

Partnership for a Healthy Durham

Obesity and Chronic Illness Committee

January 13, 2016

Minutes

Facilitated by: Kelly Warnock

Present: Aubrey Delaney, Willa Allen, Chasity Newkirk, Jasmine Allen, Annette Smith, Jen McDuffie, Casey Horvitz, Crystal Dixon, Kelly Warnock, Barbara Rumer, Tekeela Green, Tyrone Hall, Joyce Warren, Barrett Lockley, Betsy Crites, Keyanna Terry, Jennifer Delcourt, Nick Allen, Michelle Madeley, Tara Murillo, Joyce Page, Jessica Jones, Perry Whitted, Leah Williams, Jasmine Allen, Chyna McQueen

	Project/Topic/Goal	Major discussion points	Action steps and responsible persons
8:30-8:35	Introductions, welcome newcomers		
8:35-8:45	Announcements	<p>End Hunger Durham is holding a meeting 6:15 pm on Thursday, February 18 at Cooperative Extension, 721 Foster St. There will be discussion around a mapping project, data related to food insecurity in Durham and a discussion of the relationship with the Farm Food Network.</p> <p>The Durham Farm and Food Network is starting action circles around economy, farming, natural resources and health. It would be good to have at least one OCI representative attending the meetings. Individuals can apply to be a member of the Farm Food Network or sign up for the mailing list by visiting their website at https://durhamfarmandfoodnetwork.wordpress.com/.</p> <p>Active Routes to Schools would like to add five schools in the next year. Jen McDuffie asked for help linking to the schools.</p> <p>Warriors Playground is a gym starting a new initiative for family exercise programs. They would like help linking to schools and community groups.</p>	<p>Marissa will post the OCI Herald-Sun column on the Partnership website and email out once it appears on February 14.</p>

		<p>Duke Division of Community Health received a Kate B. Reynolds grant to link pregnant women to the healthcare system, help patients navigate primary care and expand the referral process. The grant is currently operating outside of Durham County, but may be expanded to Durham in the future.</p> <p>PremiumHelp.org through the United Way of the Triangle offers premium help for federal healthcare plans. They are hosting an enrollment event on Saturday, January 16 at MDC, 307 W. Main St from 10 am to 3 pm. Walk-ins and appointments are welcome. Those who have already registered for a health care plan through the Affordable Care Act may be eligible for premium help.</p> <p>The United Way is offering an innovation grant around ending hunger. Organizations attending the meeting should think about applying for the grant.</p> <p>LATCH is has openings for two bilingual case manager/nurse positions. Let others who may be interested in the positions know.</p> <p>The OCI column related to diabetes will appear in the Durham Herald-Sun on February 14. Chasity and Aubrey wrote the column and it is currently going through revisions.</p>	
8:45-9:10	Kiah Gaskin presents their community assessment and screening tool	Kiah was unable to make the meeting due to illness. Copies of the revised intake forms were made available to committee members for a final review. The committee provided feedback to the document at last month's meeting.	
	Pre-proposal for food specialists in Durham Betsy Crites	<p>The goal of the pre-proposal for food specialist in Durham program is to unite the efforts of nonprofits and government agencies addressing food insecurity and link to leaders in the field. The second goal is to provide economic opportunities.</p> <p>The proposal program aims to train and employ persons who are natural networkers with few income opportunities in the service of solving food</p>	Jen McDuffie will send Betsy EDCI survey results related to nutrition needs in the community.

		<p>insecurity in their own neighborhoods. The employee would become the go-to person in the neighborhood to serve as a food specialist, know where to go for food access and qualification for food assistance, recruit neighbors for nutrition and cooking classes, and use a listserv or other means of communications.</p> <p>Ideally the health department or OCI committee could oversee training and program staff. Compensation could offered be in the form of food or food coupons. Employment details would need to be worked out. Sponsors would need to be decided.</p> <p>Committee members encouraged Betsy to go directly to the community to discuss the idea with them and get community buy-in. It was suggested letting the community take the lead based on their needs. Starting at Durham Housing Authority sites would be a good option.</p> <p>The list of job requirements is long and may not be achievable for \$75 a week. Find out what forms of compensation are most valuable for community members. Betsy was encouraged to learn more about the United Way Innovation Challenge.</p>	<p>Joyce will give Betsy contact information for Durham Housing Authority's Melvin Green.</p>
<p>9:10 – 9:40</p>	<p>Parks and Recreation present on their programming updates for 2016</p>	<p>The Durham Parks and Rec mission is to give Durham residents opportunities to play more, get outdoors and encourage lifelong learning.</p> <p>Annette Smith with City of Durham Parks and Recreation shared a number of program offered through the agency such as summer camps and after school programs. In 2014, their summer camps were attended by more than 700 children. The goal of Parks and Rec is to make sure all families have access to fitness facilities.</p> <p>Parks and Rec also has a meal program for community members throughout the summer, outdoor trips, swimming lessons available for all ages, cultural programs and unique athletic opportunities that aren't covered by other organizations.</p>	

		<p>Parks and Rec deals with families who are food insecure and has a food kitchen at Walltown Community Center and several other sites. They are looking for partners to conduct additional classes. There wouldn't be a fee if the organization worked with Parks and Rec. Parks and Rec also partners to offer food pantries and community gardens.</p> <p>Durham residents identified walking as their top preference on how to get activity. People want to be able to go outside their door and exercise. Durham Parks and Rec has a trail network and are looking to expand to amend existing trails and create new ones.</p> <p>Parks and Rec shares programming information through brochures, website, Facebook page and a listserv that people can sign up for. Annette is willing to leave brochures at any location. Another suggestion was to put brochures in pediatrician offices along with a flyer. Limited programming information is available in Spanish. Individuals can call One Call to find out information about parks and rec programs. The phone number is 919-560-1200.</p> <p>The brochure can be overwhelming. It would be helpful if the brochures were available in smaller sections local to neighborhoods. It was suggested that Parks and Rec give information to medical providers to share physical activity and nutrition resources with providers. Parks and Rec has explored this and would like to develop partnerships. Physical activity prescriptions is one option with localized information.</p> <p>It was recommended to provide an in service for healthcare workers to give information and parks and rec services to help get information into the community. Annette has been asked to provide park tours to familiarize social workers, public health workers, etc. of amenities that are available. This is a possibility for a future meeting for the committee.</p>	
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9:40 – 9:50	Action Plan Progress Review	<p>The action plan will be discussed further at the March meeting. Crystal and Kelly reviewed the action plan and the committee is making good progress on strategies.</p> <p>Crystal and Kelly met to discuss speakers for the next several months and are looking to invite Durham Public Schools and Partnership co-chairs for other committees to future meetings.</p>	
9:50-10:00	Partnership Communication Committee updates	<p>Marissa shared that the communications committee is focusing on how best to share resource information in Durham. The committee has been fact finding by learning more about Network of Care website and will have a presentation from 2-1-1 next month. The committee will need to make a recommendation on the best method for a shared Durham resource whether it is improving what currently exists or starting something new. The committee will need to decide if they will be part of the process or hand it off to another group.</p> <p>The committee also discusses Partnership communication issues such as branding, whether to use committee names under the logo and starting a Partnership newsletter.</p> <p>The communications committee meets the first Tuesday of each month, 9 am in the health department. Those who are interested are invited to attend.</p>	

	<p>***Next OCI meeting: February 10, 2016 from 8:30-10:30 at the Criminal Justice Resource Center. Joanne Pierce will be joining us for our second courageous conversation. <u>Please note time and location change.</u></p>
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