Challenges in Developing Workforce - Substance Abuse Treatment for Spanish-Speaking Consumers

Presented by: Tina M. Howard, Substance Abuse Specialist, The Durham

Center

RBA-Substance Abuse Committee

June 25, 2009

Substance Misuse in Durham

- •An estimated 19,000-21,000 Durham County citizens are addicted to drugs or alcohol
- •25% of automobile fatalities are caused by alcohol consumption
- Alcohol-related offenses are largest cause of prison entries
- .60% of inmates need substance abuse treatment
- •1/3 of domestic violence calls to police related to substance use

Substance Misuse Among Spanish Speaking Populations

- ·Hispanic/Latino population 11.6% of county population
- Leading cause of death motor vehicle accidents (17% of Hispanic deaths)
- •YRBS data: (Middle School) 40% report alcohol use (28%-not Hispanic), 11% report cocaine use (nearly 5xs not Hispanic)
- •YRBS data: (High School) 12% used alcohol on school property (2xs), 16% used heroine (3xs)
- ·Hispanic population served by TDC: 2% of consumers in adult SA programs, 4% in adolescent SA programs

State of Workforce

Estimated # of credentialed professionals living in Durham: 63 (including 10 certified Peer Specialists)

who speak Spanish = ?

(2008 data from The Durham Center) # of credentialed professionals working for providers contracted with Durham Center: 36

who speak Spanish = ? (8 licensed, 7 QP, 4 Other professionals within TDC provider network speak Spanish, don't know how many with credentials to provide substance abuse services)

State of Workforce

Why crisis in workforce?

- •Experienced professionals moved to administrative positions within the LME or private agency and are no longer providing direct services
- "Professionalization" of job Legislative changes in September 2005 requiring greater educational levels & experience
- Medicaid changes require licensed professionals to provide substance abuse services, yet, many are in leadership and supervisory roles and not direct services
- •Reduction in funding resulted in non-competitive salaries, loss of ongoing training, and reduction in clinical supervision
- Lengthy amount of time, cost, and investment in credentialing process

Treatment Staff Qualifications

- •In 2005, SB 705 passed requiring substance abuse credential to provide substance abuse treatment, NC Substance Abuse Professional Practice Board statutory authority to award credentials
 - •Exception: Professionals licensed by another regulatory board who provide substance abuse services in normal course of practice.
- •Credentials available (www.ncsappb.org):

 <u>CSAC</u> (Certified Substance Abuse Counselor)-6,000
 hrs. supervised practice, 270 hrs. training, pass exam
 <u>LCAS & LCAS-P</u> (Licensed Clinical Addictions
 Specialist)-Master's degree, 2 yrs. experience (or
 CSAC), 180 hrs. training, pass exam, Provisionalregistered with Board, completed 300 hr. practicum

Treatment Staff Qualifications

CCS & CCS-P (Certified Clinical Supervisor)-LCAS, 8,000 hrs. experience, 4,000 hrs. experience as supervisor, 30 hrs. supervisor training, pass exam **CSAPC** (Certified Substance Abuse Prevention Consultant)-3 yrs. Experience (or 2 yrs+Bachelors), 270 hrs. training, 300 hr. practicum, pass exam CSARFD (Certified Substance Abuse Residential Facility Director)-CSAC, 50 hrs. training CCJP (Certified Criminal Justice Addiction Professional)in CJ field, 270 hrs. training (180 hrs. with Master's degree), 300 hrs. practicum, 6,000 hrs. supervised practice (less with college degrees)

Treatment Staff Qualifications

*NCSAPPB requires applicants for all credentials to agree to criminal background check – certain past convictions may disqualify applicant

Certified SA Peer Support Specialists (thru UNC School of Social Work) – individuals in recovery, provide services as part of team; requirements-6 months paid experience, 40 hr. Peer training, add 20 hrs. training, 1 yr. of recovery time

•Only LCAS & CCS can practice independently & bill 3rd party payers, other credentials operate under supervision of another licensed substance abuse professional

Durham's SA Plan (2006)

Goals

- □ Reduce stigma
- □ SOC framework
- □ Build workforce
- Develop sustainable provider community
- Develop effective service continuum

Workforce Development

Strategies

Ongoing Training

FY08 Outcomes

In partnership with Duke, offered more than 8 trainings (81 credit hours) to 118 professionals

Improve Clinical Skills

Strategies

- □ Teaching Case Conferences
- Motivational Interviewing practicum

FY08 Outcomes

- 45 professionals participated for total of 25.5 credit hours
- Telephone and face-to-face screening and linkage to community providers

Retain Qualified Staff

Strategies

- Incentives to become certified/licensed
- Reimbursement for trainings
- Priority status for trainings
- □ Group Supervision

FY08 Outcomes

- 7 counselors enrolled 6 still providing services in our community
- 3 of 7 received or working on certification
- □ FY 09 1 counselor speaks Spanish

Recruit High-Quality SA Professionals

Strategies

- □ Exhibit at Statewide Conference
- □ Create email list serve
- Promote Workforce Development Plan

Create "First Responder" Teams

<u>Purpose</u>

 Community team to identify, intervene and supporting the needs of individuals abusing substances

Strategies

- Developed partnership between Durham public and private agencies, Duke, NCEBPC
- □ SAY-IT! focus on adolescents
- □ DASAARA (Durham Academy for Substance Abuse Awareness & Recovery Advocacy)
 - focus on adults

Success To Date

36 credentialed/certified or licensed SA professionals working with contracted agencies, up from 6 in 2006