

Durham County



Partnership for a Healthy Durham

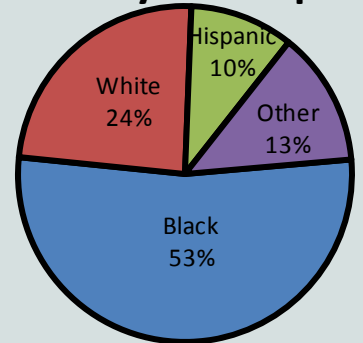
Youth Risk Behavior Survey

2009 High School Highlights



In the Spring of 2009, 489 9th, 10th, 11th and 12th graders in Durham Public Schools completed the YRBS. This document presents the highlights, many of which are statistically significant.

Survey Participants



The Youth Risk Behavior Survey (YRBS) is a national school-based survey produced by the Centers for Disease Control and is administered every other year. It monitors health risk behaviors affecting the adolescent population.

This 97-question survey asks questions on:

- ◆ Violence
- ◆ Personal Safety
- ◆ Physical Activity
- ◆ Nutrition
- ◆ Mental Health
- ◆ Tobacco/Drugs/Alcohol
- ◆ Protective Factors
- ◆ Sexual Behavior

For electronic copies of this summary and additional YRBS data, visit: www.healthydurham.org

Positive Results in Durham

Compared to North Carolina...

- Durham high school students are more likely to get tested for HIV.
- Durham high school students reported having ate green salad one or more times during the past 7 days.

Areas for Improvement in Durham

Compared to North Carolina...

- Durham high school students reported having poorer diet and lower physical activity levels.
- Durham high school students reported more alcohol and marijuana use.
- Durham high school students reported having a perception that gangs are a problem in the schools.



Youth Risk Behavior Survey

2009 Highlights

Durham High School Students

Violence/Personal Safety		
	Durham	NC
*Perception that gang activity is a problem in school	54.0%	36.4%
*Alone after school without a trusted adult 3+ hours per day on an average school day	38.9%	26.4%

Mental Health		
	Durham	NC
Attempted suicide one or more times in the past year * Hispanic students were more likely than expected to have attempted suicide 4 or 5 times in the past 12 months	9.8%	9.9%

Tobacco/Drugs/Alcohol		
	Durham	NC
Smoke cigarettes on one or more days in the past 30 days	15.5%	16.9%
Began smoking before age 13	12.1%	12.4%
*Had at least one drink of alcohol in the past 30 days * Male students were more likely than expected to have had a drink of alcohol on all 30 of the last 30 days	42.5%	35%
*Used marijuana one or more times in the past 30 days	29.4%	19.8%
Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	9.4%	11.7%

Sexual Behavior		
	Durham	NC
Ever had sexual intercourse	55.6%	51%
Had sexual intercourse with one or more people in the past three months	40.4%	36.6%
Had sexual intercourse with four or more people during their lifetime * Students of "other" races were more likely (24.0%) than expected to have had sexual intercourse with 3 different people in their lives * Male students were more likely than expected to have had sexual intercourse with 6+ people in their lives	20.0%	15.7%
Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	23.8%	19.3%
Among those who had sexual intercourse, used a condom during last sexual intercourse	60.7%	60.7%

Physical Activity / Nutrition / Protective Factors		
	Durham	NC
*Drank a sweetened beverage one or more times per day during the past seven days	89.2%	38.9%
Watched three or more hours per day of TV on an average school day * Black students were more likely than expected to watch 5+ hours of TV	41.1%	36.2%
*Received eight or more hours of sleep on an average school night	19.4%	28.8%

*Statistically significant data