

Substance Use Disorder/ Mental Health Committee
October 19, 2017
Minutes

Facilitated by: Cindy Haynes & Wanda Boone

Present: Moriah Taylor, Robert Thomas, Kay Sanford, Khalilah Slade, Hannah Chesterton, Shareef Hameed, Jen Isherwood, Kendra Rosa			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review of minutes	There were no changes to the minutes.		
Adrienne Michelle, LMFT Gender and Sexuality Diversity Initiative (GSDI) Program Coordinator, LGBTQ Marriage and Family Therapist	<p>Barriers to care for the LGBTQ population includes discrimination (by healthcare providers, among others), education (lack thereof), stigma, and insurance. A big barrier in the South for LGBTQ+ youth is transportation.</p> <p>Bars and bar culture in the LGBTQ+ community are linked with the substance use. Drinking gets associated with being around safe and likeminded people. Rates are higher in the LGBTQ+ community than in the general population.</p> <p>Treatment for substance use disorder (SUD) isn't always LGBTQ+ inclusive (addressing stigma, transphobia, homophobia).</p> <p>Institutional support can include: inclusive policies, programs, forms, continued education for providers, visual affirmative symbols, knowing rights and responsibilities, confidentiality and available resources.</p> <p>The GSDI Training Series includes topics such as combating personal bias, body positivity for trans and gender non-conforming clients and clients in transition. Trainings can be geared toward LGBTQ+ clients or toward healthcare professionals/providers, organizations, institutions, etc.</p>		Adrienne will send language document to Cindy.

	<p>GSDI trainings have a fee and is usually four or five hour training. Individuals interested in trainings can request quote on website and get additional information.</p> <p>There is a five-part GSDI series. Each series has 2 continuing education unit (CEUs) for social workers.</p> <p>The committee requested a language document with terms and acronyms used in the LGBTQ+ community.</p>		
<p>Subcommittee Updates</p> <ul style="list-style-type: none"> • <i>Faith Based</i> • <i>Resources</i> • <i>Naloxone Awareness</i> • <i>Suicide Prevention</i> 	<p>Reporting on Action Plan activities, next steps, share ideas</p> <p>Suicide Prevention: The Queernival event is on 10/28 from 12-5 pm. Volunteers are needed to staff the table. The workgroup is also hoping to expand it social media presence in the future.</p> <p>Naloxone Awareness: The County jail now has full system of naloxone kit distribution in place from the Durham County Department of Public Health (DCoDPH). This will be confirmed in writing by the Mental Health/Substance Use Jail Health team by end of October 2017. If requested, kits would be placed in people’s personal property for them to keep when they’re released.</p> <p>Resources: Cindy compiled a resource guide for substance use and mental health that will be distributed to the committee in November. It will also be shared with Duke Emergency Department.</p>		<p>Cindy will follow up with Kimberly Monroe to get update for the faith-based workgroup.</p>
<p>Announcements</p>	<p>ICOD is hosting invitation-only Regional Recovery Summit on Tuesday, 11/28 at the Durham County Human Services Building. The focus will be on messaging/marketing especially to older adults among other topics. Contact Bob Thomas at recoverycommunityofdurham@gmail.com if we know of people who should attend the summit (e.g., judges, clergy, people who are directly involved with substance use.</p>		<p>Marissa to resend committee members one-pager about the Partnership to be used at outreach events to increase awareness</p>

	<p>Duke Health and the North Carolina Provider Board hosted a panel on 10/12 about federal guidelines and opioid safety. It was the first of its kind, nearly 300 doctors attended.</p> <p>Feb. 2018 is tentative date for a Community Leadership Forum to address opioid safety in Durham County. Working with Health Director Gayle Harris.</p>		
<p>Next meeting: Thursday, November 16, 3:00-4:30 pm</p>			