

Partnership for a Healthy Durham, Obesity and Chronic Illness Committee

Location: 414 East Main Street, 2nd floor conference rooms

Agenda: May 10, 2017

Meeting Outcomes

- Outcome 1: Learn about the Duke Center for Childhood Obesity Research and ARCHES, and how we can support each other/collaborate.
- Outcome 2: Elect new co-chairs.
- Outcome 3: Continue work on projects/programming that improves obesity and chronic illness.

Facilitated by: Kelly Warnock

Present: Kiah Gaskin, Chelsea Hawkins, Wilma Liverpool, Kelly Warnock, Jannah Bierens, Sara Clement, Gideon Adams, Jeffrey Forde, Allison Kiefter, Jasmine Burroughs, Edsette Sepulveda, Aubrey Delaney, Tara Ilsley-Murillo, Sarah Armstrong, Jason Jones, Colleen Fear, Madelyn Vital, Stani Nykki Sims, Jen McDuffie, Annette Smith, Jen Isherwood, Marissa Mortiboy		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Welcome newcomers Review minutes		
Bull City Fit Updates: Duke Center for Childhood Obesity Research and ARCHES <i>Kia Gaskin and Sarah Armstrong</i>	Duke University and Durham Parks and Recreation formed a partnership to help children with obesity. The program provides nutritional counseling and time at the Edison Johnston Recreation Center to play, swim, cook, garden, etc. The program will expand to the W.D. Hill Recreation Center this summer. The main outcome is to increase quality of life. The program is for the entire family. To be eligible for the Edison Johnson program, children must have a BMI out of the 95 th percentile or be referred. The W.D. Hill program will be made of Lincoln Community Health Center patients only.	
Soda tax update <i>Kelly Warnock and Neal Curran</i>	Soda taxes have been passed in western and northern states, but none have passed in the south. Funders would like to see a soda tax pass in the South. After talking with legal scholars at UNC, the workgroup found out that North Carolina is a home rule state which means municipalities only have the power to do what the state tells them they can do. There are explicit rules in the North Carolina guidelines that municipalities cannot pass a soda tax and use the money for health related activities. To move forward, a waiver would have to be lifted at the state level	

	<p>to give Durham permission to pass a tax and then the state legislature would have to pass a bill stating this. UNC staff advised the workgroup to keep researching the issue.</p> <p>The political climate may change with the 2018 elections and the soda tax workgroup should be ready. Go out and vote in 2018!</p>	
New co-chair elections	<p>Seven committee members were nominated and agreed to appear on the Obesity and Chronic Illness (OCI) committee co-chair allot. Nominees who were present were given the chance to share why they would like to be co-chair July 1, 2017 through June 30, 2018. Committee members voted. The online ballot will be available to those unable to attend the monthly meeting. The top two candidates who receive the most votes between the meeting and online ballots will be the new or returning co-chairs.</p>	<p>Marissa will send the online ballot to Kelly and Jannah to send to the full committee.</p>
Announcements	<p>Bike and Walk to School Day will be held Wednesday, May 17, 7:00 am at Club Blvd. at the corner of Bender and Lavender streets. The event will honor Mark Dessaur who was instrumental in getting the Bike and Walk to School Day started.</p> <p>Men on the Move is holding a walk on May 20, 9-10 am at Northgate Mall. Everyone is encouraged to come out to bring attention to African American men dying a higher rates of chronic illnesses.</p> <p>Double Bucks program is at the Durham Farmer's Market and South Durham Farmer's Market. Talk to Nasim about getting materials or making presentations to promote the program in the community.</p> <p>East Durham Children's Initiative (EDCI) is hosting a summer lunch program which provides healthy meals Monday through Friday. Five to seven volunteers are needed to help staff serve healthy lunches each day from 10:30 am to 2:00 pm, June 10-August 11.</p>	
Workgroups (please take minutes and provide to Marissa)	<p>Physical Activity- When Denver canvassed the neighborhoods around the Old North Durham Park Healthy Mile Trail with Duke students, reception from the community was positive. The community wanted to learn more about the trails.</p> <p>Next steps:</p> <ul style="list-style-type: none"> • Tie Healthy Mile Trails to Durham Parks and Recreation sites- The Lincoln Community Health Center trail can be tied to Bull City Fit and W.D. Hill Recreation Center. Durham Parks and Recreation and Walk with a Doc will 	<p>Denver collected surveys on the Old North Durham Trail and will send to Jen Isherwood for analysis.</p> <p>Marissa will distribute existing Healthy Mile Trail postcards to partners to</p>

	<p>be partnering to start a walking program in the fall. It was suggested to have someone at Holton spearhead a Saturday morning group walk during the summer.</p> <ul style="list-style-type: none"> • Promote Healthy Mile Trails through education, distributing materials and establishing walking groups around each trail. Add clean up to Healthy Mile Trail walks and partner with Keep Durham Beautiful. Hold block parties on Healthy Mile Trails with health event and give away school supplies and promote at Bull City Open Streets • Get Healthy Mile Trails mapped into Parks and Rec GPS system. • Denver work with Marissa to reach out to schools for an intern to work with the Healthy Mile Trail. <p>Nutrition</p> <ul style="list-style-type: none"> • Duke wrote an Aetna Grant— (\$10,000 planning grant; winner gets ~250,000) and Durham is partnered with Cabarrus County to work with a consultant to train store owners. • Some funds would be used to help the corner stores we work with be cleaner, nicer, which might make people more likely to buy the healthy foods. Stores may also need to help with having more consistent pricing structure and affordable prices. • Corner store work is going on around the country. The most successful have youth involvement or are rural. • The Durham County Department of Public Health (DCoDPH) applied for a \$25,000 Aetna grant. Should find out about this in the next week or two. One focus is to help support Los Primos, which doesn't sell lottery tickets and alcohol and has a great produce section. We want to make sure they can stay in business. The grant would also to support corner stores to do things like selling healthy frozen meals which were developed at UNC. They would be sold for \$1.99. Supplemental Nutrition Assistance Program (SNAP) will cover these but will not cover hot meals. This will help stores meet the new SNAP retail rule. Hope to buy microwaves for three corner stores that Durham's Innovative Nutrition Education (DINE) is working with. • Another statewide grant for \$1,000,000 will go through health departments to promote the Food Bank. Now trying to add an educational component so people will know how to use foods provided. Want to create a curriculum related to food literacy (starting a community garden to help create vertical 	<p>help promote by the June meeting. Jeff will add Healthy Mile Trail information to the Play More guide.</p> <p>Jen will contact Perry Whitted about walking the Campus Hill potential trail. Annette will walk too.</p> <p>Jen will organize a time to walk the Lincoln trail to identify locations for Healthy Mile Trail signs.</p> <p>Denver will contact the Interneighborhood Council to share Healthy Mile Trail information.</p> <p>Jen and Jeff will talk about hosting a walk on June 17 as part of Bull City Open Streets.</p> <p>Starting cooking classes at facility in Raleigh, which has a new kitchen. Also might want to consider asking about using the new Cooperative Extension kitchen.</p>
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integration so people can see where food comes from, and what happens to it. The grant will include food policy, especially to ensure that they do not create problems with what they provide and working some with medical clinics.

Communication/Education

- Jannah attended the “Food and More” resource table training on Monday, April 24th held at the Cooperative Extension where she was trained on how resource tables will run. The tables will provide the opportunity at food pantry sites to connect the community to additional resources outside food which may be needed by recipients.
- A follow up meeting was held on Monday, May 8th to discuss how the two pilot sites went and share lessons learned amongst volunteers. Betsy felt the name of the tables should change to something catchier, like “Information Station.”
- An additional four sites and a women’s conference are on schedule for upcoming resource tables. Betsy is always looking for volunteers to keep the tables going as more sites are added.
- Nykki suggested that there be time on the agenda, to allow each organization present, to briefly discuss what they have available for the community that is ongoing (or not), free or low cost.

Next steps:

- Colleen and Betsy to discuss how to connect with Parks & Rec for additional sites to have an “Information Station” during summer camp drop off to provide information and resources for parents and families.

Next OCI meeting: June 14, 2017, 414 E. Main St.