring findings back to the committee. The subcommittee will try to do some long-term planning for Healthy Mile Trails in the first half of 2016.</p> <p>The nutrition subcommittee discussed that the whole subcommittee would like to be more active with the Grocers on Wheels Double Bucks project. To this point, mainly health department staff has been involved. Health department staff will make a better effort to get the dates out and include the entire subcommittee.</p> <p>The education subcommittee discussed getting more organizations involved with OCI, how to get information out to broader audiences and link to other audiences. The subcommittee will partner with new organizations to spread the word on programs and activities. Their goal is to get five new organizations to attend the next meeting.</p>	<p>Marissa will touch base with Phil about putting signs up on the trail and a timeline.</p>
<p>***Next OCI meeting: January, 13 2016, 8:30-10:00, Conference Rooms, Health and Human Services Building</p>			