

**Substance Use Disorder/ Mental Health Committee**  
**June 15, 2017**  
**Minutes**

**Facilitated by: Cindy Haynes & Wanda Boone**

**Present:** Kendra Rosa, Jen Isherwood, Hannah Chesterton, Karen Verhaeghe, Cassie Hamrick, Wanda Boone, Nancy Kneepkens, Cindy Haynes, Denver Jameson, Marissa Mortiboy, Toska Cooper  
*Guest:* Judith Johnson

<b>Agenda Items</b>	<b>Major Discussion Points</b>	<b>Recommendations</b>	<b>Action steps and responsible persons</b>
<b>Introductions and review of minutes</b>	<p>On page 1, the sentence regarding data sharing between Duke Health and the Durham County Department of Public Health will now read, “The Duke Health Emergency Department is working with the Compliance Office to determine ways to share data with the health department.”</p> <p>On page 2, the first sentence in Carolyn Crowder’s presentation, uninsured and uninsured has been corrected to uninsured and underinsured.</p>		Marissa will correct the minutes and send the revised version to Cindy and Wanda.
<b>Opioid Overdose Data Update</b> Denver Jameson, epidemiologist	<p>Denver Jameson has manually combed through more than 500 Emergency Department cases and found 52 cases of opioid overdoses mentioned in 2016 records opposed to 37 using the general case definition. About 37% of the 52 cases were African-American, 63% white and 50% male and 50% female. This indicates some cases are being missed.</p> <p>The Durham County Department of Public Health is moving forward with conversations to obtain more accurate Duke Health opioid overdose data.</p>		
<b>Judith Johnson-Hostler, LCAS</b> Perinatal Substance Use Disorder Specialist	<p>All of the women’s substance use disorder treatment programs located in the state are evidence-based and treat the family unit.</p> <p>The Perinatal Maternal Substance &amp; CASAWORKS Substance Use Initiative has 20 inpatient and eight outpatient women’s substance use disorder treatment programs across North Carolina. The programs accept pregnant women and</p>	Wanda will contact Kimberly about reaching out to faith-based organizations and build on the work of Healthy Durham 20/20.	Judith will ask her manager if she can share deidentified data of where calls for the program are originating.

	<p>women with children up to 11 years old. There are 230 perinatal program beds available in the state. Very few beds are available at a given time due to demand from the opioid epidemic.</p> <p>The Perinatal Maternal Substance &amp; CASAWORKS services include screening, information and referral for pregnant and parenting women with dependent children, case management, substance use disorder and co-occurring services, parenting skills and referrals and coordination with primary and preventive health care. Children also benefit from services provided by partners such as local health departments. Women from any county in the state can access services at the 28 sites.</p> <p>Criminal charges or a criminal record are not a barriers to getting treatment at the program sites. Child Protective Services can potentially get involved if a mother with custody of her children is using drugs.</p> <p>Pregnant women are not advised to stop using drugs without treatment while pregnant if they are heroin or opioid dependent. A type of treatment such as suboxone or Methadone is recommended for pregnant women trying to quit heroin or opioids.</p> <p>Intravenous drug use is on the rise due to heroin being cheaper than opioids. Heroin use is on the rise among African-American and Hispanic populations in come states.</p> <p>The North Carolina Pregnancy and Opioid Exposure project website at <a href="http://www.NCPOEP.org">www.NCPOEP.org</a> contains a toolkit and pregnancy and opioid exposure guidance.</p> <p>Contact Judith at <a href="mailto:jjones@alcoholdrughelp.org">jjones@alcoholdrughelp.org</a> for more information.</p>		
<p><b>Subcommittee Breakout</b></p> <ul style="list-style-type: none"> <li><i>Faith Based</i></li> </ul>	<p><b>Faith-based-</b> The new Healthy Durham 20/20 movement is a multi-sector coalition representing various stakeholders necessary to address the major social correlates of health</p>	<p>Wanda suggested reaching out to smaller faith-based</p>	<p>Denver and Jen will collect data on</p>

<ul style="list-style-type: none"> <li>• <i>Resources</i></li> <li>• <i>Naloxone Awareness</i></li> <li>• <i>Suicide Prevention</i></li> </ul>	<p>impacting the health of Durham county residents. The Faith Sector has developed a resolution outlining how they will work together as a faith community to help improve health outcomes in Durham.</p> <p>Next steps include:</p> <ul style="list-style-type: none"> <li>• As an action item from the Health Summit, faith organizations are encouraged to complete a needs assessment to determine what their needs are for their ministries. They are also being asked to identify what their current assets are. Assessments are being turned in to Reverend Ronald Owens who is helping to coordinate efforts.</li> <li>• The Duke Office of Community Relations will be working closely with churches to connect them with resources as needed.</li> <li>• Durham Congregations in Action has been promoting Mental Health 101 training for churches. Kimberly has asked Spencer Bradford to coordinate with our committee to encourage more clergy to participate in training. Kimberly will schedule a meeting with him soon.</li> <li>• Kimberly Monroe has already completed training and is committed to completing additional training to become an instructor to assist with training in the community.</li> </ul> <p>The committee needs to determine what is already going on around faith-based efforts.</p> <p><b>Suicide Prevention-</b> The workgroup met to discuss a future direction and future activities. They are reaching out to more organizations who are working with LGBT and Latino communities to see where there could be some intersection. Kendra has talked to Jen about doing an evaluation of the providers the workgroup previously provided with information.</p>	<p>organizations and other groups around faith-based efforts to reach more of the population.</p> <p>It was suggested to include all youth in suicide prevention efforts to reach a larger population.</p> <p>It was suggested to review data for populations most affected by suicide in Durham.</p>	<p>suicides in Durham by race and ethnicity.</p>
--	---	---	--

<b>Co-Chairs Elections</b>	Cindy and Wanda were reelected as co-chairs to the Substance Use/Mental Health committee. They will both serve for another year, July 1, 2017-June 30, 2018.		
<b>Announcements</b>	<p>The NAMI Durham chapter would like to share information on NAMI Basics, a free education course for parents and caregivers of children with emotional, mental and neurobiological disorders. The six-week course is taught by trained teachers. The next six-week class starts on Thursday, July 6 at First Presbyterian Church, 305 E. Main St. from 7:00 to 9:30 pm.</p> <p>Durham TRY is hosting a call to action dinner on the topics such as zero violence, suspensions, substance misuse, youth arrests and more on June 16, 5:30-8:30 pm at ReCity, 112 Broadway St.</p> <p>The North Carolina Pregnancy and Opioid Exposure Project is hosting a It Takes a Community, Too conference on October 3, 8:30 am to 4:30 pm at the M.C. Benton Jr. Convention Center in Winston-Salem. Register at <a href="http://www.northwestahec.org/50761">www.northwestahec.org/50761</a>.</p> <p>Bob Thomas would like assistance with the planning committee and table discussion facilitation at the November 28 Regional Recovery Summit.</p> <p>Durham TRY meeting is July 12, Golden Belt second floor, 10:30 am to noon. Information from the June 14 Durham TRY meeting of Colorado research on the effects of marijuana is available on their website, <a href="http://www.durhamtry.org">www.durhamtry.org</a>.</p>		
Thursday, July 20, 2017; 3:00 - 4:30 PM			