

## Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

September 9, 2015

Minutes

Facilitated by: Kelly Warnock

**Present:** Darryl Barnes, Natalie Pickett, Chelsea Hawkins, Chasity Newkirk, Willa Robinson, Casey Horvitz, Aubrey Delaney, Leah Williams, Crystal Dixon, Kelly Warnock, Tara Ilsley-Murillo, Cate Elander, Marissa Mortiboy, Barbara Rumer, Betsy Crites, Khali Gallman, Tekeela Green, Perry Whitted

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<b>Welcome newcomers</b> <b>Review minutes</b>	There were no changes to the minutes. The committee members will start reviewing the minutes before the meeting.	
<b>Announcements</b>	<p>Buy Quick on Briggs and Angier Ave. is offering a healthy combo of a sub, water and fruit for \$3.99. The store could use support in their efforts and more customers purchasing the healthy option.</p> <p>Parks and Rec is registering volunteers for a new playground to be built on November 7 at Red Maple Park. Visit <a href="http://www.KeepDurhamBeautiful.org">www.KeepDurhamBeautiful.org</a> to sign up.</p> <p>Bike Walk to School Day is taking place in late September or early October. Let Cate or Jen McDuffie know if you are interested in volunteering for the event.</p> <p>Michael Scott is leaving the health department for a position with another organization. He was leading the education subcommittee. The subcommittee needs another volunteer to lead it.</p> <p>Next month's meeting will be held at 326 E. Main St. Joanne Pierce with the Durham County Department of Public Health will be holding a conversation on racial equity. The meeting will last until</p>	

	<p>10:30 am.</p> <p>The Chronic Pain program through the Durham County Department of Public Health has started. The class is filled beyond capacity.</p>	
<p><b>Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Grocers on Wheels kick off</b></li> <li>• <b>Communications Committee</b></li> <li>• <b>Other</b></li> </ul>	<p>Grocers on Wheels is a mobile market that started in Raleigh wanted to expand to Durham. They provide fresh foods for low income populations and focus on seniors. Grocers on Wheels received a mini-grant to provide Double Bucks (doubling SNAP benefits up to \$10), to JJ Henderson, JFK Towers and Forest Hill Heights.</p> <p>There was a good turnout at each location. There were some issues that need to be fixed for future visits. Grocers on Wheels sold out of almost all their produce. NC State Cooperative Extension signed up 10 or 11 signed up for SNAP that day.</p> <p>The communications committee has been tasked with improving communications. The committee is currently figuring out what direction to go. They are deciding the audience and how to best communicate with them.</p> <p>At the last meeting, the committee began developing a survey. The idea is to create a resource website for use by lay health advisors, social workers and those who link people to services. The committee is looking for help in getting the survey out to providers and community members.</p> <p>Tara would like to see if there is a better way to follow up with postpartum mothers to see if they are being linked to services. She will be contacting members of the committee for feedback.</p>	
<p><b>Breakout: Group Planning Sessions</b></p>	<p>The physical activity group focused on implementing the next Healthy Mile Trail. Jen McDuffie and Perry walked the trail around Old North Durham Park and found a good route. Jen and Perry gave feedback to the Walk Your City group about their proposed route near Central Park. The subcommittee decided to partner with Walk Your City to cross promote trails. The group proposed having a big kickoff to gain media attention.</p>	<p>Perry will start reaching out to businesses and residents along the route, aiming for a workday in mid-October or mid-November.</p> <p>Perry will send the route to Marissa to share. Committee</p>

	<p>The education group will reach out to NAMI, EDCI, El Centro, JFK Towers and NC Cooperative Extension to provide additional classes. They will develop a survey to other organizations to see what their interest areas are. It was suggested to reach out to real estate and law businesses. Khali will start doing press releases on classes.</p> <p>The Nutrition subcommittee discussed issues at the Grocers on Wheels Double Bucks kickoff such as time spent in line, payments, etc. The subcommittee developed solutions and will share them with Demetrius. The subcommittee will look at grant opportunities to continue funding Double Bucks.</p>	<p>members can help by reaching out to businesses or residents on the trail.</p> <p>Cate will send Chelsea information from the EDCI assessment about classes residents want.</p>
<p><b>***Next OCI meeting: October 14, 2015, 8:30-10:30, Criminal Justice Resource Center</b> <b>*** Please note location and time change!</b></p>		