

Partnership for a Healthy Durham, Obesity and Chronic Illness Committee
 Location: 414 East Main Street, 2nd floor conference rooms
 Wednesday, August 9, 2017
 Minutes

Meeting Outcomes

- Outcome 1: Receive information and updates from the Park Foundation about the future Durham Belt Line project to provide feedback and determine how the OCI Committee can help to share this information with the community.
- Outcome 2: Work within workgroups to review action plan progress and discuss next steps of action for final year of the current action plans.

Facilitated by: Chelsea Hawkins

Present: Chelsea Hawkins, Jannah Bierens, Fred Johnson, Phillip Harewood, Kelly Warnock, Jeff Howell, Stani Sims, Gideon Adams, Annette Smith, Amanda Snyderman, Jen Isherwood, Kia Campbell, Nia Mitchell, Neal Curran, Nasim Youssefi, Keyanna Terry, Jen McDuffie, Barbara Rumer, Marissa Mortiboy <i>Guests:</i> Kimber Bogard, Charlee Alexander		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Welcome/Introductions	There were no changes to the minutes.	
Review minutes		
John Goebel, Parks Foundation Information on the future Durham Belt Line plans	<p>The Durham Parks Foundation (DPF) is just over two years old. The nonprofit was established to supplement what the city was spending on trails and open space. The DPF preserves, strengthens and expand parks, trails open space and recreational opportunities with a focus on fundraising, partnerships and education.</p> <p>According to the 2013 Durham Parks and Recreation Master Plan, survey respondents wanted more fitness and health/wellness classes. The top facility wanted was trails and greenways.</p> <p>The Durham Belt Line will run from the Durham Transportation Station to Avondale Drive which is 2.2 miles. The trail will go through a growing part of downtown and where a lot of people live and will be able to bike to work. The City of Durham is working on a Master Plan and will hold Belt Line community forums. A linear park will be included in the plans. Play stations and benches are possible on the trail.</p>	Annette will share the Durham Belt Line community forum dates with Marissa. Marissa will share with the Partnership once the dates are available.

	<p>The timeline is for the master planning process during 2017 and 2018, right of way acquisition in 2018, construction starting in 2020 and completion about a year later. The website is www.durhambeltline.com. Nearly all the funds have been raised to construct the trail.</p> <p>There was a recommendation from cyclists and pedestrians to make the Belt Line a mixed surface trail with asphalt and dirt. It is likely the innovation district will be concrete with a mixed surface closer to Avondale Drive.</p> <p>There isn't a single trail loop anywhere in Durham. There are plans to create new trails such as the R Kelly Bryant and Goose Creek Trail and link sidewalks and bike lanes to existing trails to create a 9-mile pedestrian way through southwest and northeast central and downtown Durham. The economic impact will be massive for the neighborhoods. There are risks to this due to gentrification after commercial development comes in which happened in Chicago after the 606 trail was completed. Durham will plan with this in mind so the trail doesn't have the same impact.</p> <p>The Parks Foundation will have a booth at Center Fest to collect data from the public. Encourage clients and coworkers to attend the event and provide feedback.</p>	
<p>Announcements</p>	<p>Stani is helping host a line dancing social from August 12, 8 pm to midnight as fundraiser to collect school supplies for teachers. Funds raised will go toward to teachers as well. Tickets are \$12 in advance and \$17 at the door. The event will be held at CAARE Inc., 214 Broadway St.</p> <p>East Durham Children's Initiative (EDCI) had summer lunch for the community and fed 150 children and adults each day using compostables. The site had a very low rate of cross contamination.</p> <p>There will be upcoming dates for the two-day racial equity workshop and Groundwater presentations. Contact Kelly Warnock if you would like to be added to the list for upcoming trainings and workshops.</p> <p>The Duke Division of Community Health will be showing a resiliency film on September 19, 6:30 pm at Durham Regional Hospital.</p>	

	<p>The Annual Harvest Dinner will be held at the end of September. SEEDS is now focusing on education with kids. Stop by and say hi.</p> <p>The sugar reduction education/outreach workgroup will meet on August 10, 10 am at Reinvestment Partners, 110 E. Geer St. Stephanie Perry, caterer, racial equity consultant and a member of Duke Community Health staff will present.</p> <p>Durham Parks and Recreation will offer no cost programing for teens at Walltown, Edison Johnson, Campus Hills and WD Hill recreation centers starting this fall. Parks and Rec is looking at providing transportation from schools to the centers or providing transportation passes. There is a teen coordinator and Parks and Rec is planning to hire additional staff for the program. Youth will have the ability to travel to between sites and participate in different programs. Teens will have a great deal of input and control in how the program is communicated to their peers.</p> <p>The Pooch Plunge will be held at Hillside Pool on Saturday, August 26. Last year there were over 200 dogs in the pool.</p> <p>Annette attended a conference in St. Paul and brought back resources for the committee on Rx programs, equity and other programs.</p>	
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<p>Workgroups</p>	<p>Physical Activity- Jeff Forde did an article in the Parks and Rec employee magazine on Healthy Mile Trails. Two volunteers from the community repainted the McDougald Terrace Healthy Mile Trail a couple weeks ago. A walk was held with residents on August 5 and there was a great turnout. Marissa created a Healthy Mile Trail webpage on the Partnership website. Annette talked with Parks Superintendent and Athletic Director about getting stencils to paint Healthy Mile Trails as needed including walking circuits at parks. The Lincoln Healthy Mile Trail needs to be redone. Bull City Fit will have a second location at WD Hill. This would be a great way to link the Lincoln Community Health Center to WD Hill and perhaps clients and youth could help with trails maintenance.</p> <p>It was suggested to incentivize people to walk or bike. Jen knew of a program where business offer discounts to those who show up on bicycles. Durham Parks and Rec is sharing the Aquatics Master Plan to City Council on August 24. There is an estimated need for 12 aquatic more facilities. It was suggested to have programming on the trail to incentivize participation.</p> <p>Education/Communications- The workgroup discussed how to get the word out to the community on available programs. SEEDS has space available to host classes. The workgroup discussed reaching out to Outpatient Clinics, getting information listed on Durham Network of Care website and sharing with the community.</p> <p>Nutrition Possible funding for corner stores produce</p> <ul style="list-style-type: none"> ○ Food bank willing to contribute their food, but supply and choice not steady. A source of funding would help. ○ Need buy-in from store operators ○ Store owners don't seem to have "a lot of skin in the game" ○ What is our purpose in doing this: increasing the number of people eating F&V. This can't happen if the access doesn't increase. <ul style="list-style-type: none"> ▪ Maybe the focus should be on easily eaten food that could be picked up in the stores. This could include canned or frozen items. ▪ Cooking/prep demos may help, but these need to be done in high traffic areas rather than in the stores, where walk-in traffic is slow. 	<p>Annette will share the Healthy Mile Trail webpage with Interneighborhood Council and ABC (arts council) listserve.</p> <p>Marissa will work on getting signage on all the Healthy Mile Trails and work with Annette on the park walking circuits.</p> <p>Annette will talk to Jason, the WD Hill manager. Jen will talk with Sarah Armstrong at Bull City Fit about partnering on the trails. Amanda will share resources on youth corner store projects and incentives for store owners.</p> <p>Neal would like to talk with Alice, etc. to learn where their frozen meal project stands so that the Nutrition workgroup can learn from them and maybe help market.</p>
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	<ul style="list-style-type: none">▪ Maybe Seal the Season local frozen food processors could provide frozen produce or meals.○ Maybe we need a tax incentive to make this more attractive to store owners.	
Next OCI meeting: Wednesday, September 13, 2017; 414 E. Main St.- Annette's report on assessment of parks and trails, Colleen Fear on aquatic master plan?		