

Partnership for a Healthy Durham
Obesity and Chronic Illness Committee
July 8th, 2015
Minutes

Facilitated by: Crystal E. Dixon

Present: Crystal Dixon, Jannah Bierens, Chasity Newkirk, Chelsea Hawkins, Jessie McGinty, Kate Steber, Perry Whitted, Nate Strizinger, Jen Isher-Witt, Sallie Allgood, Michelle Madeley, Barbara Rumer, Debbie Royster, Melissa Black, Willa Allen, Casey Horvitz, Tekeela Green, Michael Scott, Bonnie Whitmore, Cate Elander, Khali Gallman, Joyce Page, Alissabeth Ridenour, Kelly Warnock, Dale McKeel, Annette Smith, Bonnie Whitmore, Joyce Page, Melanie Sadur, Jen McDuffie, Marissa Mortiboy

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Welcome newcomers Review minutes	There were no changes to the minutes.	
Recognition of RWJF Award Recipients (Kelly W, Jen M.)	<p>Four projects of 10 that applied were funded with the \$25,000 <i>RWJF Culture of Health Prize</i> funds. Five projects came out of the OCI committee.</p> <p>All the projects were well written and it was difficult for the steering committee to make a decision. Durham Knows, a public health campaign to encourage HIV testing was funded for \$5000. ReQuip, a durable medical equipment program that would loan reusable medical equipment to those in need was funded for \$10,000.</p> <p>The two funded OCI projects were Double Bucks- providing mobile market vouchers for seniors and Bike/Pedestrian Education which would educate students at 10 elementary schools about bike/pedestrian safety and provide bikes to students. Each project was awarded \$5000.</p>	
Chronic Pain Management Presentation (Willa Allen)	The Chronic Pain Management Program is an evidence-based program from Stanford University. It is made of a series of classes which take place one a week for six weeks, two hours	

	<p>each time. The classes support medical care and provides support for participants. Attendees can also bring a support person to the classes.</p> <p>Let Willa know if you would like to host a series of classes at your organization or would like to partner with the health department on classes.</p>	
15-501 Complete Streets Reconfiguration (Jen M.)	<p>The reconfiguration plan went in front of the City Council a couple of weeks ago and was passed. The project is moving forward.</p> <p>There was activity at the state level related to the oversight of these types of projects, but the threshold for number of cars/year (traffic) is such that this project will not be affected.</p> <p>Jen M. thanked those who signed the petition or sent emails to council members on the 15-501 reconfiguration. It was part of a community organizing effort and made a difference. There were over 1000 signatures on the petition and council members were inundated with phone calls. The type of effort around the 15-501 reconfiguration is something Durham and this committee can do again.</p>	
Update on Holton Healthy Mile Trail Repainting (Jen M. and Perry W.)	<p>It has been an ongoing project of the committee to increase places in Durham for people to be walk and be active. The Holton and Lincoln Healthy Mile Trails have been redone this spring. The group will look at redoing the McDougald Terrace Trail.</p>	
Healthy Mile Trail Maps (Perry Whitted)	<p>The committee has decided to add two more trails this year and looking at the locations for two more trails. One trail will be located downtown. Perry is in discussion with local businesses and schools on the route.</p> <p>Campus Hills and Duke Garden trails are on hold due to issues. Perry proposed doing a trail this year in the neighborhood near Vickers St. Perry shared potential routes for Old North Durham and Orchard Park.</p>	<p>Perry will do more research on the four proposed Healthy Mile Trails and bring the information back to the group for discussion.</p> <p>A group needs to determine if the</p>

	<p>Annette with Parks and Rec has a connection with a strong community group in Orchard Park. She can also put Perry in touch with the Walltown Recreation Center and Edison Johnson staff. It was suggested that Northgate Mall would also be supportive of a Healthy Mile Trail.</p> <p>Discussion focused on the readiness of the Walltown neighborhood. Does the committee want to focus on areas where there aren't any trails? There was support for a trail near Orchard Park. There is some street parking near Orchard but not possible to connect to Lyon Park. If a Healthy Mile Trail could be connected to the Ellerbee trail, which could increase usage.</p> <p>Doing a Healthy Mile Trail at Duke Gardens could increase publicity and get more people walking. The original intent of the Healthy Mile Trails was to serve neighborhoods that don't have as many resources so people can exercise in their communities. The committee should also look at where other HMTs are located so they aren't clustered. Neighborhoods should be able to maintain the trail as well.</p> <p>The McDougald Terrace trail may need to be redone. A group who originally painted the trail can walk it to see if it needs to be repainted. Construction on the McDougald Terrace neighborhood may make the Healthy Mile Trail unusable.</p> <p>What can we do for neighborhoods without sidewalks? Perry suggested voting on bonds for new sidewalks. Lack of sidewalks is a problem in senior communities. The city has a Durham Walks Pedestrian Plan that sets priorities for building sidewalks. The City Council provided funding in this year's budget to update the plan. Dale thinks the OCI committee can help update the plan.</p>	<p>McDougald Terrace trail needs to be redone.</p> <p>Perry will ask the Planning Department when McDougald Terrace community will be redone.</p>
Breakout: Group Planning Sessions	<p>The food access group plans to send out a doodle poll to all those involved in the Double Bucks/Grocers on Wheels grant to plan details. We would like to hold the meeting at Forest Hills DHA site to have it out in the community and include residents</p>	

	<p>from the three target housing sites. Along with members of the committee, we will invite Pinkie Davis Boyd (Food and Nutrition Services), April Morgan (NC State SNAP Outreach), Joyce Briggs (DHA), Grocers on Wheels staff to the meeting.</p> <p>The Education subcommittee planning was contingent upon receiving the RWJF mini-grant. Since the smoking cessation project was not selected, all previous plans have been put on hold until there is further financial support.</p> <p>There is a lack of County support for the Board of Health Smoking Rule. Specifically, there needs to be increased support from the Health and Human Services departments.</p> <p>The Education subcommittee has identified the Department of Social Services and Security (DSS) as primary targets to help support the policy. Going forward, Michael Scott plans to contact Willa Allen to get a list of contact information of the division heads of the Social Services department. The group would also like to present at a Staff Development Day/Staff Meeting to inform DSS employees of the Board of Health Smoking Rule and to help increase support throughout the workday.</p>	
Agenda Items	<p>Items for the next meeting include a Walk Your City presentation and a Healthy Mile Trail map follow up.</p>	<p>Kelly and Crystal will follow up with Matt Tomasulo on presenting at the August meeting.</p>
<p>Announcements: Parks and Rec are doing a new program this summer, Fun Caravan travelling to different parks and interacting with residents. Check the DPR website at www.DPRPlayMore.org for details on that program, concerts and movies in the park.</p> <p>DPR partnering with many organizations to establish a Durham Parks Foundation will work for preserving and advocating for expanding parks, programs and open spaces. They will be working on writing grants.</p> <p>Holt School Park was selected for an upgrade project. They will get a new trail and playground equipment. DPR also received funds from Kaboom to build a playground at Red Maple Park.</p>		

There is a new mobile market at Edison Johnson on Thursdays, 6:30-8 pm starting on July 8.

Walk Your City is spearheaded by the City of Durham and signs are now posted in the city. Matt Tomasulo, organizer of Walk Your City would like to present to the committee.

*****Next OCI meeting: August 12, 2015, 414 E. Main St.*****