

Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

April 6, 2016

Minutes

<p>Present: Leah Williams, Chasity Newkirk, Casey Horvitz, Crystal Dixon, Aubrey Delaney, Sam Fam, Kelly Warnock, Kiah Gaskin, Glenda Clare, Raina Golstein Bunnag, Jannah Bierens, Dale McKeel, Marissa Mortiboy, Meghan Bond, Cordell McGary</p>		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p>Introductions, welcome newcomers</p>		
<p>Announcements</p>	<p>The Healthy Schools DINE program is expanding to five more schools. They are working on additional ideas.</p> <p>There will be farming at the West End Community Center. Dr. Glenda Clare with The Change Center is working with 4H, NorthFace and REI to explore gardening, physical activity and the outdoors with students from local schools. They welcome collaboration.</p> <p>OCI will have a Partnership column in the Durham Herald-Sun on April 10 to promote the Double Bucks program. The Double Bucks program has brought in 100 new customers and \$23,000 in revenue in the last year.</p> <p>There will be a grocery store tour in Spanish at Compare Foods on Miami Blvd, April 13 from 11am to 12:30 pm. There are only three spots left.</p>	
<p>Review of action plan, workgroups and meeting format</p>	<p>Strategies include:</p> <ul style="list-style-type: none"> • Increase food access by supporting the Double Bucks program and partnering with Grocers on Wheels. Grocers on Wheels visits three senior sites monthly and is planning to add the Durham Center for Senior Life. It was suggested to talk with Farmer Food Share about new sites. Farmer Food Share is trying to take the place of Veggie Van since it is no longer functioning. 	<p>Kelly will provide Glenda with contact information for Farmer Food Share.</p> <p>Marissa will send out Healthy Mile Trail information on the April 16 painting once it's confirmed.</p>

	<ul style="list-style-type: none"> • Promote and market partner agency workshops and engage the community better to let them know what is happening. The workgroup has reached out to two organizations and will reach out to additional organizations to have them join the Partnership. • Increase access to physical activity. The committee creates Healthy Mile Trails to provide walking opportunities for neighborhoods. Jen McDuffie is doing bike and pedestrian education at local schools as part of the RWJF Culture of Health Prize mini-grant. There is a person providing bike and pedestrian education at Durham libraries. <p>Committee members like having time during meetings for workgroups and would like to see a mixture of presentations, sharing what is going on in Durham and some work group time. It was suggested to use Google Hangout to host virtual meetings.</p> <p>Crystal asked committee members to bring partner agencies to the table. Figure out everyone’s expertise to be able to use that expertise most effectively.</p>	<p>Brainstorm at a future meeting on who else who needs to be part of the OCI committee and how to get them to the meeting.</p> <p>The Communications committee will work on updating the overall Partnership list of partners and members.</p> <p>Marissa will talk to Glenda about Durham Tech information technology and NCCU students to help work on the Network of Care website.</p>
<p>Workgroups: food access, physical activity access, communication and outreach</p>	<p>The food access group discussed reaching out to Green Market to partner on increasing access to fruits and vegetables. They will also look into partnering with the Cooking Matters program to work with children and parents to provide cooking classes.</p> <p>The physical activity group discussed the Healthy Mile Trail and making them more sustainable for the community through walking groups and programs. Safety and resources are big concerns on the trails. There is a workday on April 16 for the Old North Durham Trail if anyone would like to help. The workgroup would like to reach out to Durham CAN and schools and churches in the areas.</p> <p>The communications workgroup wants to reach out to organizations who have been engaged in the past. They are trying to get more engagement from community members and organizations not represented. They have</p>	

	discussed collecting information from organization on how they are engaged with the committee instead of just providing a list of partners.	
OCI Co-chair Nominations	Kelly and Crystal's co-chair terms end on June 30. Nominations for the May election should be involved with the Partnership for at least one year. Marissa will contact those nominated to see if they are interested in appearing on the May ballot.	
<p>***Next OCI meeting: May 11, 2016 from 8:30-10:00. Location TBD- Look at membership list to see who is active, which organizations aren't and who needs to be reached out to.</p> <p>The committee would like to hold the next meeting at the Holton Career and Resource Center to learn about programs and walk the Healthy Mile Trail.</p>		

Facilitated by: Kelly Warnock