

Partnership for a Healthy Durham  
**Obesity and Chronic Illness Committee**  
**Location: 414 East Main Street, 2<sup>nd</sup> floor conference rooms**  
**December 14, 2016**  
**Minutes**

**Facilitated by: Kelly Warnock**

<b>Present:</b> Jannah Bierens, Kelly Warnock, Colleen Fear, Cherie Conley, Chasity Newkirk, Madelyn Vital, Denver Bailey, Aubrey Delaney, Fred Johnson, Perry Whitted, Joyce Page, Neal Curran, Betsy Crites, Jen Isher-Witt, Natalie Rich, Nasim Youseffi, Jennifer Delcourt, Cordell McGary II, Khali Gallman, DeDreana Freeman, Keyanna Terry, Marissa Mortiboy		
<b>Project/Topic/Goal</b>	<b>Major discussion points</b>	<b>Action steps and responsible persons</b>
<b>Introductions/ Welcome newcomers</b> <b>Review minutes</b>	The minutes were approved.	
<b>Community Asset Mapping, Jeff Quinn</b>	Jeff was unable to attend the meeting. He will be moved to the January agenda.	
<b>Soda tax discussion</b>	<p>Neal Curran wrote a column on food policy for the December monthly Partnership Herald-Sun column which included some information on soda taxes. Kelly spoke with a lawyer who advised not to move forward with a soda tax due to potential action from the North Carolina state legislature. Instead, the committee should focus on having a discussion and gathering information. The lawyer said Kelly Brownell with Duke University School of Public Policy may be available to talk to the committee if they are interested.</p> <p>It was discussed to learn more about the soda tax issue, observe other cities that have passed the tax, determine how to promote the tax and move forward in the future. It was suggested that pushback from legislature is good and that is how change happens. Passing legislature would take two to four years. Additional questions about soda taxes include how much revenue would this tax generate and what the outcomes would be.</p> <p>Currently soda is taxed higher than other foods in North Carolina. The World Health Organization suggests taxing soda at 20%. The tax should be higher on soda</p>	<p>Marissa will send the December column to Kelly and Jannah to send to the full committee.</p> <p>Aubrey, Madeline, Denver, Jen, Jannah, Neal, Parks and Rec representative, Lorissa, Chasity, Kelly and Perry are interested in forming a workgroup to research soda taxes. Neal will be goal champion.</p> <p>Lorissa, Jen, Fred, Cordell, Betsy, Kelly and are interested in designing a</p>

	<p>to prevent people from buying it if that is the goal. Soda should be taxed at a lower rate so people still buy it if raising funds is the goal. Fundraising would be needed to combat companies who would be against the soda tax bill. The committee should look for grant funds to do this. The committee should look into whether soda purchased with EBT cards is taxed. A smaller working group will be formed to examine this issue further.</p> <p>Education is needed around informing the public around sugar and how to read food labels. There is a workgroup interested in designing a rethink your drink campaign. The Communications committee can assist with the campaign. It was suggested to work within local systems to make change. Betsy would like to reach out to food pantries about food choices.</p> <p>The committee could also try to support and expand the corner store bill.</p>	<p>campaign for Rethink Your Drink. Kelly or staff member will be goal champion.</p>
<p><b>Workgroups</b></p>	<p><b>Physical Activity-</b> Jen McDuffie will reach out to the Mayor and City about attending ta session of the EDCI Healthy Mile Trail walking group. Lorissa and Denver will work together on pre and post surveys for the walking group. The walking group will look at changing it’s time to later in the morning due to cold temperatures. Jennifer Delcourt mentioned donating socks, gloves and hats to the participating families.</p> <p><b>Nutrition-</b> Neal recently submitted a Food and Drug Administration (FDA) grant about connecting Duke Health to Food Lion. The committee will gather information about Veggie Van for lessons learned and develop a case study. The workgroup needs to reach out to Chelsea Hawkins about connecting to the Latino Roundtable meeting.</p> <p><b>Communication/Education-</b> End Hunger Durham is starting the Food and More program. The workgroup discussed having sign-in sheets available at food pantries for people to sign up for programs and classes such as cooking and disease management. It was suggested to distribute Play More guide at food pantries. Jannah will talk with Betsy after the December 15 Food and More meeting about setting up resource tables at food pantry locations and getting the word out to the public about available resources.</p>	<p>See workgroup notes</p>

<b>Announcements</b>	<p>End Hunger Durham is holding a meeting on December 15, 6:30 pm at Cooperative Extension Office, 721 Foster St. This is the kickoff of Food and More to share community resources with food pantries.</p> <p>End Hunger Durham held a frozen poultry food drive last month and it was successful. Yay! This was a collaboration among the Coalition for Durham Food Pantries.</p> <p>Durham Parks and Recreation is holding a New Year, New You week of January 9-15, 2017. Everything is free to the public that week- fitness classes, pool, etc.</p> <p>EDCI is starting a Healthy Mile Trail walking group on January 17. They will be hosting fitness workshops every other week for families in East Durham. EDCI will be canvassing the community at 10 am on Monday, December 19.</p>
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**Next OCI meeting: January 11th at 414 E. Main St unless someone wants to host us!**