

**Partnership for a Healthy Durham
 Substance Use Disorder/ Mental Health Committee
 Durham County Human Services Building, 2nd Floor Conference Room
 414 East Main Street Durham, NC
 July 20, 2017
 Minutes**

Facilitated by: Cindy Haynes & Wanda Boone

Meeting Outcomes

SU/MH Committee members will:

- Be made aware of a new resource the Behavioral Health Urgent Care and the services they provide.
- Have an update on the new law entitled STOP Act and understand the provisions for providers, dispensers, and community distribution of naloxone.
- Have an update on completed tasks and identify the next steps for completing the remaining goals in our Action Plan.

Present: Katherine Ruiz, Cassie Hamrick, Jen Isherwood, Marissa Mortiboy, Cindy Haynes, Nancy Kneepkens, Wanda Boone, Mark Sullivan, Katelyn Chapman, Bob Thomas, Scott Proeschelbell			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review of minutes	On page two, the minutes will be corrected to reflect that suicide prevention efforts will should be addressed to all youth.		Marissa will revise the minutes and send the updated version to Cindy and Wanda.
Mark Sullivan Director of Community Relations <i>Carolina Outreach</i> <i>Carolina Outreach New Behavioral Health Urgent Care Durham Site</i>	Carolina Outreach is a behavioral health organization which serves Medicare and Medicaid patients. The clinic is located next to Foster’s Market on Hwy 15/501 at 2670 Durham-Chapel Hill Blvd. Carolina Outreach has been existence for about 15 years. The downstairs of the building is dedicated to the Behavioral Health Urgent Care (BHUC) clinic. The clinic will open July 31. Alliance Behavioral Healthcare asked Carolina Outreach to start this service. This pilot program is the first of its type in the state. The purpose is to reduce hospital and Emergency Department (ED) visits related to behavioral health. There are no beds located at the urgent care site.		Cindy will talk to Mark about getting Project Lazarus and naloxone kits to the urgent care clinic.

	<p>The service is designed to reach those experiencing a behavioral health crisis that can be resolved with a brief intervention or have an urgent behavioral health need that must be met in order to prevent a crisis.</p> <p>Services offered include access to psychiatrists, nurses and social workers, referrals to other community resources, targeted reminder calls for follow-up services and coordination of care with other service providers.</p> <p>Same day walk in services during posted hours of Monday to Thursday 8 am to 7 pm, Friday 8 am to 3 pm and Saturday 9 am to noon.</p> <p>The urgent care clinic is funded by Alliance through Medicaid and State IRPS dollars. Anyone over the age of four can be seen in the clinic. Those under 18 will need a guardian to receive care. Individuals do not need to be Carolina Outreach patients.</p> <p>The cost is \$400-\$450 out of pocket. The clinic serves Wake, Cumberland, Johnston and Durham counties. A nurse practitioner will be present along with licensed clinical staff.</p> <p>Carolina Outreach will be in close touch with Alliance and other providers to coordinate care. Carolina Outreach is investigating solutions for transportation issues and a prescription assistance program. There is not a pharmacy in house. Carolina Outreach is working to get a supply of Naloxone to be able to distribute.</p> <p>Anything that can't be resolved within a couple of hours should be seen at the Recovery Response Center or the ED.</p> <p>There is capacity to serve Spanish speaking patients.</p>		
<p>Dr. Wanda Boone, PhD. Co-chair Substance Use Mental Health</p>	<p>The Strengthen Opioid Misuse Prevention (STOP) Act puts new restrictions on medical providers who prescribe opioids, limits the supply of opioids, grants \$20 million over two years for substance use and recovery services and clarifies funding sources for syringe exchange programs.</p>	<p>It was suggested to find out whether there is data on how many individuals go</p>	<p>Wanda will send Marissa information from the conference to share with the committee.</p>

<p>Committee & Executive Director of Durham TRY <i>STOP ACT Law</i></p>	<p>The STOP Act also requires electronic prescribing of targeted controlled substances, requires dispensers to check Controlled Substance Reporting System (CSRS- electronic tracking system providers and dispensers can see where patients are getting medications and prescriptions) to monitor possible abuse, allows community distribution of naloxone by organizations that have a standing order to do so, etc.</p> <p>The STOP Act does not include language about lower dosages for opioid prescriptions but that is included in the Centers for Disease Control and Prevention (CDC) prescribing guidelines.</p> <p>There are no current built-in alerts in CSRS to warn a provider that a patient has been over prescribed. There are efforts to integrate CSRS with electronic medical records.</p> <p>Durham TRY is helping empower individuals to ask questions to their providers about their prescriptions and feel comfortable saying no.</p> <p>North Carolina held its first Opioid Overdose Conference on June 27 and 28. Governor Roy Cooper spoke about how opioid overdoses are affecting the state. There were presentations on the progression of synthetic drugs over time, personal stories of overdoses, opioid practices in health systems, NaloxoneSaves.org, preventing opioid misuse through legislation and policy, what’s working in North Carolina, counties working on prevention models, empowering youth as partners, what’s next post overdose response, building campaigns for systematic change, preventing opioid abuse in the workplace, tracking and measuring the epidemic.</p> <p>Additional training on the realism of opioid reversals and getting individuals into treatment was discussed. Wake County has a model that meets people where they are. There is a movement to do post intervention services. The idea is in discussion at Alliance Behavioral Healthcare.</p>	<p>into treatment after an overdose.</p>	<p>Wanda will share printed materials ordered at the conference with committee members.</p> <p>Cindy will bring information to the committee from the Prevention Task Force.</p>
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Subcommittee Updates	<p>The group reviewed the action plan update of what has been accomplished in the first two years of the three-year action plans.</p> <p>The purpose of the update document is to review what has been done and what strategies need to be addressed. Action plans can be changed/edited at any time.</p>	<p>It was suggested to outline the boxes in colors instead of filling out according to green, yellow and red.</p> <p>Add a baseline, more specific measurement for objective 3.</p>	<p>Let Jen know if edits need to be made to the action plan update.</p>
Announcements	<p>Carolina Outreach is hosting an Open House for the BHUC clinic on July 26, 3-6 pm at their office</p> <p>The next Durham TRY meeting will be held August 9, 10:30 am at Golden Belt.</p> <p>Durham TRY held a Plan for Zero meeting last week and are planning to focus on naloxone and suspensions in schools.</p>		
<p>Next meeting: Thursday, August 17, 2017; 3:00 - 4:30 PM</p> <p>Discuss action plans using the action plan update and develop action steps. Look at State's action plan and what can be done at the county level to coordinate efforts.</p>			