

Substance Use Disorder/ Mental Health Committee
March 17, 2016
Agenda Minutes
Facilitated by: Cindy Haynes & Irene Dwinell

Present: Irene Dwinell, Cindy Haynes, Carla McKoy, Bob Thomas, Jason Ashe, Robert Fields, Gerald Fishman, Wanda Boone, Chasity Donaldson, Paul Savery, Karen Verhaeghe

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review minutes	Lock it and Drop it (Med drop off) were not in the minutes. Prevent access to unused medication		
Guest Speaker Dr. Gerald Fishman, Ph.D Regional Director NC Recovery Response Center	<ul style="list-style-type: none"> • Background History <ul style="list-style-type: none"> ➤ Recovery Innovations (RI) national and international for crisis services. ➤ Facilities in 5 other states Washington, California, Delaware, Texas, and in New Zealand ➤ Started in Henderson, NC with a 10 bed crisis stabilization center. ➤ A center was started in Phoenix Arizona in the 90's working with mental health as well as substance use. ➤ Washington, California, Delaware, Texas, North Carolina • Primary Crisis Stabilization Centers <ul style="list-style-type: none"> ➤ The Retreat- a 10 chair crisis evaluation and observation unit. Here, people are triaged for urgency and acuity to determine if they can be stabilized and referred with 23hrs. If not, then they are admitted to the inpatient residential side. ➤ The Living Room- the average length of stay is 4-5 days. ➤ Principle diagnosis of mental health, care coordination, discharge, and transition occurs with 3-5 days. ➤ Principle diagnosis of substance use disorder, the stay is closer to 5 days as they go through standardized withdrawal management protocols. 		

	<ul style="list-style-type: none"> • Team/Staff Make-Up <ul style="list-style-type: none"> ➤ Does not resemble a traditional medical model. ➤ The teams are comprised with 50% of people with “lived experience”. The rest are RN’s, NP’s, QP’s, doctors, and recovery coaches. ➤ RI is set up as a “home” model and services are designed to have the “experienced” team members provide much of the engagement with the “guest”. ➤ RI outpatient service arm has Wellness City, Peer Bridge, and Restart. At these facilities, the clients are called “Citizens”. ➤ Experienced team members are peer support specialist credentialed in NC. • Treatment <ul style="list-style-type: none"> ➤ Trauma informed care focusing on trauma and re-traumatization ➤ Advocate of Zero Suicide. Assessments are done at initial intake and also at pre-discharge. This ensures that recovery and crisis plans are in place. • Staff are CPI and Therapeutic Options Trained <ul style="list-style-type: none"> ➤ Effective with de-escalation of the agitated or violent client. ➤ Uses Motivation Interviewing strategies which helps in dealing with higher acuity clients. ➤ Medical concerns are referred out to Duke for medical clearance, and a chair/bed is reserved once they are discharged. • RI works with the Criminal Justice System. Durham County PD and Sherriff’s department to bring people into the facility directly instead of taking them to jail. 		
<p>Subcommittees Updates</p>	<ul style="list-style-type: none"> • Faith Based-Jason <ul style="list-style-type: none"> ➤ Met in January 	<ul style="list-style-type: none"> • DCIA - Faith Based organization in Chapel Hill discussed a fair. • Reach out to Willa Allen at Durham County Public Health for Health Ministries of Durham 	

	<ul style="list-style-type: none"> • Naloxone Awareness-Cindy <ul style="list-style-type: none"> ➤ Duke Children’s Center now have kits. ➤ Make up packets to distribute to clinics ➤ ANA has a handout for providers telling of the importance of Naloxone. ➤ Reach out to clinics for provider education ➤ Working on resource guide ➤ Naloxone Awareness Event is still in the initial phase. ➤ The Clinton Foundation has agreed to supply Naloxone kits (Nasal Spray Narcan) to High Schools throughout the country. The committee will reach out to schools in the area partnering with TRY. • Suicide Prevention <ul style="list-style-type: none"> ➤ Working in suicide prevention in the LGBTQ youth community. Will invite the youth to sit at the table. ➤ Screening movies as an outreach event. 	<ul style="list-style-type: none"> • Make up packets to distribute to clinics • ANA has a handout for providers telling of the importance of Naloxone. • Reach out to clinics for provider education • Find a venue to screen movies as an outreach event. 	
Announcements	<ul style="list-style-type: none"> • T.R.Y Prevention Annual Conference Saturday April 23, 2016 8:30am – 9:30pm Millennium Hotel. 2008 Campus Walk Ave. Durham, NC 27705 • The Recovery Celebration Saturday September 10, 2016 Durham Central Park 		
Next Meeting	Thursday April 21, 2016 3:00pm-4:30pm		