

## Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

July 16, 2016

Minutes

**Facilitated by: Crystal Dixon**

**Present:** Wilma Liverpool, Annette Smith, Crystal Dixon, Jonathan Jimenez, Everlyn Perez, Sam Fam, Brian Blank, Chasity Newkirk, Chelsea Hawkins, Barbara Rumer, Aubrey Delaney, Jennifer Delcourt, Rana Goldsein Bunnag, Lorissa Williams, Jen McDuffie, Natalie Rich, Sabina Bastias, Betsy Crites, Gini Bell, Tara Ilsley-Murillo, Marissa Mortiboy, Joyce Page, Kimberly Fisher  
**Guests:** Neal Curran, Karla Capacetti

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<b>Introductions, welcome newcomers</b>		
<b>Review June Minutes</b>	There were no changes to the minutes.	
<b>Announcements</b> <ul style="list-style-type: none"> <li>• <b>Speed date networking activity?</b></li> <li>• <b>Snack donations</b></li> </ul>	<p>Kelly and Crystal proposed doing a speed dating activity at an upcoming meeting to invite new partners and have short timed discussions. The purpose is to have members learn more about what others do and how to work across silos.</p> <p>There was discussion of how to get the community more involved in the work of the committee. Suggestions include attending community events, providing food or incentives at meetings, having meetings in the community and offer alternate times, attending PAC meetings and InterNeighborhood Council meetings.</p> <p>The committee decided to bring their own snacks to the meetings.</p> <p>There will be a vigil at 5:30 pm at St. Phillip’s Church tonight related to the recent police shootings and gun violence deaths in the U.S.</p>	<p>Barbara and Jen M. will help put together a community networking meeting.</p> <p>Joyce will contact Harold Chestnut about the OCI committee presenting at PAC meetings.</p>

	<p>Durham Parks and Recreation has received another Kaboom grant. Annette will send Marissa information on the Crest St. park building project. Prep for building the new park will be on Monday, August 22 and park building will take place on Wednesday, August 24.</p> <p>Crystal is leaving her position with the Durham County Department of Public Health for a teaching position at UNC-Greensboro. July 20 will be her last day. The Obesity and Chronic Illness committee will need a new co-chair. If more than one person is interested, a new election will need to be held. If an election is not needed, Marissa or Kelly will send out an email next week announcing the new co-chair.</p>	
<p><b>Karla Capacetti, Farmer Foodshare</b></p>	<p>The mission of Farmer Foodshare is to connect people who grow food with people who need food through donation, market-based programs and community outreach. The vision is that everyone has access to fresh, local food and farmers are making a meaningful living. The anchor program is donation stations at farmer's markets in the Triangle area. Individuals can make monetary donations to the program and farmers can donate produce that will not last until the next market.</p> <p>The POP Market works with local markets to provide fresh food weekly. The main goal is to get fresh food to local organizations who are serving food or through donations such as food pantries, EDCI, Durham Public Schools, etc.</p> <p>Farmer Foodshare also has a program for worksites. Food Ambassadors are trained to do live, budget cooking demonstrations for the community.</p> <p>The program is focusing on including farmers who have been traditionally left out such as farmers of color and women. It was suggested to include diverse audiences on Farmer Foodshare marketing materials.</p> <p>The committee can help the get word out about Farmer Foodshare program through their networks. Volunteers can be trained as food ambassadors to provide cooking demonstrations or help with donation stations.</p>	<p>Share location and strategy ideas with Karla on how to get fresh food to the community.</p> <p>Contact Karla if you are interested in going through the Food Ambassador training.</p>

<p><b>Neal Curran, Reinvestment Partners</b></p>	<p>The mission of Reinvestment Partners is to advocate for economic justice and opportunity. In the past the focus has been on promoting wealth in underserved communities. Their focus is now moving towards food access. Reinvestment Partners has a warehouse on Mangum St. which provides cool, cold and dry storage to distribute local farmers' fresh food and office space for nonprofits and for-profits. The purpose is to provide access to fresh, healthy foods to the community. Reinvestment Partners helps farmers build capacity to serve food and reduce barriers for getting the food to the community.</p> <p>Farmer Foodshare and Backpack Buddies operate out of the Mangum St. location. Food hubs are a way for farms to get together to have cooperative selling power. Reinvestment Partners will use a racial equity lens to inform their work.</p> <p>There was discussion about selling Farmer Foodshare produce directly to consumers from the Reinvestment Partners location. The Community Foodshare program is interested in having more community locations and would like to learn more from the community about their needs.</p>	
<p><b>Celebration of Successes</b></p>	<p>The committee offered a mobile market to JJ Henderson, Forest Hill Heights and JFK Towers through Grocers on Wheels with RWJF mini-grant. NC State came to help people sign up 20 for SNAP on market days. The committee learned multiple lessons during the grant period such as which audiences work best and how to market.</p> <p>The committee established a fourth Healthy Mile Trail in April at Old North Durham Park. This goes along with the three existing Healthy Mile Trails in the neighborhoods near Holton Career and Resource Center, McDougald Terrace and Lincoln Community Health Center.</p> <p>The committee held seven bicycle and pedestrian education classes with fourth grade classes at Eastway and YE Smith schools. The work was supported by an <i>RWJF Culture of Health Prize</i> mini-grant. Three more classes will be held in the fall. Project staff used pre and posts testr results to write another grant for Durham Public Schools to continue the lessons.</p>	

	<p>The committee reviewed progress to date on the three action plan objectives of increasing access to healthy foods, promoting and marketing agencies' workshops and programs and increasing physical activity opportunities.</p>	
<p><b>Discussion: member contributions for OCI objectives</b></p>	<p>The committee discussed opportunities to move the work forward of the action plan.</p> <p><b>Crystal-</b> Help Farmer Foodshare expand their market to the Guilford County Health Department and UNC-G, send interns to help with the Partnership</p> <p><b>Neal-</b> Help Double Food Bucks with logistical support and grantwriting</p> <p><b>Natalie-</b> Reach out to organizations about Farmer Foodshare</p> <p><b>Betsy-</b> Send information about food access programs to End Hunger Durham email list, listen to the community better and share the community's input</p> <p><b>Karla-</b> Listen to the community and shape programs according to community needs and assets, integrate Double Bucks with Farmer Foodshare, help with the Community Health Assessment</p> <p><b>Gini-</b> Policy advocacy and talk to legislators</p> <p><b>Annette-</b> Recruit more Parks and Recreation staff to join the committee and with communications, implement a Healthy Mile Trail in the Crest St. neighborhood</p> <p><b>Jen M.-</b> Make EDCI a distribution site for the Farmer Foodshare program, anything to get people walking and biking in Durham</p> <p><b>Wilma-</b> Continue to be a voice for the community</p> <p><b>Jennifer D.-</b> Sidewalk safety and biking</p> <p><b>Barbara-</b> Promote food access, apply racial equity lens to work, get information out through schools</p> <p><b>Jonathan-</b> Market programs through Pickens, Walk with a Doc in the community perhaps on a Healthy Mile Trail</p> <p><b>Brian-</b> Healthy Mile Trail</p> <p><b>Everlyn-</b> Bring Walk with a Doc to the community and integrate with existing programs, work with Latino supermarkets to improve produce offerings</p> <p><b>Khali-</b> Event planning around physical activity events</p> <p><b>Keyanna-</b> Work with faith-based organizations around food pantry awareness and healthier options</p>	

	<p><b>Chasity</b>- Offer chronic disease and healthy lifestyle programs at Parks and Recreation sites</p> <p><b>Sam</b>- Give patients and providers access to existing programs and resources, have OCI committee members come to Pickens clinic, give information to providers</p>	
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**\*\*\*Next OCI meeting: August 10, 2016 from 8:30-10:00 at the Health and Human Services Building.**