

Substance Use Disorder/ Mental Health Committee
August 17, 2017
Minutes

Facilitated by: Cindy Haynes & Wanda Boone

Meeting Outcomes

At the conclusion of the SU/MH Meeting members will:

- Have increased awareness of the DPS parent survey to address substance use in the Durham Public School System.
- Describe the services offered by GSDI as a resource to the LGBTQ Community.
- Have increased knowledge of the documentary film Going Sane and be able to endorse the premiere showing in the community.
- Identify which of the objectives in the State Opioid Action Plan to address at the local level.

Present: Hannah Chesterton, Kendra Rosa, John E. Millette, Shareef Hameed, Tricia Smar, Jen Isherwood, Dulce Ramirez, Wanda Boone, Kay Sanford, Cindy Haynes, Nancy Kneepens, Jen Meade, Marissa Mortiboy			
Guests: Armenous Dobson III			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Introductions and review of minutes	There were no changes to the minutes.		
Armenous Dobson Insight Human Services	<p>Armenous Dobson is a Prevention Specialist with Insight Human Services. They are conducting surveys to find out areas of concern around substance use. The results will help Insight Human Services determine community needs and develop strategies to address the concerns.</p> <p>Prevention Specialists work with children who are truant or involved with gangs. Insight Human Services tries to get kids back into school and get the community involved as well.</p> <p>Insight Human Services is a support for children with mental health and substance use problems in Title I schools. They are beginning to see children in elementary school with problems previously only seen in middle and high school students.</p>		
Kay Sanford NC Harm Reduction Coalition	Kay works with the NC Harm Reduction Coalition. The Durham County jail has a Substance Treatment And Recidivism Reduction (STARR) program to address substance use. Those who graduate and watch a short	Kay would like to the committee to write a letter to	

<p>naloxone training video are eligible to receive naloxone kits. The Durham County Department of Public Health worked with the jail to place opioid reversal kits with someone's personal property. The shelf life for naloxone is 1-2 years.</p> <p>The Durham County Department of Public Health pharmacy now has inmates go to the pharmacy to receive an opioid reversal kits. This adds an additional barrier. Zero individuals released from jail have gone to the health department to fill a naloxone kit prescription. The pharmacist was concerned this was a prescription of medication without oversight from a professional. The NC standing order does not require a training to receive naloxone. This has been in place since at least June. Naloxone cannot hurt you or be misused which makes it extremely easy for a layperson to use.</p> <p>The NC Harm Reduction coalition gives out naloxone kits and instructions. Kits are available on Fridays from 4-6 pm at the Sunrise Recovery House during the summer. NC Harm Reduction Coalition has a clean needle program and provides clean needles and works to those addicted to opioids. They also link individuals to treatment, provide condoms and test for hepatitis.</p> <p>Research has shown that those released from jail are 10 times more likely to die in the year after release than those who haven't been in jail. In North Carolina, it's 23 times more. The first two weeks from release is the highest risk time for death.</p> <p>The website www.naloxonesaves.org is where to find pharmacies by zip code who have the standing order. Those who save someone's life with naloxone should enter the information in the naloxone saves website in order to collect data on the amount of reversals. Approximately 5000 overdoses have been reversed since August 2015.</p> <p>The committee appreciated that Gayle thought enough of the committee to suggest bringing the request to the group. The committee unanimously agreed to write the letter.</p>	<p>Gayle Harris in support of giving naloxone kits to incarcerated men and women during the intake process.</p>	
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<p>Marissa Mortiboy, MPH Partnership for a Healthy Durham Coordinator</p>	<p>Marissa shared the trailer for the documentary Going Sane at goingsane.org. There were concerns after viewing the trailer that it was framed as not being supportive of mental health treatment. The trailer didn't show persons of color. There are questions about the definition of family involvement in the mental health process.</p> <p>There is a Q&A session after the showing with the producers with the opportunity to find out more.</p> <p>Marissa will check with Barb at National Alliance on Mental Illness (NAMI) to get her opinion and share feedback with the documentary makers. The committee will support the response from NAMI and proceed based on that.</p>		<p>Marissa will contact Barb at NAMI find out if NAMI has an opinion on the documentary or feedback on the committee's comments.</p>
<p>Group Discussion <i>North Carolina's Opioid Action Plan 2017-2021</i></p>	<p>The committee reviewed the North Carolina's Opioid Action Plan and discussed how to support/address the Action Plan objectives at the county level. The committee's current action plan can be adjusted to match the State's plan or added to the 2018-2021 action plan. TRY was part of the NC Opioid Prevention 2-year planning process and helped to craft the Prevention strategies presented.</p> <p>The third strategy of the State action plan is to reduce diversion and flow of illicit drugs. Actions that can be taken at the local level of drug take backs and increasing the number of drug disposal drop boxes.</p> <p>Alliance Behavioral Healthcare has receiving funds to pursue opioid prevention projects. They will likely do an awareness/media campaign.</p> <p>Wanda, Cindy and the Durham County Department of Public Health has been attempting to work with local law enforcement to conduct naloxone training. Durham County law enforcement is ready. The City of Durham currently does not plan to implement a policy. The committee decided to wait until when the city is ready.</p> <p>NC Harm Reduction has established naloxone stations in the county jail. All jail staff have been trained.</p> <p>The fourth strategy on the State action plan is to increase community awareness and prevention. It was suggested to purchase billboards to educate the community on naloxone.</p>	<p>Find sources of funding to support strategies on the State action plan to carry out activities.</p>	<p>Jen can ask someone from Alliance to speak to the group at the September meeting about what Alliance is doing with funding.</p> <p>Marissa will find out if there are costs available for printing materials.</p> <p>Kay will send a link for NC Injury Prevention Branch materials.</p> <p>Look at strategies 5, 6 and 7 on the State Strategic plan and discuss at the September meeting.</p>

	<p>The NC Injury Prevention Branch has released a patient education toolkit to local health departments. The materials can be adjusted to add health department logos.</p> <p>Youth primary prevention is a strategy on the action plan. The committee can partner with Durham TRY to address this. Twelve sectors are represented on the coalition. Durham TRY has an adult coalition, youth coalition and College TRY for 18-24 year olds. Durham TRY has youth speak out about all drugs. Around opiates, youth have created PSAs and social media messages, published e-newsletters with their messaging. There are 50 youth leaders in the schools. Those 50 reach out to 10 youth and those youth reach out to 5 individuals. Youth are concerned about suicide and will be part of a rally in October about this issue. In the last few months, TRY youth have reached over 2000. They are part of the Plan for Zero, to eliminate school suspensions.</p> <p>Wanda invited the subcommittee to be part of the TRY Opioid Prevention plan which includes Opioid Misuse and Overdose prevention and Naloxone Use.</p>		
<p>Subcommittee's Reporting</p> <ul style="list-style-type: none"> • <i>Faith Based</i> • <i>Resources</i> • <i>Naloxone Awareness</i> • <i>Suicide Prevention</i> 	<p>The resource guide has been edited. Providers at Duke would like to see a few more resources added before it is finalized. The resource guide will be printed and distributed across the healthcare system.</p> <p>Wanda sent an email to the suicide prevention workgroup about a presentation with SAMHSA staff. She was invited to present with the Director of SAMHSA and learned that 77% of those who committed suicide had seen their primary care provider within the past month. If a physician had asked the question about how they were doing, it could have prevented a suicide.</p> <p>The suicide prevention workgroup is meeting, 9 am on August 18. The workgroup is conducting a follow up survey for resources given to providers in 2016 and will discuss the information Wanda sent.</p>		
<p>Announcements</p>	<p>Durham TRY is joining with the ABC Commission and DMV to help support an alcohol seller training Thursday, August 24, noon at East Regional Library. Community members are invited. RSVPs are required. Contact Nancy Kneepkens for more information.</p>		

	<p>Durham TRY puts a tip of the month in Partners Against Crime (PAC) newsletter. The tip for this month is related to prescription drug safety.</p> <p>Nancy passed out information for Durham TRY's Plan for Zero, information on naloxone and over the counter medicine which could be dangerous.</p> <p>On September 16, 12-3 pm, Durham TRY youth will march from Central Park to Recity and have a program there. Three families that lost children to overdoses will share their stories.</p> <p>The InjuryFreeNC Academy is for teams of people addressing the prevention of opioid overdose. The health department and law enforcement need to be part of the team. Eva Bland at UNC is the contact. The program starts in October.</p>		
Next Meeting: Thursday, September 21, 2017; 3:00 - 4:30 PM- Meet at Alliance			