

Substance Use Disorder/ Mental Health Committee
April 20, 2017
Minutes

Facilitated by: Cindy Haynes & Wanda Boone

Present: Eric Ireland, Marissa Mortiboy, Bob Thomas, Nancy Kneepkens, Cindy Haynes, Katherine Ruiz, Denver Jameson, Johana Troccoli, Scott Proeschelldbell, Wanda Boone, Earl Boone, Kimberly Monroe, Jen Meade, Paul Savery, Jen Isherwood, Hannah Chesterton, Jason Ferrell, Cinzia Petty, Yancee Perez, Kendra Rosa, Cassie Hamrick			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review of minutes	There were no changes to the March minutes.		
Dr. Wanda Boone, Founder Together for Resilient Youth	<p>Durham Together for Resilient Youth (Durham TRY) is a community coalition that addresses substance use and mental health among youth. They have a youth coalition, young adult coalition, faith coalition, partner with the community, law enforcement, business, youth serving organizations, schools and health organizations. TRY also has local, state and federal partners.</p> <p>When inequities are high in communities such as poor housing conditions, lack of availability of healthy foods, poor quality schools, etc. have worse health outcomes.</p> <p>Adverse Childhood Experiences (ACEs) are experiences that happen in childhood that can impact lives into adulthood. There are 10 ACE indicators such as recurrent physical abuse, alcohol or drug abuser in the family, one or no parents, etc. before the age of 18. ACE can occur in all families and should be looked at as a community issue.</p> <p>One-third of adults have a score of 0. A score of 4 or more can lead to multiple risk factors for disease. An ACE score of 6 or more results in a 20 year decrease in life expectancy.</p> <p>Paul Savery is coordinating the NC Behavioral Health Disparities Initiative (TRY) Achieving Health Hand in Hand</p>		

	<p>(AHHH). It is funded through DHHS. They have identified eight communities across the state to address behavioral health disparities. Wanda is the site leader for Durham. ACEs studies was initially done with whites in California. Research shows that the built environment and lack of resources creates another layer of trauma for communities of color.</p> <p>Durham TRY is using seven strategies to build healthy communities such as enhancing skills, providing support, enhancing access and reducing barriers, changing consequences and modifying or changing policies. TRY focuses on Resilience as a prevention/intervention tool.</p> <p>An ACEs training will be held in Raleigh on May 1, Holiday Inn Express which is at capacity but has a waitlist. The training will be repeated next fiscal year. Send Paul an email to get waitlisted for the May training or for information on next year's.</p> <p>One challenge is that adults are asked about childhood experiences years after they occur which makes it hard to prevent the trauma. ACEs will be included on Local Access to Health Care (LATCH) surveys done with families. Durham TRY is currently looking at historical racism as a traumatic event. ACEs is short term for understanding that childhood trauma has an effect on adults later in life but has limitations.</p> <p>If anyone would like to be a part of the Durham efforts, contact Wanda Boone.</p>		
<p>Subcommittee Updates</p> <ul style="list-style-type: none"> • <i>Faith Based</i> • <i>Resources</i> • <i>Naloxone Awareness</i> • <i>Suicide Prevention</i> 	<p>Faith-based- There was a recent opportunity for faith leaders to attend a suicidal alertness training workshop. Kim attended a March Mental Health First Aid training and tried to connect workshop attendees with Wanda Boone and Durham TRY. There is a stigma in the faith community around mental health but Kim is encouraging other pastors to attend the Mental Health First Aid training.</p>		<p>Wanda will send Marissa and Cindy information on federal government funding for opioid prevention.</p>

Reimagining Health is a program to help churches assess their health ministry needs and connect them to resources. Kim informed Reimagining Health of the SU/MH committee and would like members to attend a committee meeting. The Healthy Durham 2020 Initiative is bringing sectors together including faith-based. The faith-based sector is meeting to discuss what they are willing to do to improve the health of Durham.

Resources- The workgroup is updating the resource list and should have an updated draft by the May meeting. Send ideas on agencies and resources that should be listed to Cindy.

Naloxone- Cindy inquired with pharmacies whether they were aware of the www.naloxonesaves.org website and whether they needed assistance with registering and resources. The workgroup will develop a sign to let individuals know they can get naloxone at certain pharmacies. The Sherriff's Department is moving closer to implementing a naloxone carrying policy and the City of Durham is still working on a policy.

Opioid overdoses in Durham are not as large a problem as in other counties. Heroin overdoses are the main issue. Fentanyl deaths are becoming an issue in various parts of the state. Cindy distributed opioid prevention posters and booklets to committee members to share in the community. The materials were funded by the State addendum. Posters and booklets were requested in Spanish.

Suicide Prevention- The workgroup had discussed planning a provider LGBTQ training. The LGBTQ Center and UNC School of Public Health sponsor a Trans Health in the Triangle conference. Several work groups have formed from this. That group developed a Google calendar listing available trainings. Instead of reinventing the wheel, the Suicide Prevention workgroup sent the Google calendar link to providers. The group needs to identify training gaps and decide next steps.

<p>Co-chair elections</p>	<p>Each Partnership committee will hold co-chair nominations at their April meeting and online for a period following the meeting. Individuals can nominate themselves or others. Nominees should be involved in the Partnership for a year prior to the start of the July 1, 2017-June 30, 2018 term.</p> <p>Marissa will contact those nominated to see if they would like to appear on the May co-chair election ballot.</p>		<p>Marissa will send Cindy and Wanda a link to an online nomination form to send out to the committee.</p>
<p>Announcements</p>	<p>There is pending legislation at the State called the STOP Act for comprehensive opioid prevention. Google NC General Assembly to search for the STOP Act. It has support from medical personnel and the State General Assembly.</p> <p>The committee needs to not just work on the supply side but also reduce usage of opioids. If the committee wants to focus on prevention, it should look at community paramedicine.</p> <p>Cassie Hamrick Art Therapy has a support group Fridays, 1-3 pm with drop-in and art therapy. On Wednesday evenings she hosts a support group for providers from 5:30-7 pm on Wednesday evenings.</p> <p>The next Durham TRY meeting will be May 10 at Golden Belt, 10:30 am-noon. Everyone is invited to attend.</p>		
<p>Next Meeting: Thursday, May 18, 2017; 3:00-4:30 pm</p>			