

Partnership for a Healthy Durham
Obesity and Chronic Illness Committee
March 8, 2017
Minutes

OCI: This committee’s intent is to provide a community-based approach to address the growing problem of overweight and obesity, factors that contribute to the development and complications associated with many chronic illnesses.

Meeting Outcomes

- Outcome 1: Learn about Party of One, Inc. and their mission to provide fun fitness in the community
- Outcome 2: Get informed about asset mapping and how to use it in event and program planning going forward
- Outcome 3: Continue work on projects/programming that improves the state of obesity and chronic illness in Durham County

Facilitated by: Jannah Bierens

Present: Jannah Bierens, Marissa Mortiboy, Stani Nykki Sims, Chelsea Hawkins, Erica Hall, Eboni Campbell, Mia Mitchell, Joyce Page, Jeff Forde, Tara Murillo, Madelyn Vital, Barbara Rumer, Neal Curran, Cordell McGary II, Kelly Warnock, Keyanna Terry, Willa Allen <i>Guests:</i> Jeff Quinn, Malinda D Evans		
Project/Topic/Goal	Major discussion points	Action steps/ responsible persons
Welcome and Introductions Review minutes	There were no changes to the minutes.	
Malinda Evans from Party of One, Inc. Line dancing as fun fitness	Party of One is an organization that teaches community line dancing classes which was founded in 2012. They offer beginner and advanced classes. Malinda is available to teach classes in the community and provide health education information on topics such as on diabetes. She teaches weekly classes through Durham Parks and Recreation. Party of One offers a free weekly class at R.N. Harris Elementary, 6:30 to 7:30 pm. They are planning to start a class for seniors. Visit www.partyof1.org for more information. Contact Malinda if you would like fitness classes or have her participate in health fairs.	It was suggested that Party of One conduct classes with youth and teens.
Jeff Quinn from Duke University Community Asset Mapping	Jeff Quinn works for Durham Connects at Duke University. This is a nurse home visit program for mothers who have given birth and their babies are between 3 and 12 weeks old. Up to four visits are provided. Durham Connects research shows 94% of moms need assistance with resources following the birth of a child. Durham Connects is piloting adding another home	

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	<p>visit at the child’s 12 month mark. Families can sign up for home visits at www.durhamconnects.org.</p> <p>Asset mapping examines resources available in Durham County based on what is available, quality of services and gaps in services. The Partnership Communications committee has been working to update and improve the Durham Network of Care website, an online resource guide. Durham Connects is also researching programs to allow organizations to communicate with one another and refer patients.</p> <p>Jeff has been working with Neighborhood Compass, a data website from the City of Durham. The purpose of the work is to use data to develop reports and recommendations for decision makers on what issues are affecting Durham, how funds should be invested or actions taken. Durham Connects is collects quantitative data and qualitative data gain a full picture of the issue. Durham Connects also conducted a survey with faith-based organization to collect information on services they provide such as health fairs and food pantries.</p> <p>The asset mapping site will be available to the public once it is vetted and completed. There is a sustainability piece to ensure the information stays up to date. The Center for Family and Child Policy Center is conducting a feasibility study in Greensboro which will hopefully also be done in Durham.</p> <p>You can contact Jeff at jquinn@duke.edu or 919-613-5756.</p>	
<p>Soda tax workgroups report Announcements</p>	<p>The workgroup has a meeting scheduled with the Dean of Public Policy at Duke to learn more about the issue.</p> <p>The education workgroup met last week and are planning a campaign on sugar sweetened beverages. They do not want to push people towards purchasing bottled water due to cost. The group is planning to host a water week and implementing a Take Back Your Tap campaign to encourage use of tap water. The campaign is projected to start in May. There were questions about the quality of water in Durham and how to combat those misperceptions. Perception of water quality may be based on residence, culture and nationality.</p>	<p>Neal will send out research documents related to soda taxes to the workgroup.</p>

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	<p>Durham County Department of Public Health is hosting a What's the 411 nutrition workshop on March 28, 10 am to noon in the Durham County Human Services building, Conference Room A. Registration is required.</p> <p>On Saturday, March 18, the Durham County Department of Public Health is hosting a colorectal cancer workshop in the Southwest Library community room from 2-3:30 pm.</p> <p>Durham County Department of Public Health has started conducting monthly grocery store tours in English and Spanish. Contact Kelly Warnock for more information.</p> <p>The Women's Health Conference will be held April 8, 8:30 am to 5:00 pm with health screenings, workshops and physical activity at the Mary Townes on NCCU campus. You can register on the National Institute of Environmental Health Services (NIEHS) website.</p> <p>The Men's Health Council will be hosting a Men on the Move program to educate about prevalent health problems and encourage physical activity with families. The event is proposed for March 31.</p> <p>Durham Parks and Recreation summer camp registration will start on Monday, March 13 at 8am.</p> <p>The Sheriff's Department had checkpoints in Durham on February 20. This has caused fear among Latinos in the community and LATCH has had more no shows for appointments than usual since then. The Sherriff's office has said they will not have any more checkpoints.</p>	
<p>Break into workgroups</p>	<p>Physical Activity- The EDCI weekly walking group and workshops are doing well. They are looking to expand next season by reaching out to faith-based groups and additional families at the Holton Clinic. March 28 will be the last day of the walking group this spring. They are considering evening walking groups as well.</p> <p>EDCI will reach out to families in the summer feeding program and camp at</p>	<p>EDCI will reach out to Playworks for help with the summer camp.</p> <p>Kimberly will send Marissa the contact information for EDCI's</p>

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	<p>Maureen Joy. EDCI ideas for activities for kids and volunteers to provide yoga, Zumba for students.</p> <p>Jeff reached out to Master Sergeant Hall about whether the community police group is available a Healthy Mile Trail walk at Holton Career and Resource Center from 9-10 am on April 22. Denver Jameson has been working with students to canvas and survey the neighborhood around the Healthy Mile Trail at Old North Park, develop Healthy Mile Print materials and develop webpage ideas.</p> <p>Communications/Education- Jannah reported back from Betsy:</p> <ul style="list-style-type: none"> • Betsy suggested Urban Ministries for a trial run or pilot to offer resources to the captive audience. In a survey participants expressed strong interest in health issues. • Betsy also connected Jannah to the co-coordinators of the Coalition of Durham Food Pantries. Jannah will be attending a meeting to inform them about what OCI is looking to do. <p>Nykki suggested offering to help food pantry staff/volunteers pack food bags and provide flyers and information in the bags. Once Jannah attends the coalition meeting and lets the pantry coordinators know what OCI is trying to do with connecting people to resources, the next steps include visiting a site and:</p> <ul style="list-style-type: none"> • Talking to people individually • Hosting a table with information • Putting information in food bags • Combination of all three <p>Chelsea suggested another potential site, Emmanuel Church. They have a captive audience of members who get food bags and have dinner. She has done a presentation there. The challenge would be that there are many Spanish speakers so we would need a translator.</p> <p>Nutrition- The workgroup is putting a hold on Double Bucks for now. They would like to educate the Board of Health on proposed changes for Supplemental</p>	<p>new communications person</p> <p>EDCI will reach out to Bull City United and Parks and Recreation for assistance with the May 20 Hoops for Peace basketball tournament.</p> <p>Marissa will give Jeff cards with Healthy Mile Trail routes.</p> <p>Darryl will send Jeff a copy of the Healthy Mile Trail evaluation.</p>
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	Nutrition Assistance Program (SNAP-ED) and see if the Board of Health will write a letter about the proposed changes.	
Workgroups report back and adjourn	Let Jannah know if you would like to host next month's OCI meeting. The committee needs a meeting location.	
Next OCI meeting: April 12, 2017, 414 E. Main St. (unless someone wants to host ☺)		