

Substance Use Disorder/ Mental Health Committee
July 21, 2016
Minutes

Facilitated by: Kimberly Monroe

Present: Denver Bailey, Marissa Mortiboy, Nick Conde-Daddny, Jessica Lapinski, Alexa Mieses, Nancy Kneepkens, Liz McInerney, Katie Gander, Jason Ferrell, Leslie Beckman, Susie Surlles, Bob Thomas, Kimberly Monroe
Guests: Barbara Maier, Tom Maier, Pamela Swan

Time	Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
3-3:10	Introductions and review of minutes	There were no changes to the minutes.		Liz will check in with Jason Ashe on the status of feedback from the faith-based community.
3:10-3:45	Presentation and Discussion <i>Barbara and Tom Maier with NAMI Durham</i>	<p>NAMI was started 35 years ago by mothers with adult children with schizophrenia. The goal was to help those with mental illness and their families.</p> <p>NAMI Durham has free public education meetings open to the public. Meetings will rotate between Durham County library locations over the next year. The fall kickoff meeting will be September 6, 6:00 pm at Durham County Library Southwest. The topic is suicide prevention is everybody's business. The speaker will conduct a training on how to recognize the signs of suicidal thinking and how to act to help someone who is in suicidal crisis. All NAMI classes are free and led by trained facilitators.</p> <p>Peer to Peer is a 10-week course which starts the third Wednesday in September, 5:30-7:30 pm at Watts Baptist Church. The course is led by those in recovery.</p>	<p>NAMI should share information with the City of Durham Partners Against Crime (PACs).</p> <p>The committee could advocate for city and county police to become CIT trained.</p>	Everyone should share information on the NAMI programs with your networks.

		<p>There is a mental health support group held every second and fourth Tuesday, 7:30-9:00 pm at Watts Baptist Church.</p> <p>The Family to Family 12-week course provides a good overview of what is going on in the mental health business. It provides a dialogue for family members to be effective in helping those with mental illness in their families and take care of themselves.</p> <p>The Basics class is a six-week course for parents who are dealing with children with mental illness. The course has similar content as Family to Family but also includes how to cope with the educational system, juvenile justice system and diagnoses. The Basics course runs two to three times a year and a new class starts September 29.</p> <p>The Crisis Intervention Team (CIT) is a full week training for first responders. Durham is a leader in CIT. About 40% of Durham sheriffs and city police are trained to deal with individuals with mental illness and deescalate situations.</p> <p>None of the courses are currently offered in Spanish. NAMI Durham family is reaching out to Spanish speakers to be trained to lead the courses. NAMI Durham needs help getting diverse audiences to classes. They are currently writing a grant to advertise the Basics class.</p> <p>Diagnosis is not necessary to participate in NAMI Durham courses. They provide support and education instead of mental health treatment services.</p>		
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<p>3:45-4:00</p>	<p>Subcommittee Updates</p>	<p>Faith-based- Jason Ashe and Kimberly have been reaching out to churches. Kimberly has been working with Duke to have crucial conversations with churches on a variety of health issues. A couple of churches have identified substance use and mental health issues as needs. St. James Baptist Church has a health fair in August and needs vendors. Vendors are asked to bring school supplies.</p> <p>Resources- Johana needs resource information from Partnership for a Healthy Durham intern, Shemeka Thorpe. Shemeka and the Communications committee has been working with Alliance Behavioral Care this summer to clean up data and remove duplicate entries in the Network of Care resource website. The work will continue to make the website easier to use and up-to-date. There is a goal of a website relaunch next spring or summer.</p> <p>Naloxone- Cindy is giving a naloxone presentation to Board of Health on Thursday, August 4. Conversations have been taking place with City and County police about a naloxone carrying policy. Wanda and Cindy have asked to be part of those conversations.</p> <p>Suicide Prevention- The workgroup is moving forward with the LGBTQ training and education needs survey for providers. They are figuring out the best strategies to disseminate the survey to Duke and Alliance providers.</p>		<p>Kimberly and Jason will let the committee know when churches have mental health/substance use needs.</p> <p>Contact Susie Surles about participating in the St. James Baptist Church event in August.</p> <p>Johana will share her resource list with Marissa.</p> <p>Johana will email providers in her office about community resources that would be helpful if listed in the Network of Care website.</p>

4:00-4:10	Volunteers for SU/MH Table	<p>The committee has discussed having a resource table to share information with the public in the Human Services lobby prior to monthly meetings.</p> <p>It was suggested that a laptop be available at the table so individuals can look up resources.</p> <p>The committee thought it would be beneficial to find out when the highest traffic days and times are to reach the most individuals.</p> <p>Committee members signed up for slots before the meetings.</p>	<p>There should be two options for those willing to table- prior to meeting and on the day with heaviest foot traffic.</p>	<p>Marissa will check with clinics and front desk staff to find out when the heaviest traffic in the building occurs.</p> <p>Decide what information should be on the table. Marissa will ask Cindy and Wanda to flesh that out and provide information to the committee.</p>
4:10-4:30	Announcements	<p>Partnership members have been participating in the two-day racial equity training. The Partnership has been having Courageous Conversations hosted by Deputy Health Director, Joanne Pierce around race and health equity. The goal is to have each committee look more closely at action plans and solutions through a racial equity lens.</p> <p>The Recovery Celebration will be September 10, 2-6 pm in Durham Central Park. There will be health screenings and live music. The next planning meeting is August 4, 3-4 pm at Recovery Innovations.</p> <p>National Night Out is on August 2 to take back the safety in neighborhoods. There will be an event at Northgate Park from 5-7 pm. Durham TRY has a monthly meeting the second Wednesday of the month from 10:30 am to noon. Everyone is welcome to attend.</p>		
Next meeting		Thursday, August 18, 2016; 3:00 - 4:30 pm		