

Appendix G: 2010 Durham County Community Health Opinion Survey Results

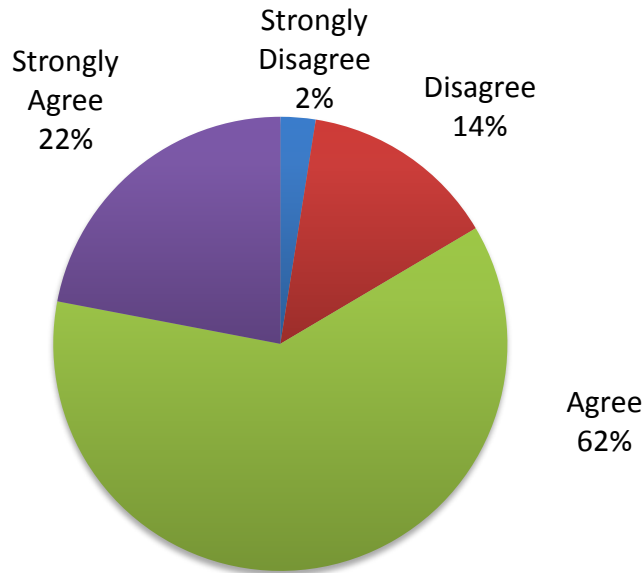
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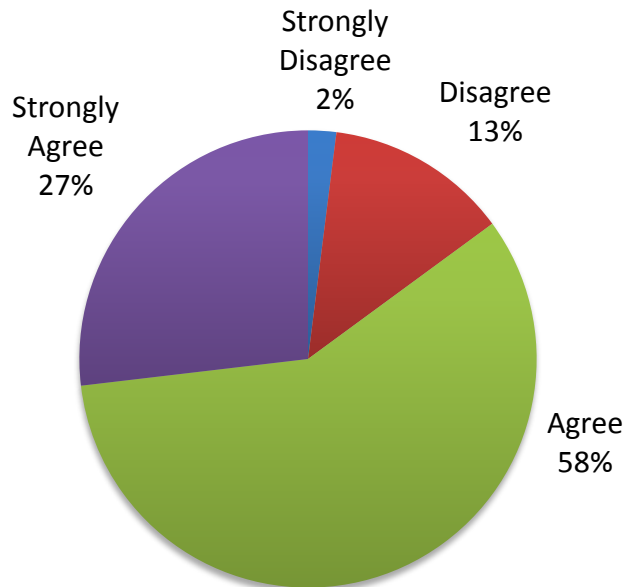
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PART 1: Quality of Life Statements

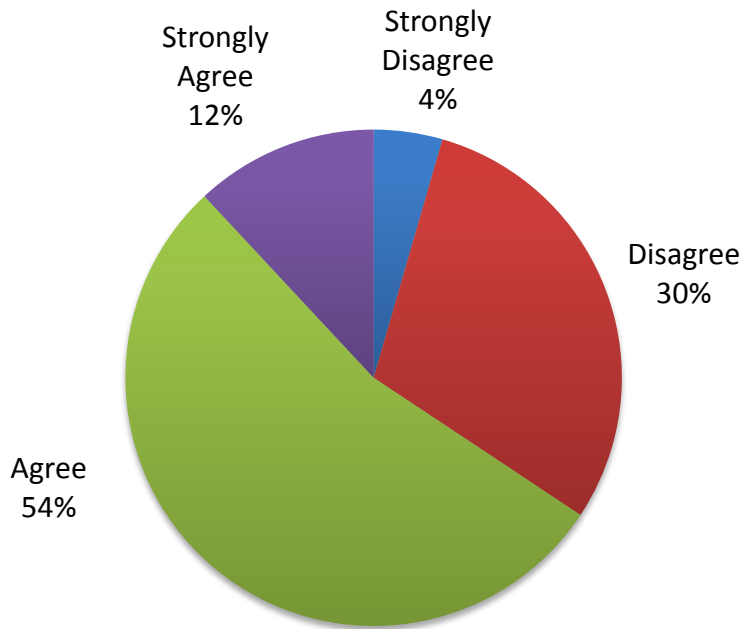
1. How do you feel about this statement, “Durham County is a good place to raise children”? Consider the quality and safety of schools and child care programs, after school programs, and places to play in this county.



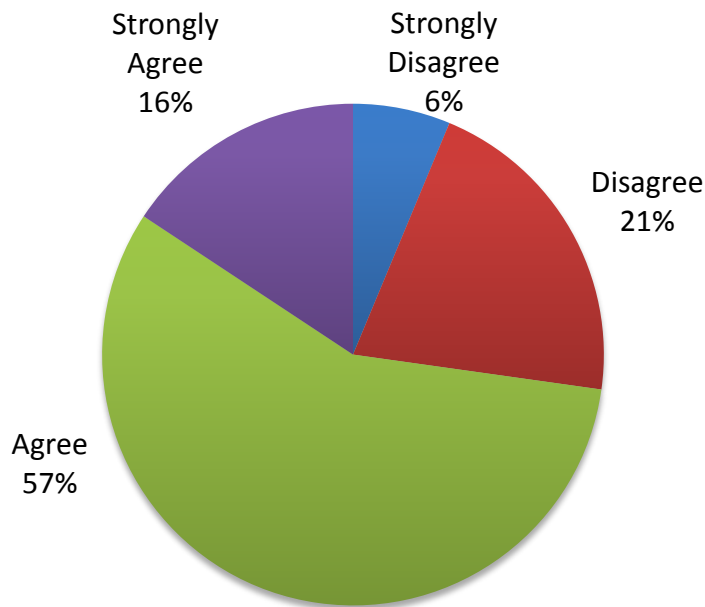
2. How do you feel about this statement, “Durham County is a good place to grow old”? Consider our county’s elder-friendly housing, transportation to medical services, recreation, and services for the elderly.



3. How do you feel about this statement, “There is plenty of economic opportunity in Durham County”? Consider the number and quality of jobs, job training/higher education opportunities, and availability of affordable housing in Durham County.



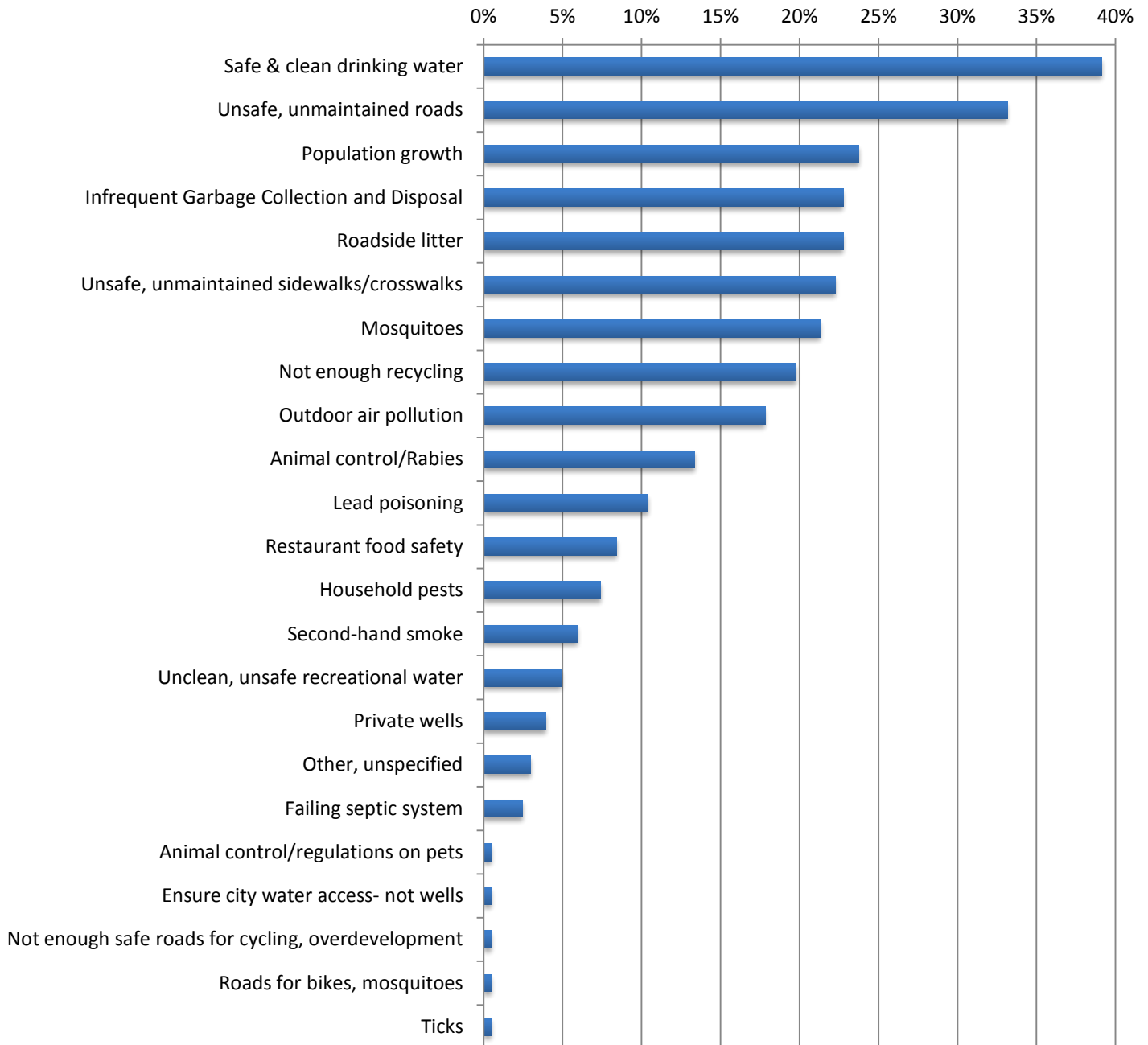
4. How do you feel about this statement, “There is plenty of help for individuals and families during times of need in Durham County”? Consider social support in Durham County: neighbors, support groups, faith community outreach, community organizations, mental health services, and emergency monetary assistance.



PART 2: Community Problems and Issues

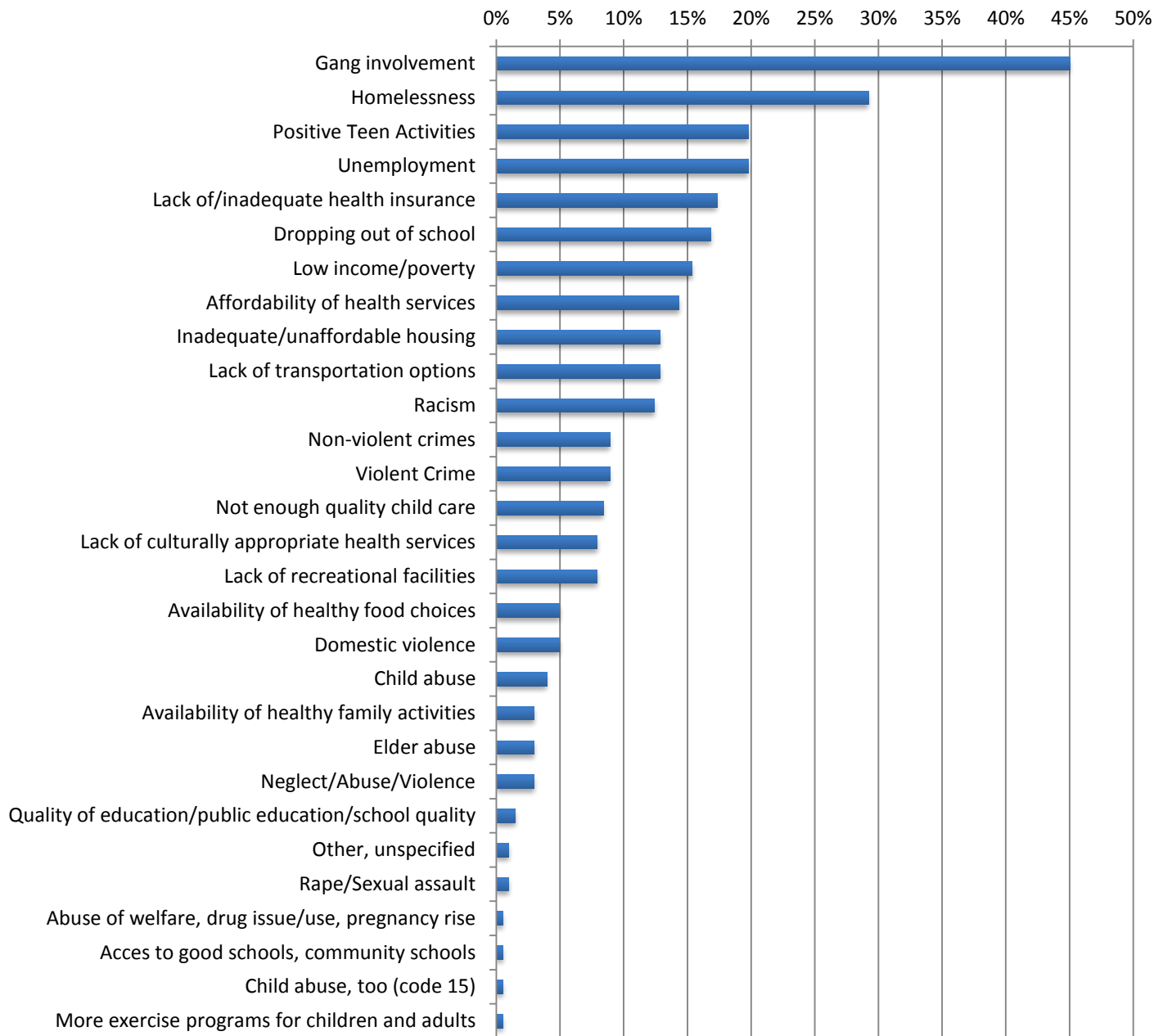
Environmental Issues

5. These next questions are about Environmental issues. Please look at this list and pick your 3 most important issues in Durham County. Remember this is your opinion and your choices will not be linked to you in any way. If you do not see an environmental issue you consider one of the most important 3, please let me know.



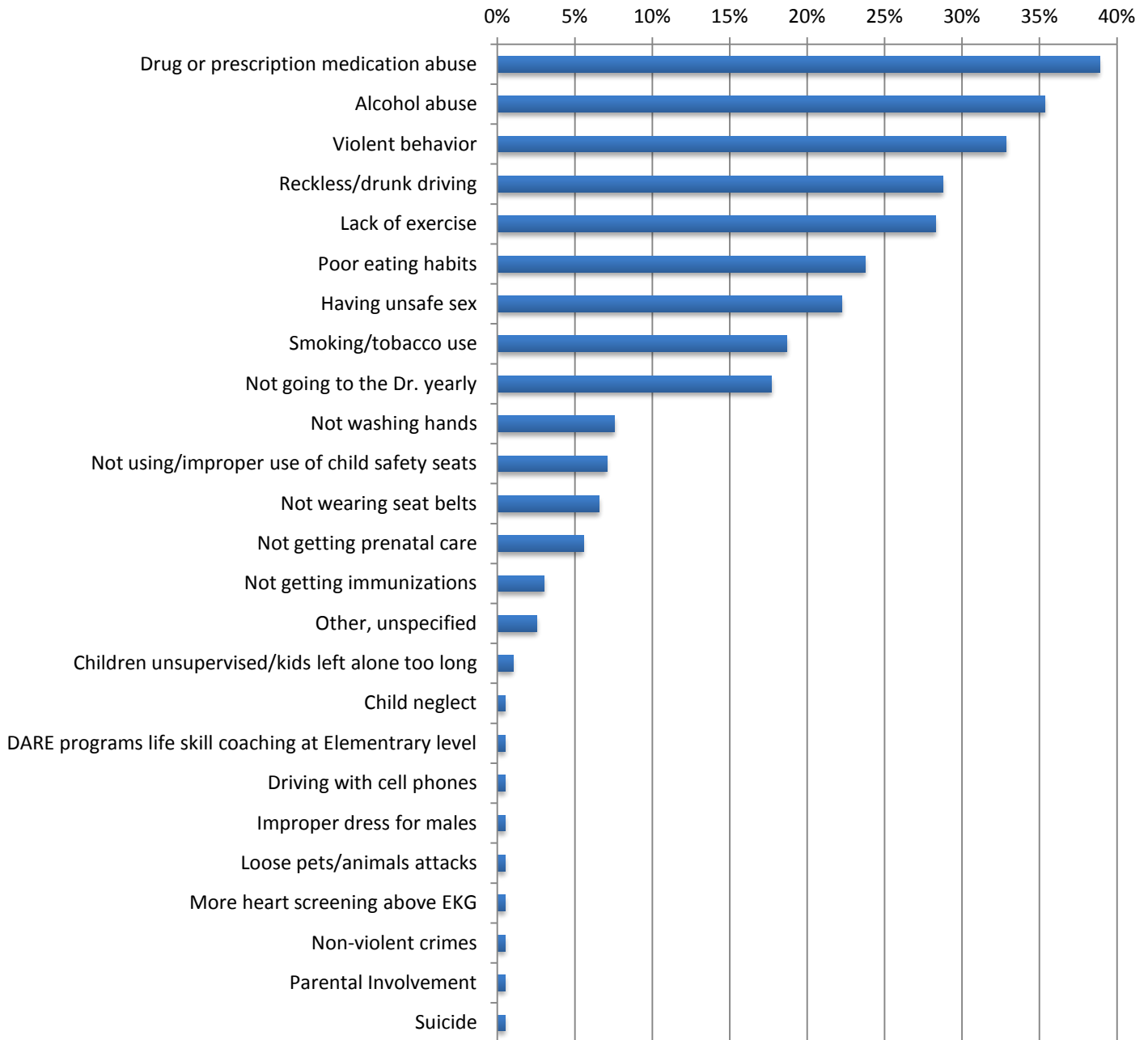
Community Issues

6. These next questions are about community-wide issues that have the largest impact on the overall quality of life in Durham County. Please look at this list of community issues. Keeping in mind yourself and the people in your neighborhood, pick the community issues that have the greatest effect on quality of life in Durham County. Please choose up to 3. Remember this is your opinion and your choices will not be linked to you in any way. If you do not see a community problem you consider one of the most important, please let me know.



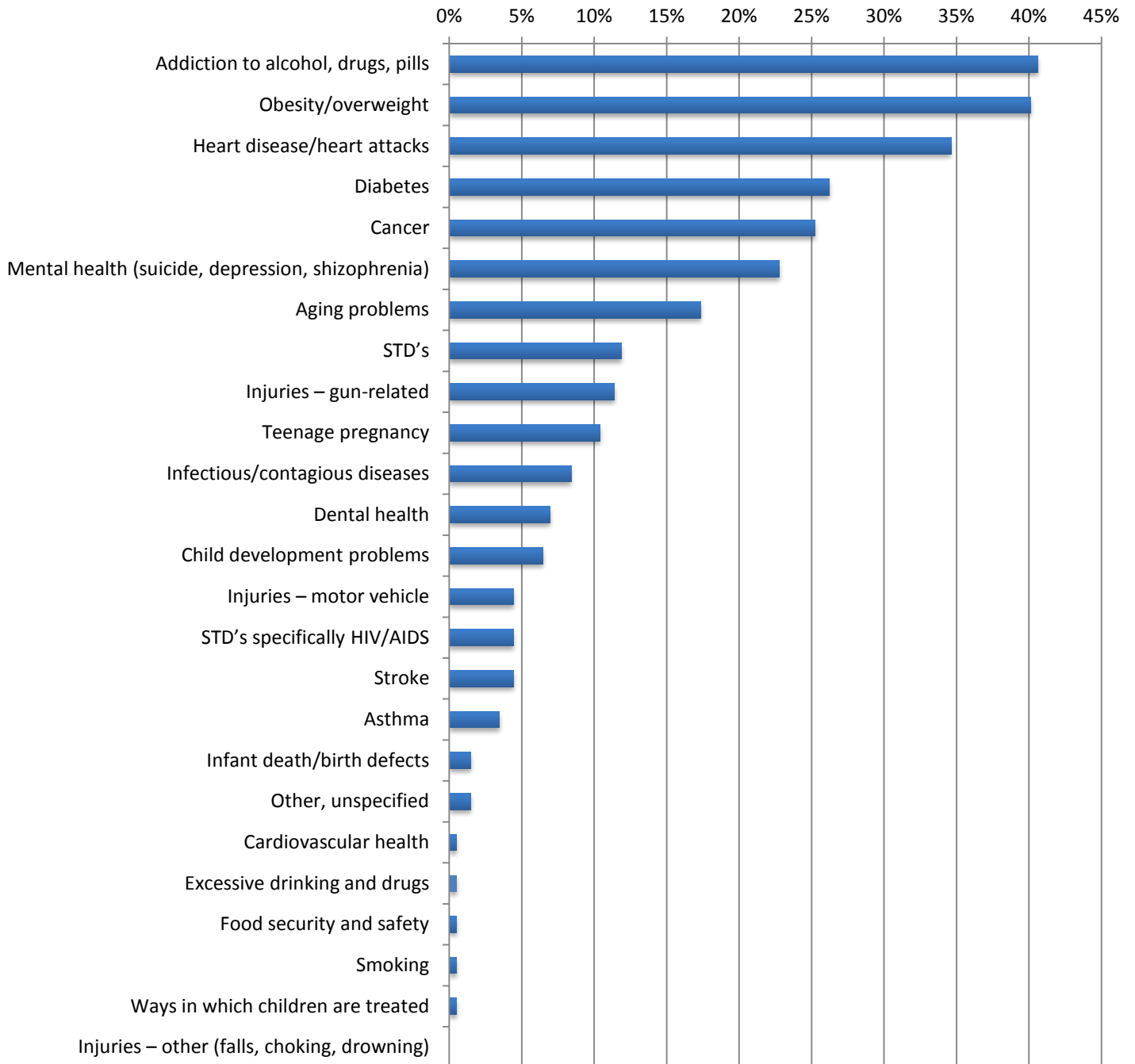
Risky Behaviors

7. These next questions are about risky behaviors that some individuals do that have the largest impact on the community as a whole. Please look at this list of risky behaviors. Keeping in mind yourself and the people in your neighborhood, pick the top unhealthy behaviors in Durham County. Please choose up to 3. Remember this is your opinion and your choices will not be linked to you in any way. If you do not see an unhealthy behavior that you consider one of the most important, please let me know and I will add it in.



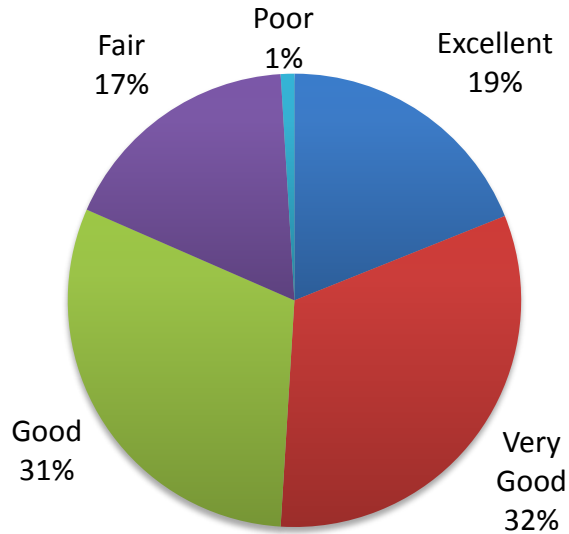
Health Problems

8. Please look at this list of health problems. Keeping in mind yourself and the people in your neighborhood, I would like for you to pick the most important health problems. You can choose up to 3. If you do not see a health problem you consider one of the most important, please let me know.

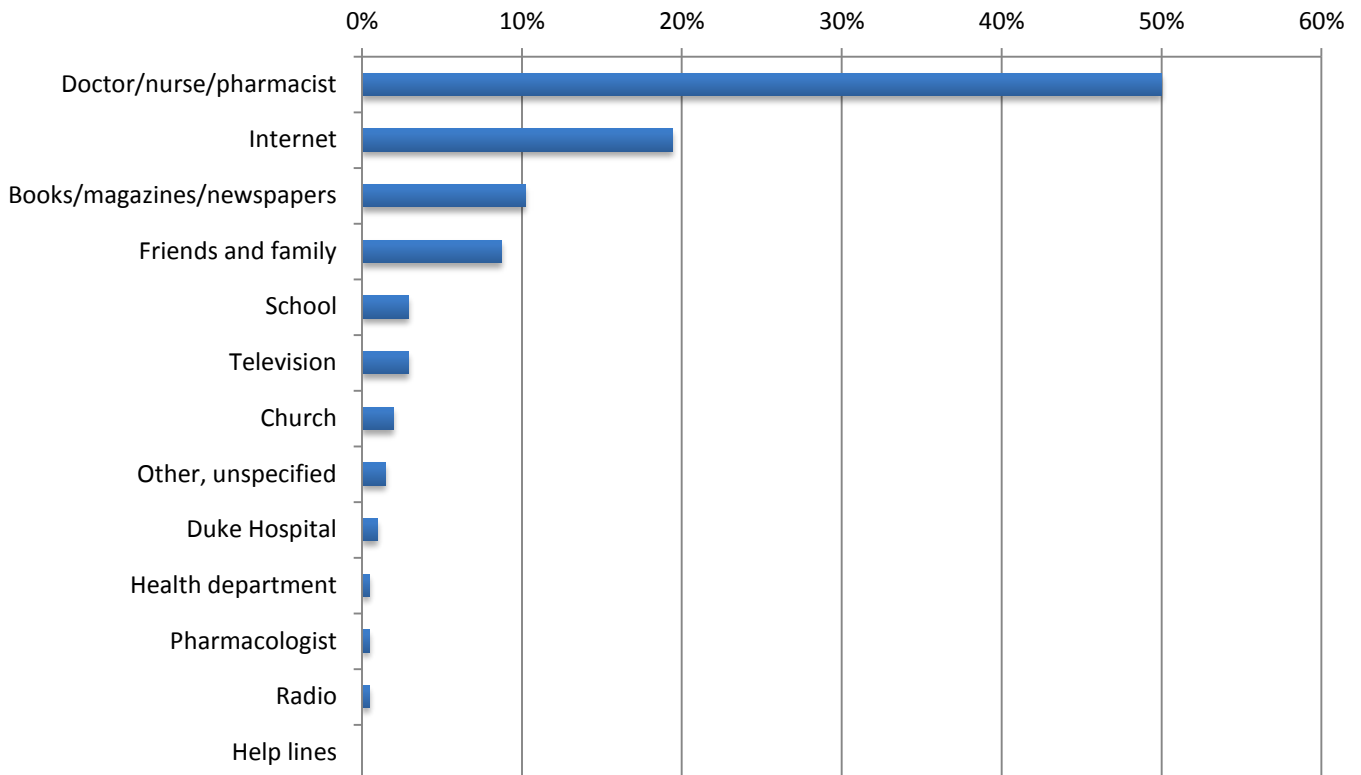


PART 3: Personal Health

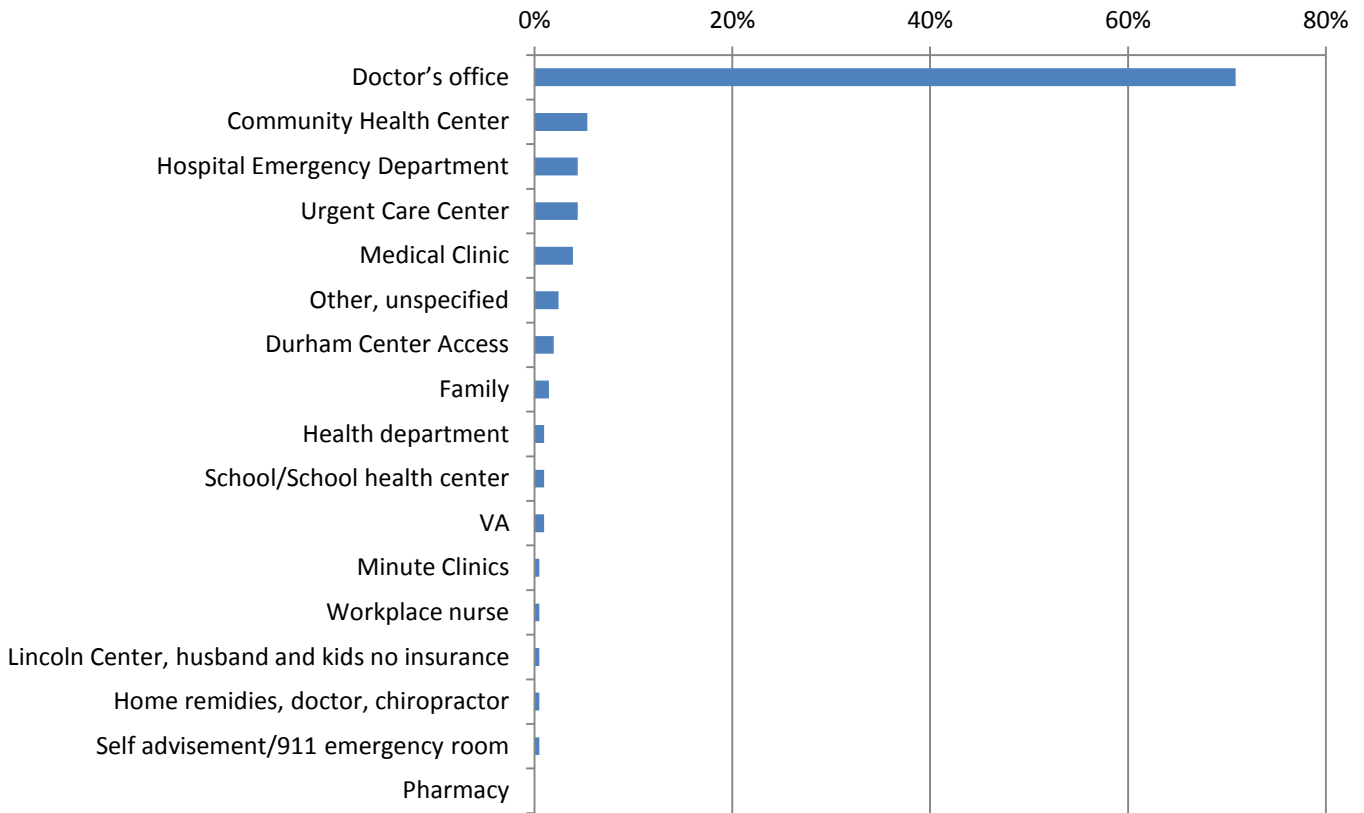
9. How would you rate your own health? Please choose only one of the following:



10. Where do you get most of your health-related information? Please choose only one.

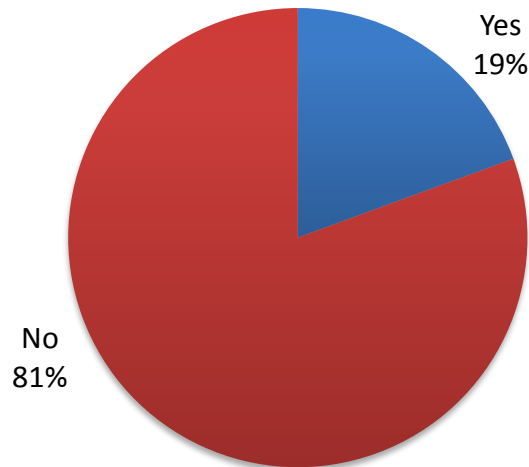


11. Where do you go most often when you are sick or need advice about your health?

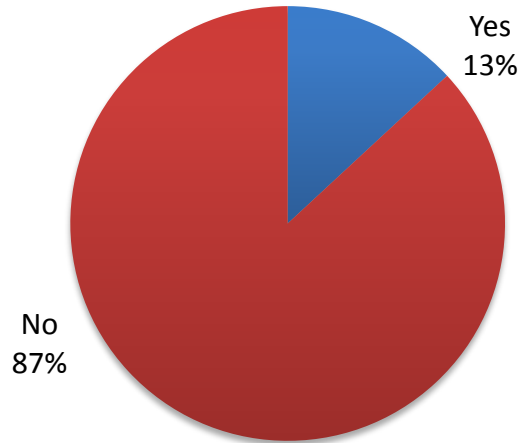


Access to Healthcare

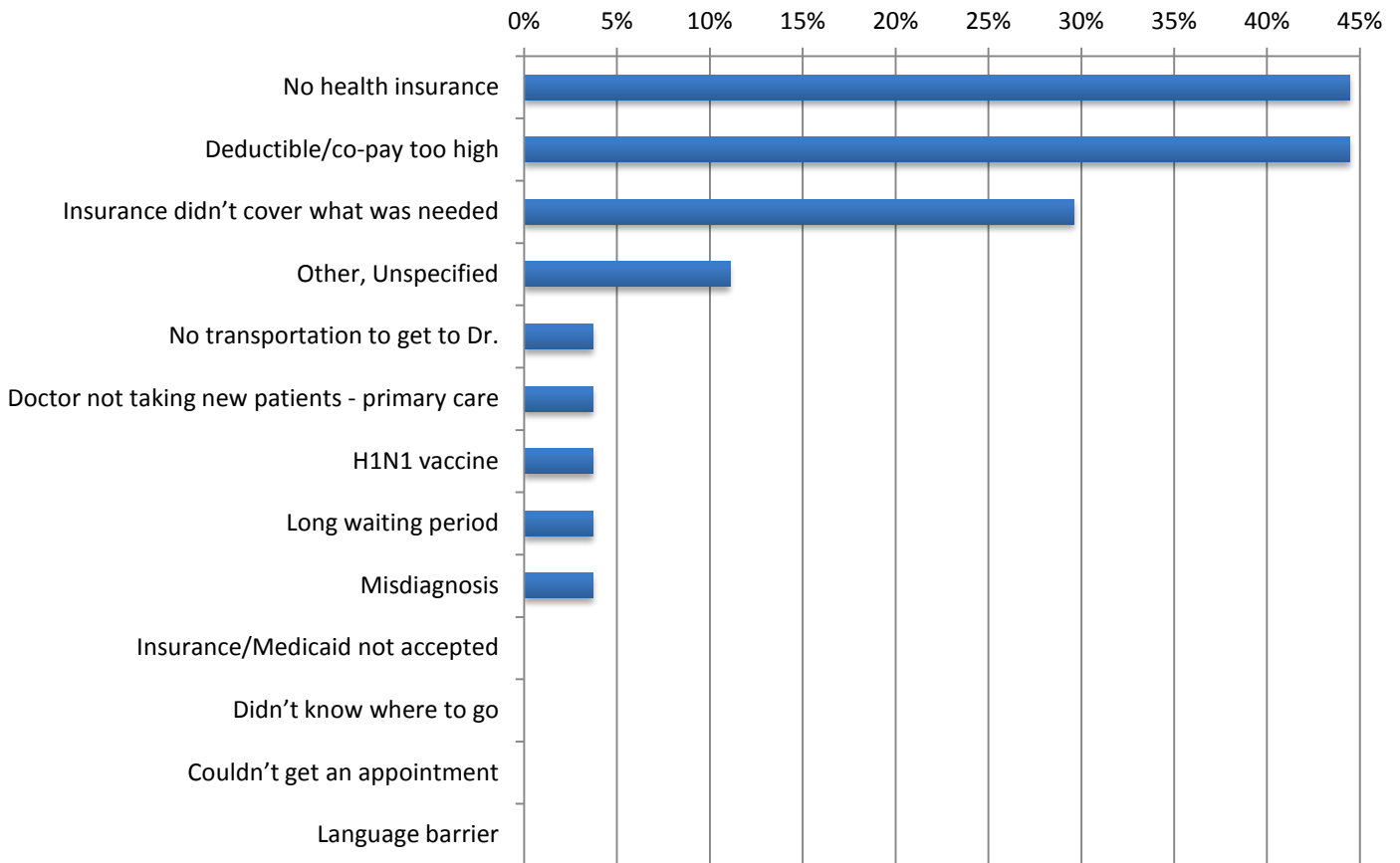
12. During the past 12 months, was there any time that you did not have any health insurance or coverage?



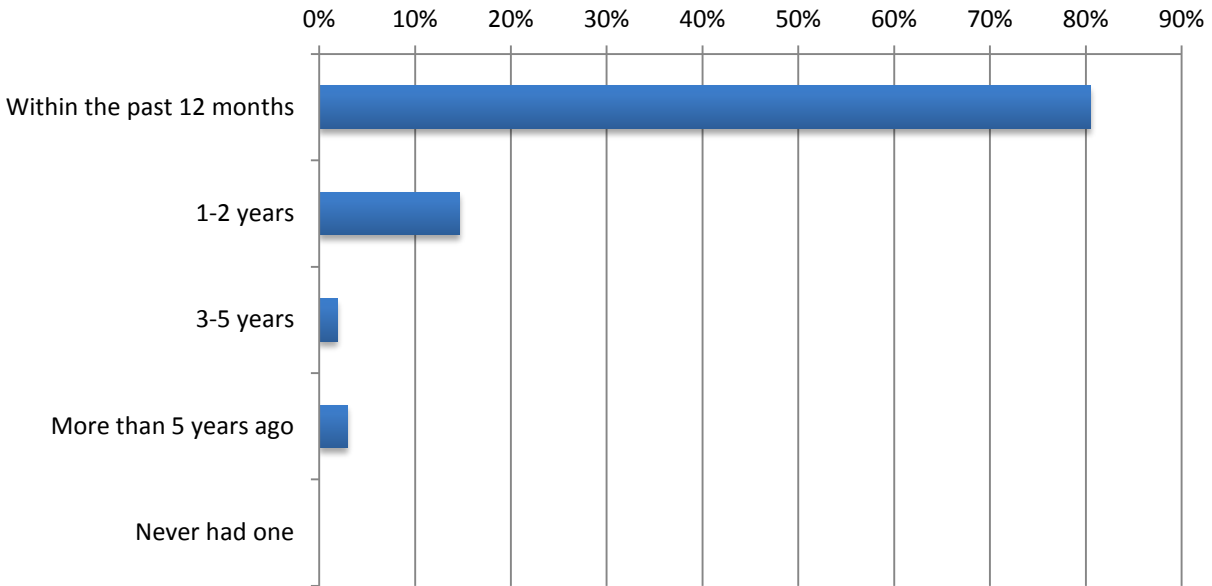
13. In the past 12 months, did you ever have a problem getting the health care you needed from any type of health care provider or facility?



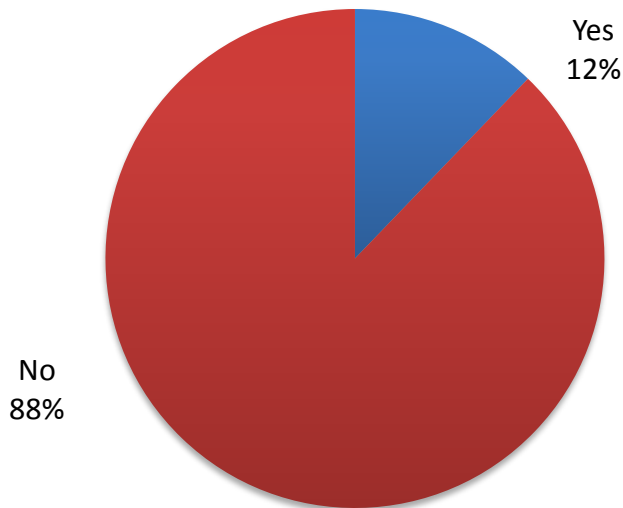
14. Since you said “yes”, which of these problems did you have? You can choose as many of these as you need to. If there was a problem you had that we do not have here, please tell us and I will write it in.



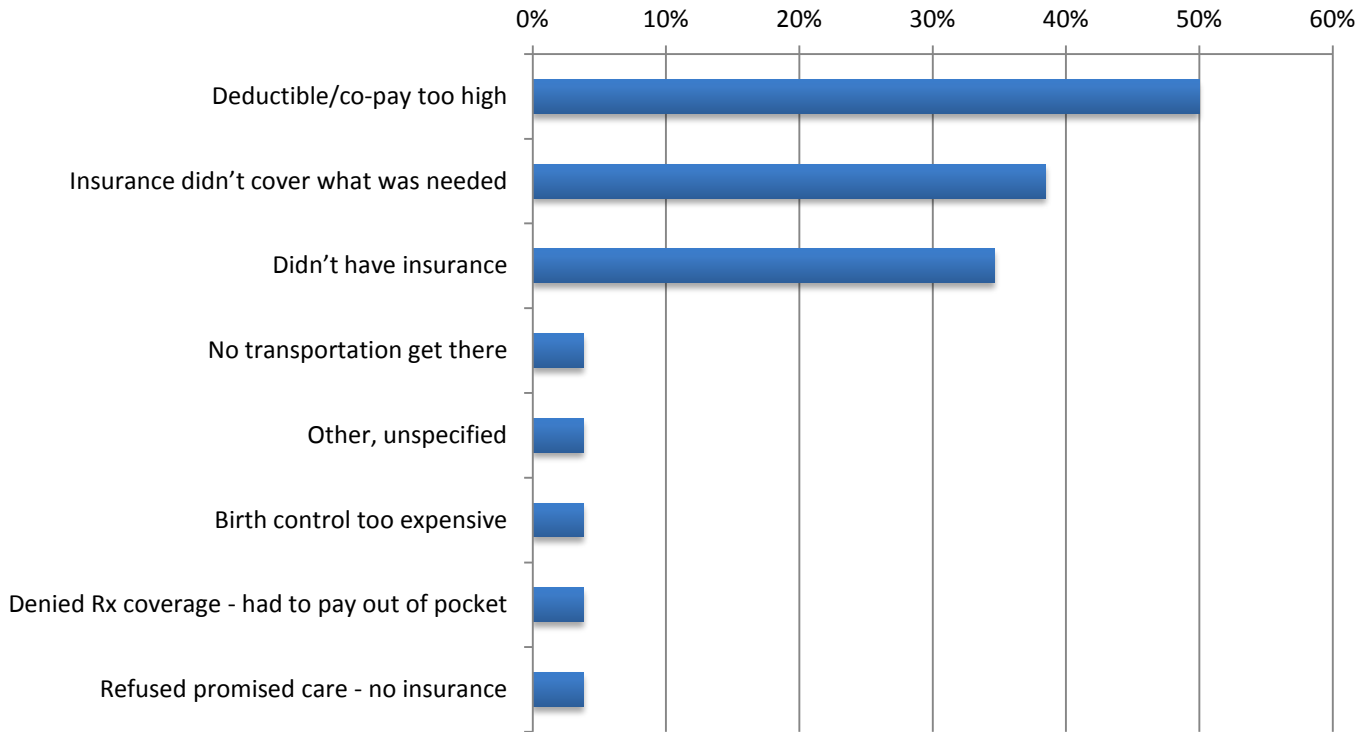
15. About how long has it been since you last visited a doctor or health care provider for a routine physical exam or wellness checkup? Do not include times you visited the doctor because you were sick or pregnant.



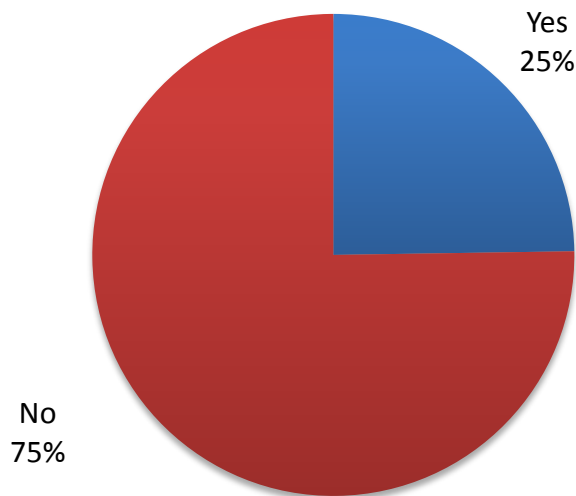
16. In the past 12 months, did you have a problem filling a medically necessary prescription?



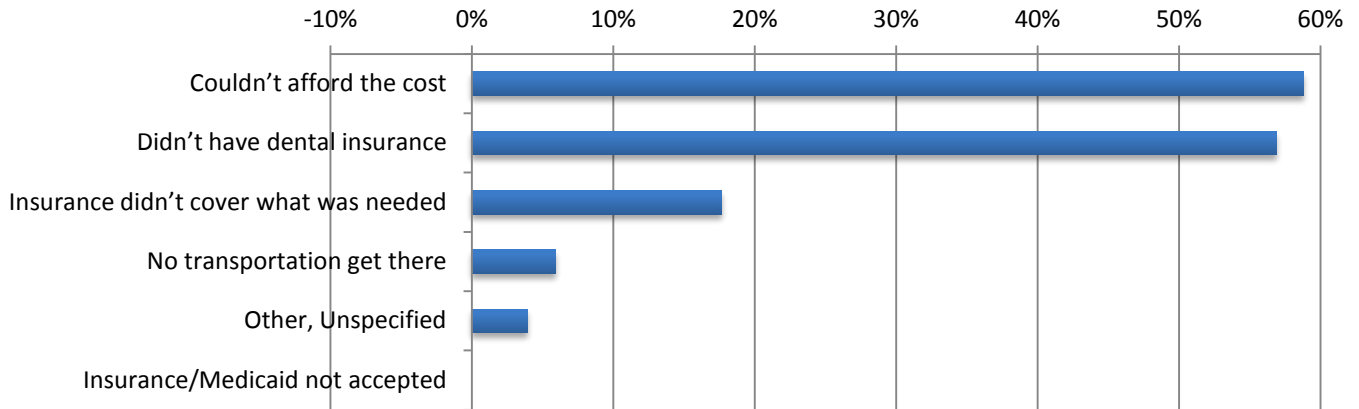
17. Since you said “yes”, which of these problems did you have? You can choose as many of these as you need to. If there was a problem you had that we do not have here, please tell us and I will write it in.



18. Was there a time during the past 12 months when you needed to get dental care, but could not?

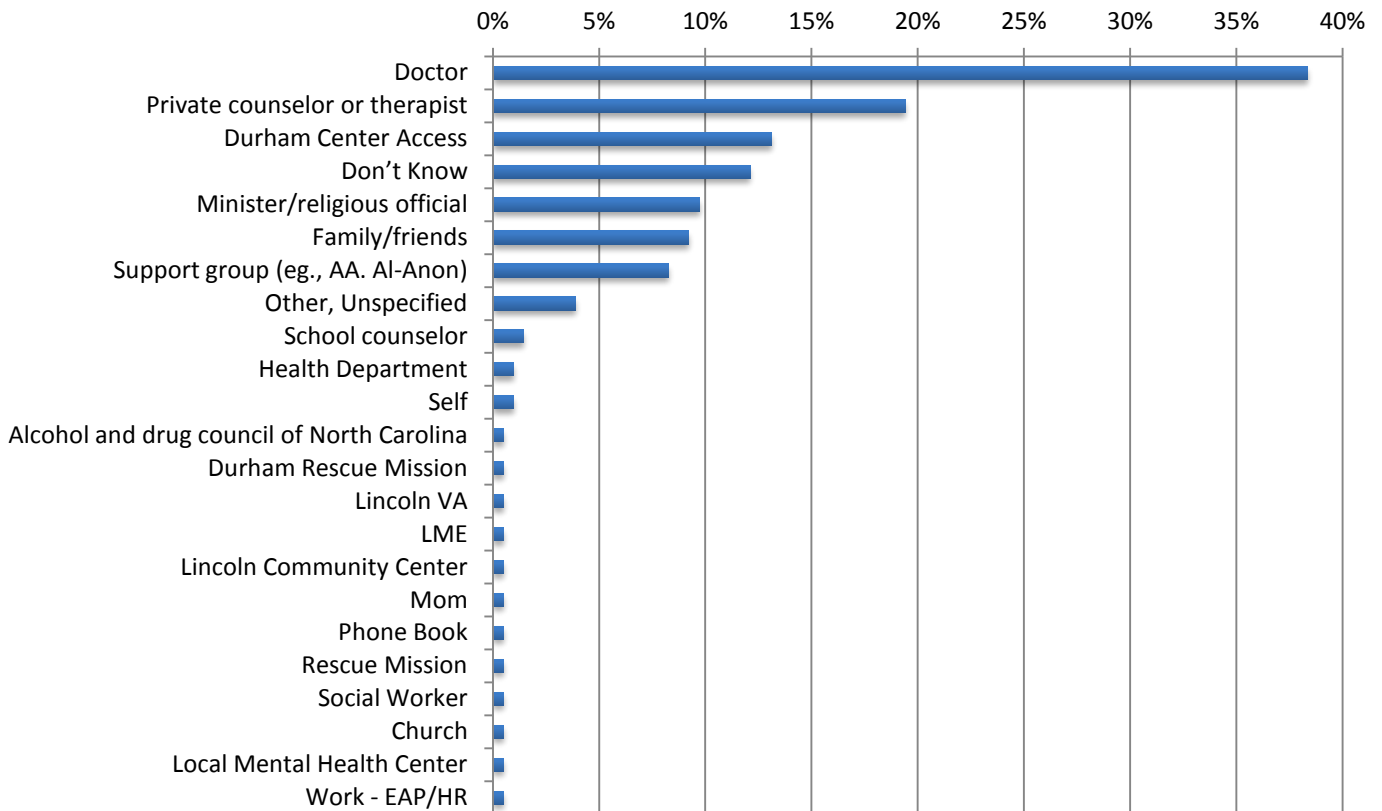


19. Since you said “yes”, why could you not get dental care? You can choose as many of these as you need to. If there was a problem you had that we do not have here, please tell us and I will write it in.

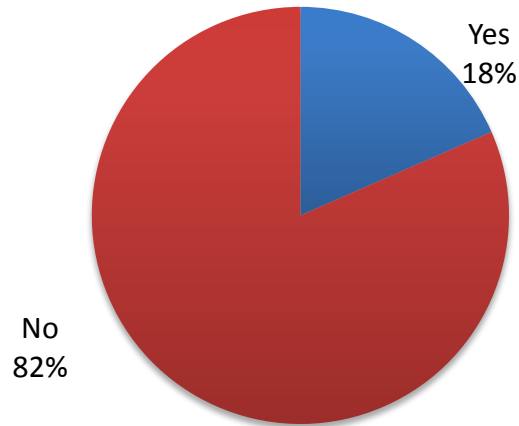


Mental Health

20. If you needed help, or if a friend or family member needed counseling for a mental health or a drug/alcohol abuse problem, who would you tell them to call or talk to?

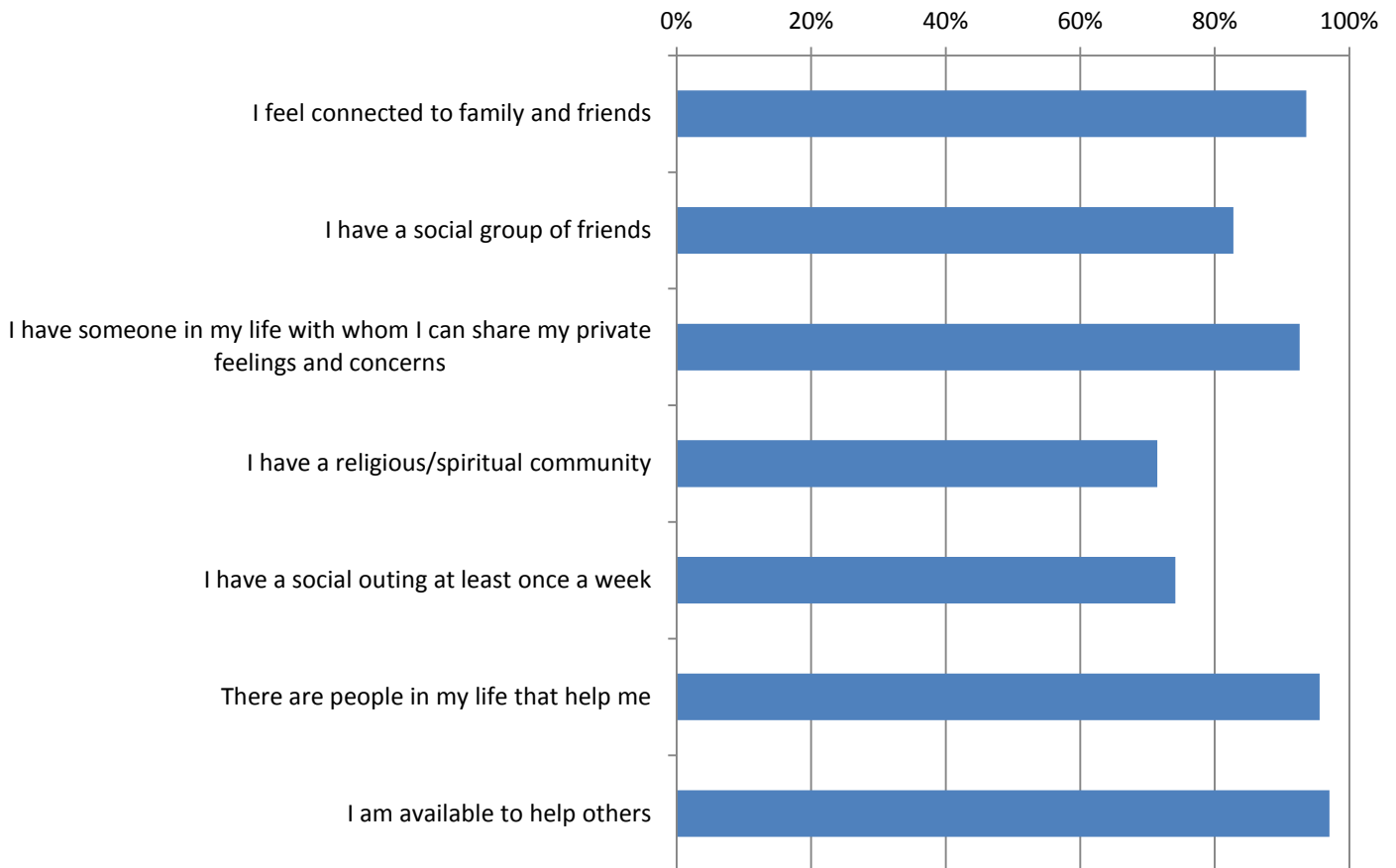


21. In the past 30 days, have there been any days when feeling sad or worried kept you from going about your normal business?



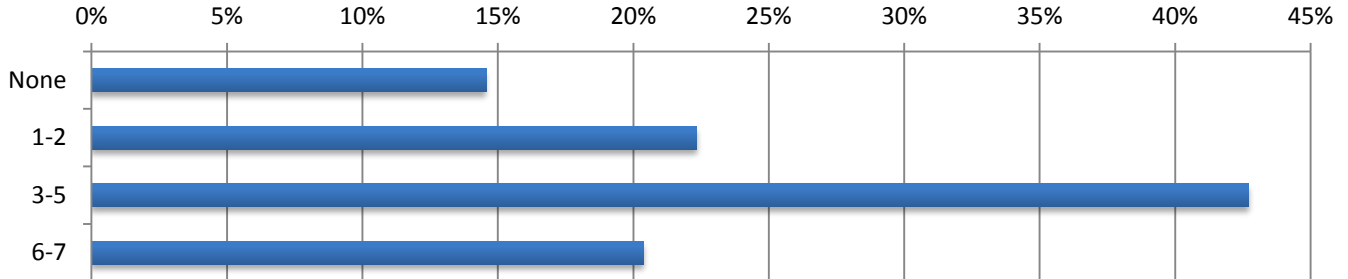
22. Please answer yes or no to the following:

Percent who answered “Yes” to each statement

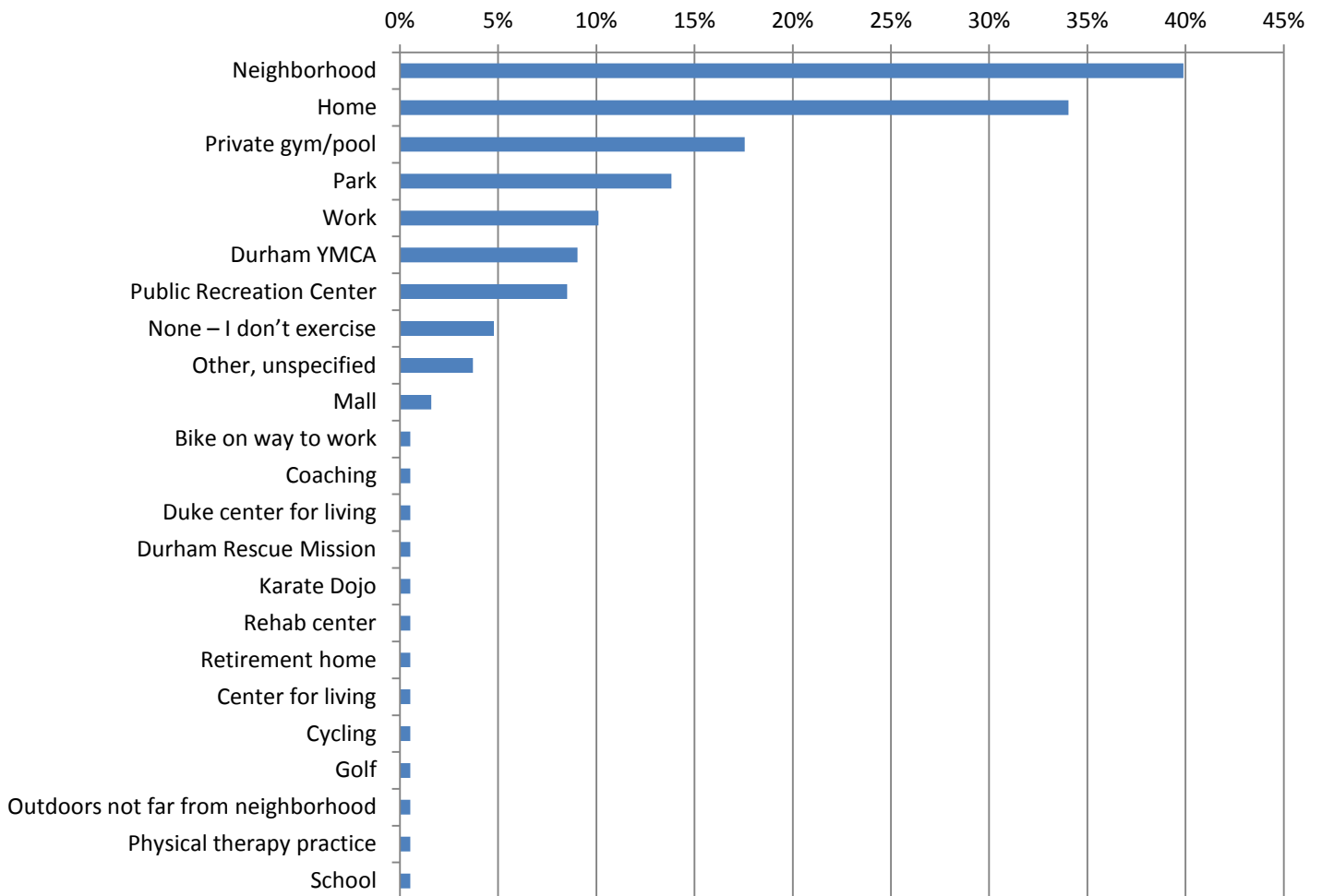


Exercise

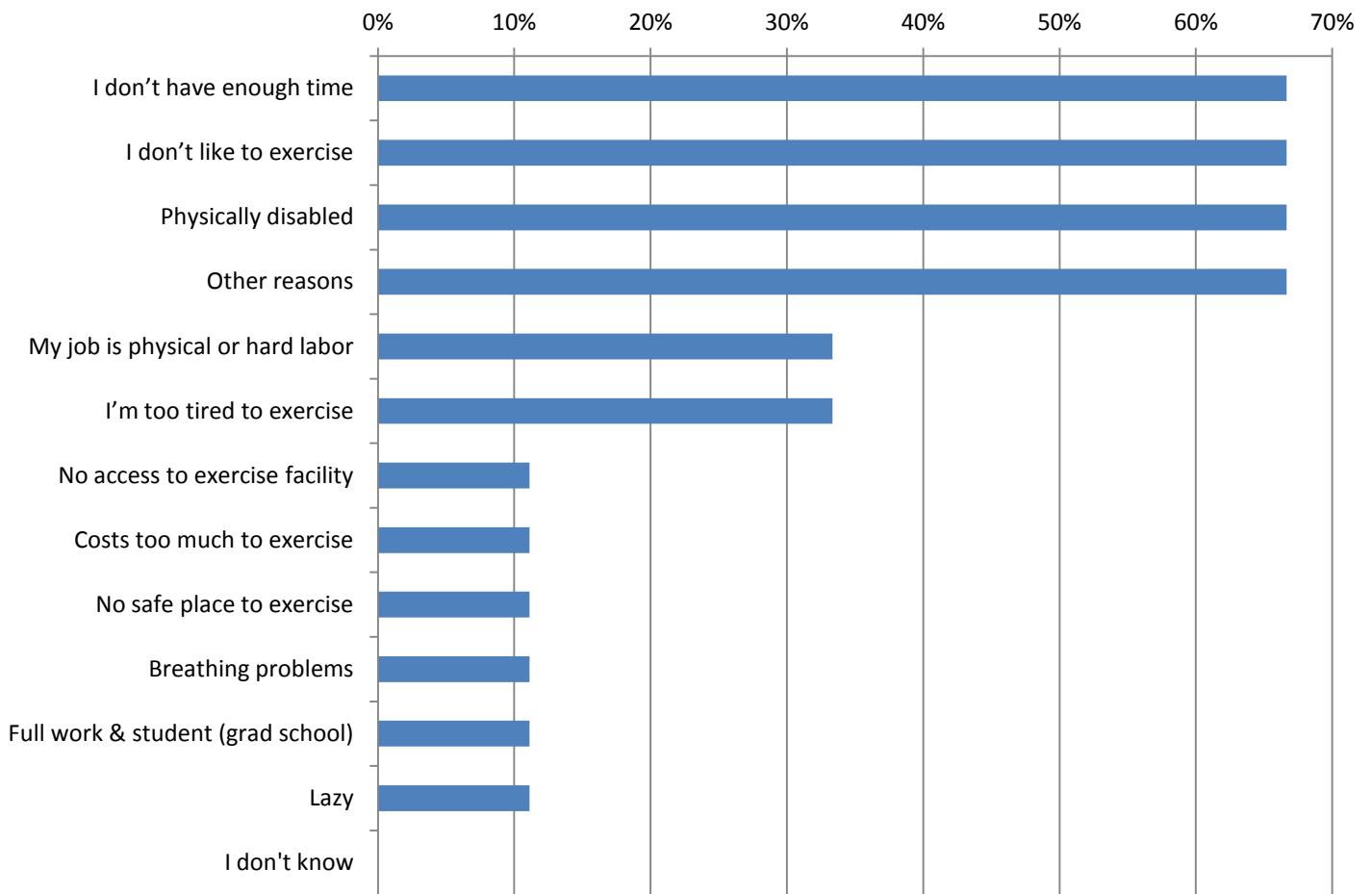
23. In a typical week, how many days would you say you engage in a physical activity that lasts at least 20 – 30 minutes?



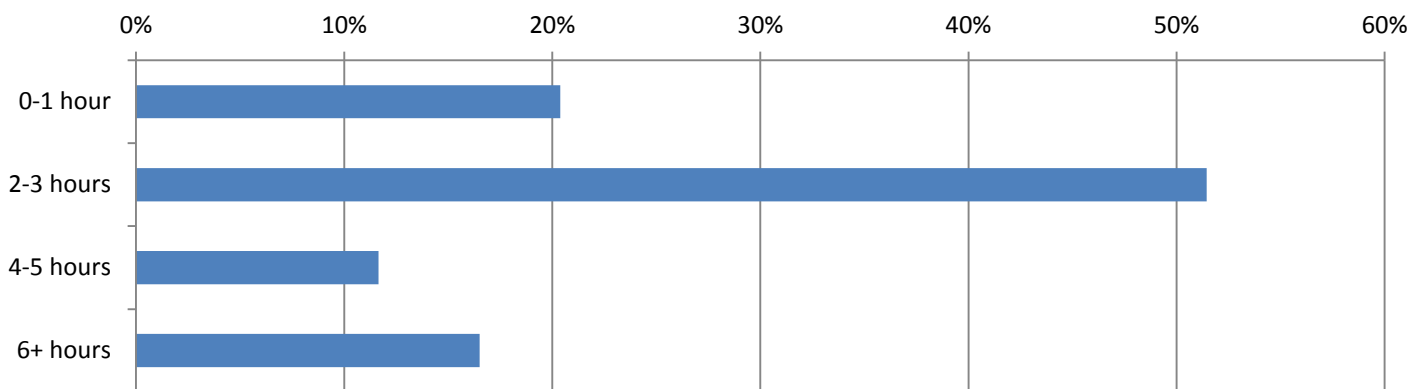
24. Where do you go to exercise or engage in physical activity? Check all that apply



25. If you said “none”, what are the reasons you do not exercise for 20-30 minutes during a normal week? You can give as many of these reasons as you need to.

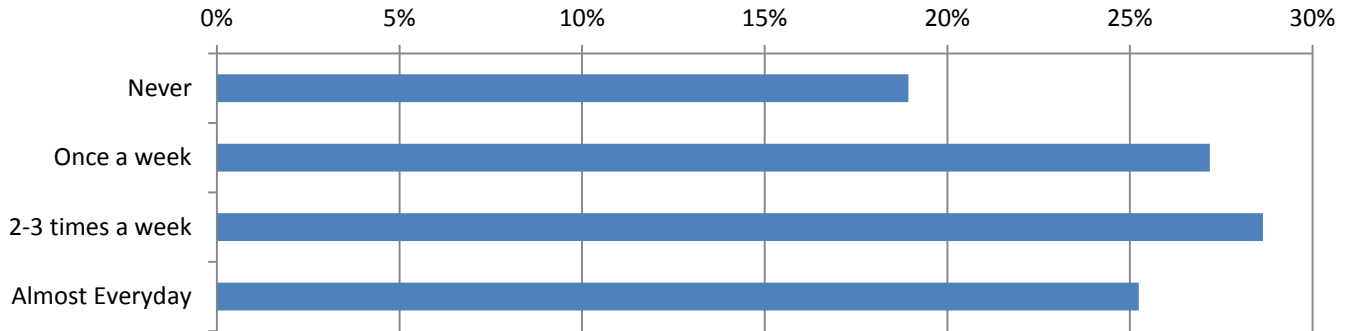


26. How many hours per day do you watch TV, play video games, or use the computer for recreation?

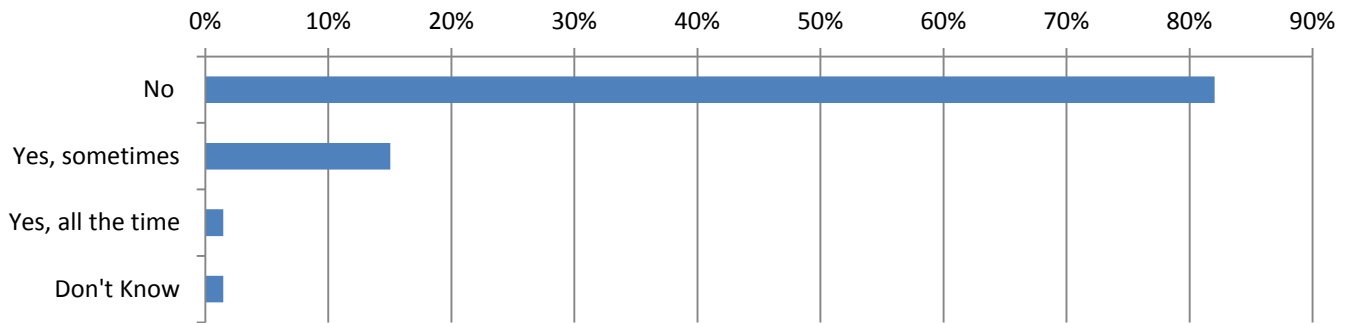


Diet

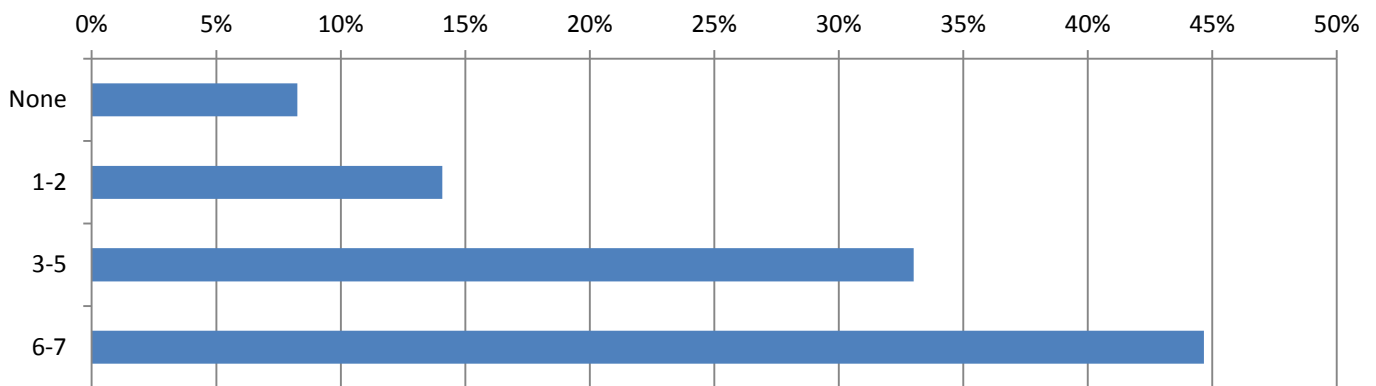
27. Thinking about breakfast, lunch, and dinner, how many times a week do you eat meals that were not prepared at home, like from restaurants, cafeterias, or fast food?



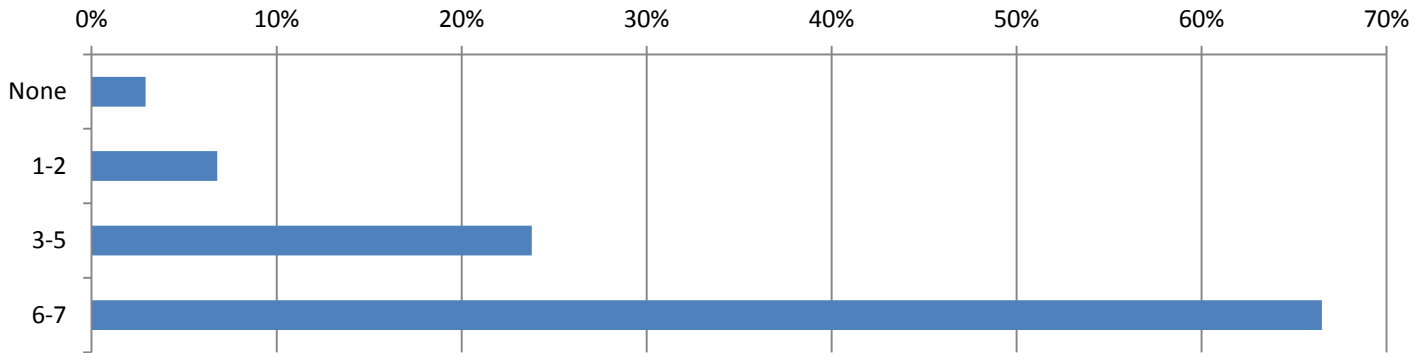
28. In the last 12 months, did you ever cut the size of your meals, skip meals, or cut back on food because there wasn't enough money for food?



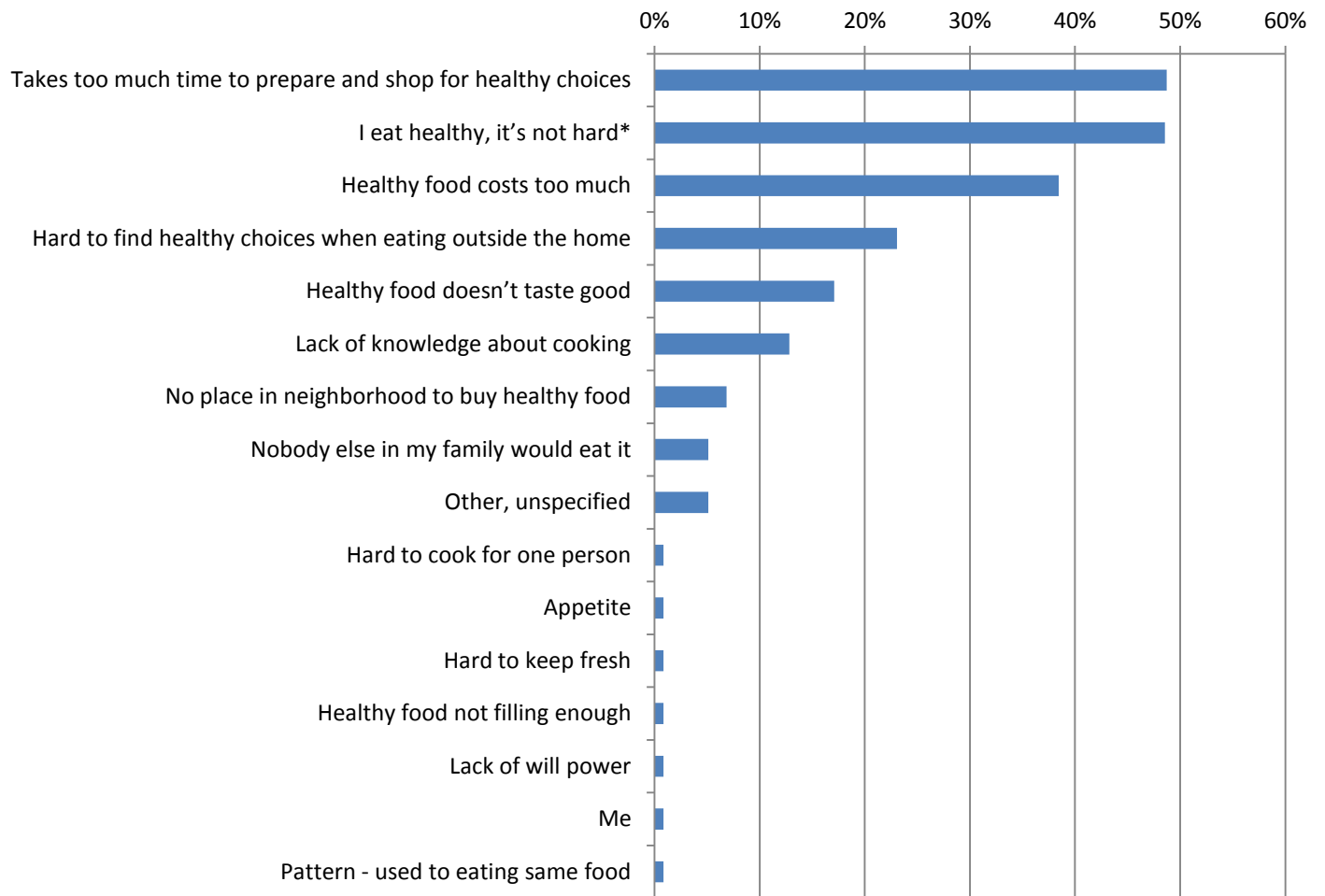
29. Not counting juice, how many days do you eat fruit in an average week?



30. How many days do you eat vegetables in an average week?

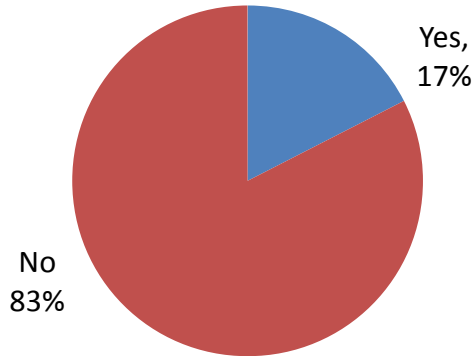


31. What do you think makes it hard for you to eat healthy? Tell me all that apply.

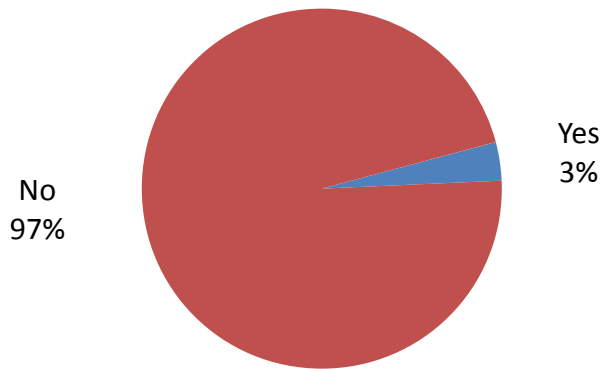


Smoking

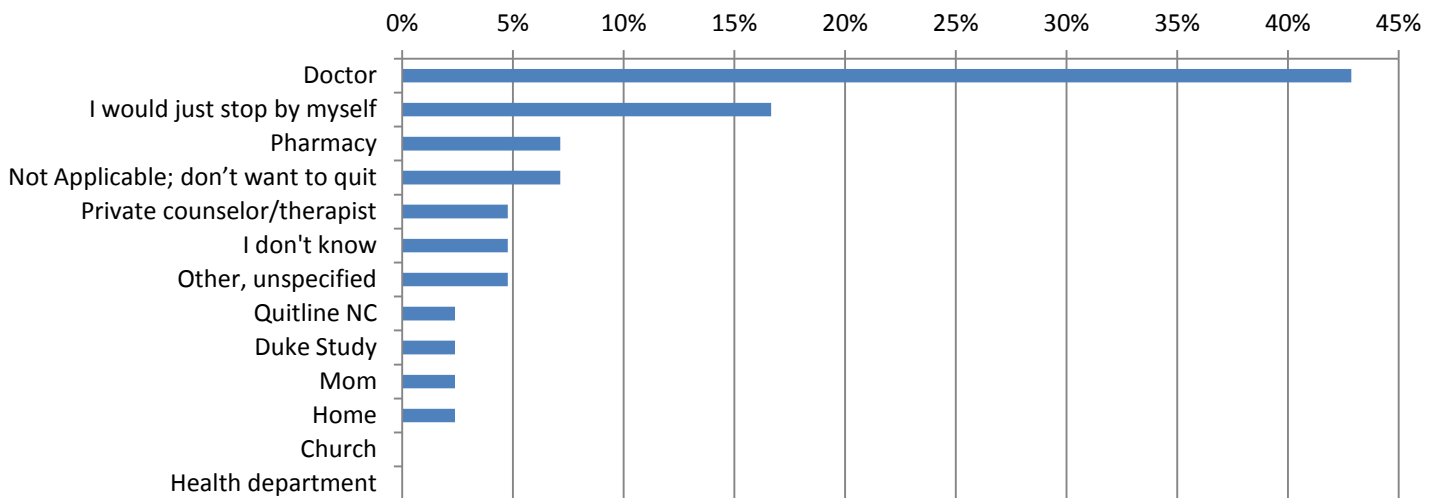
32. Do you currently smoke?



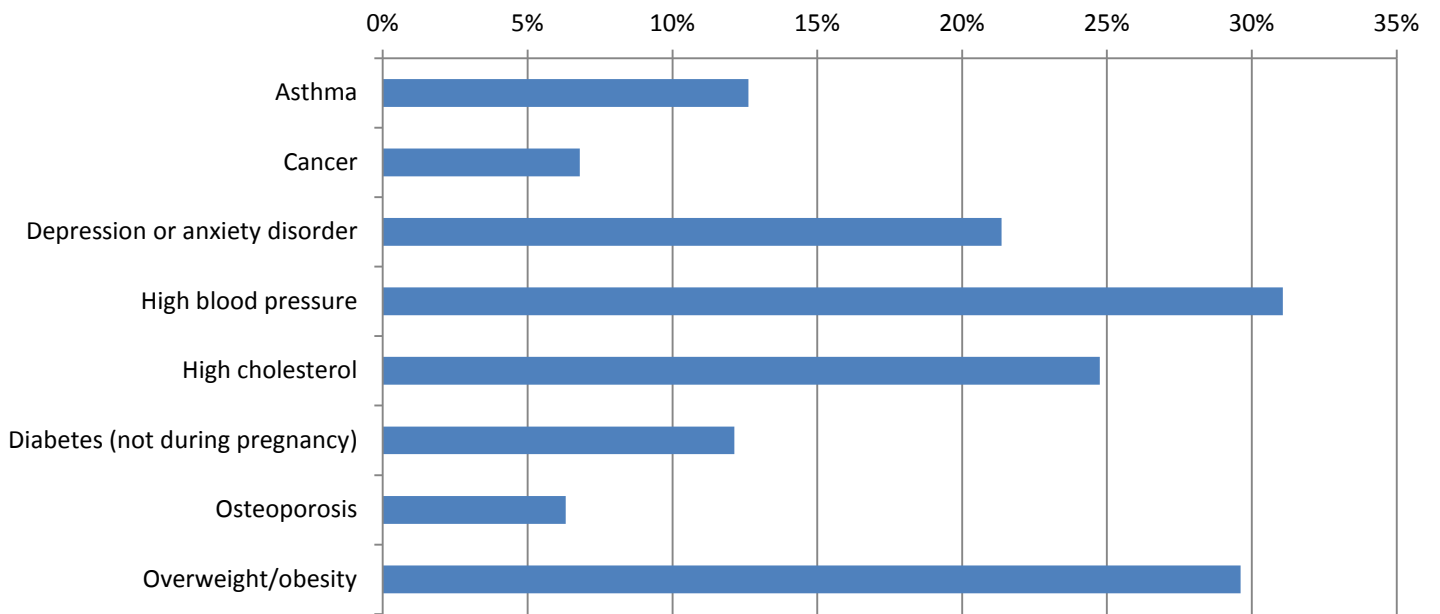
33. Do you currently use chewing tobacco?



34. If yes, where would you go for help if you wanted to quit?

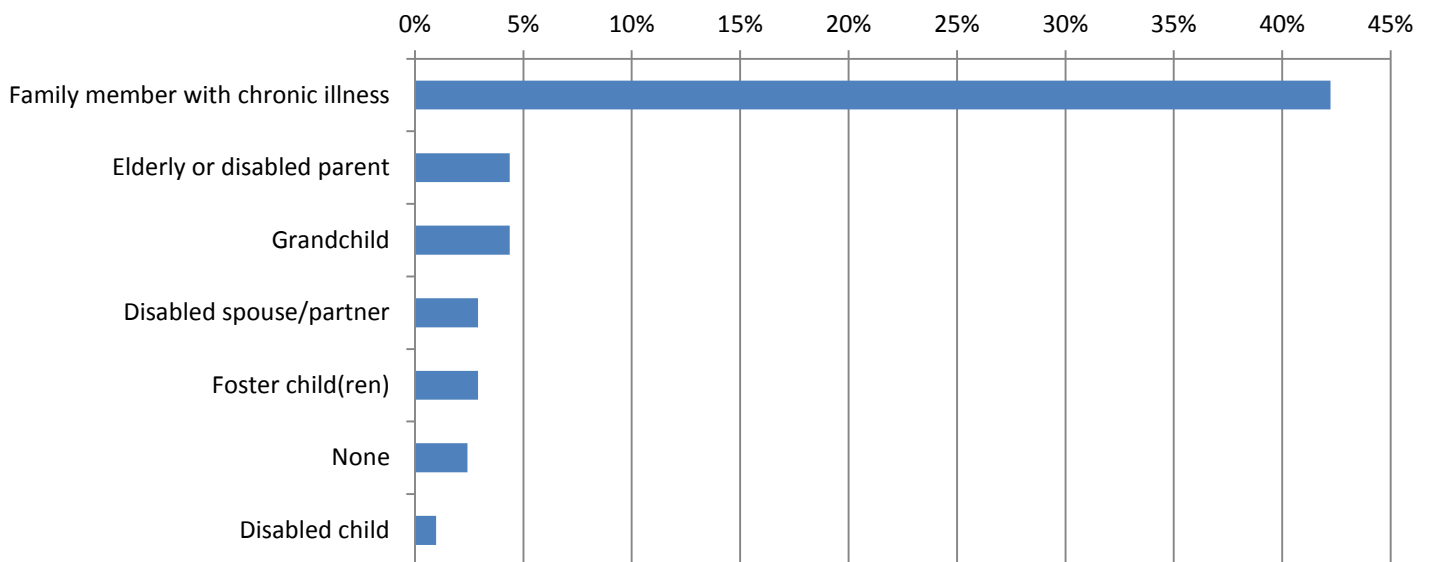


35. Have you ever been told by a doctor, nurse, or other health professional that you have any of the conditions I am about to read?

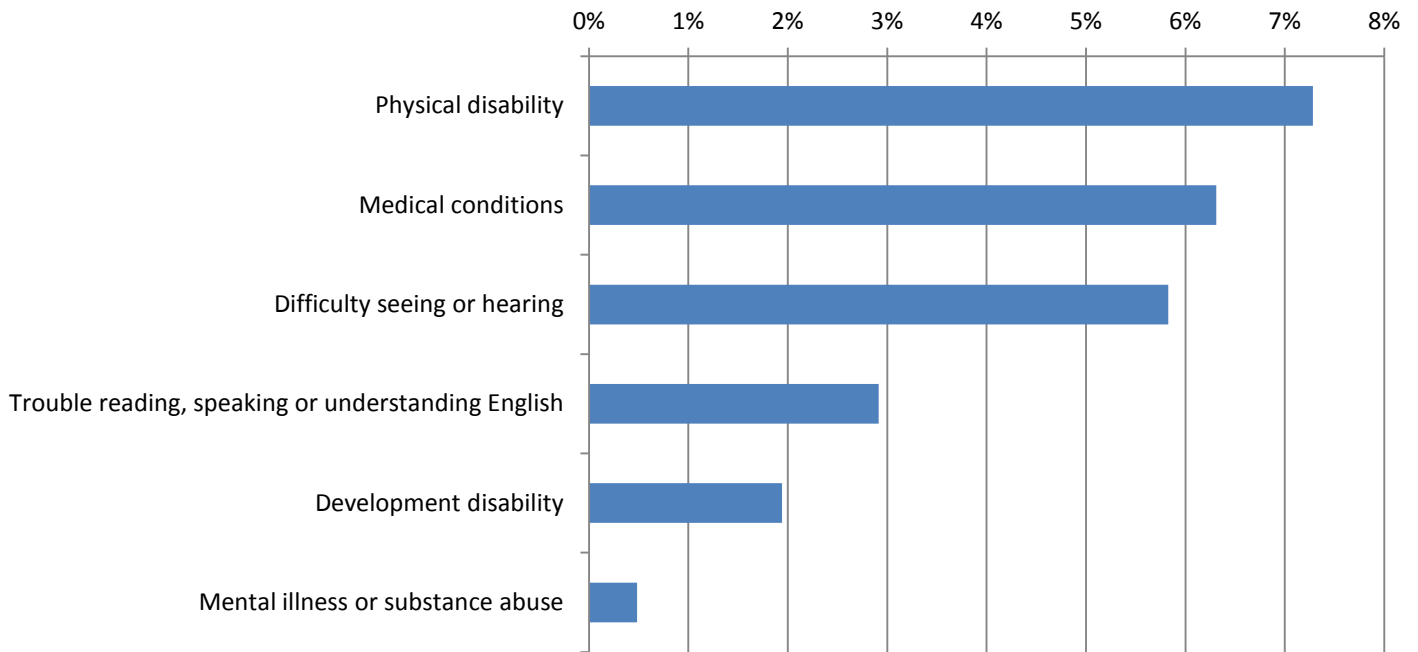


Household

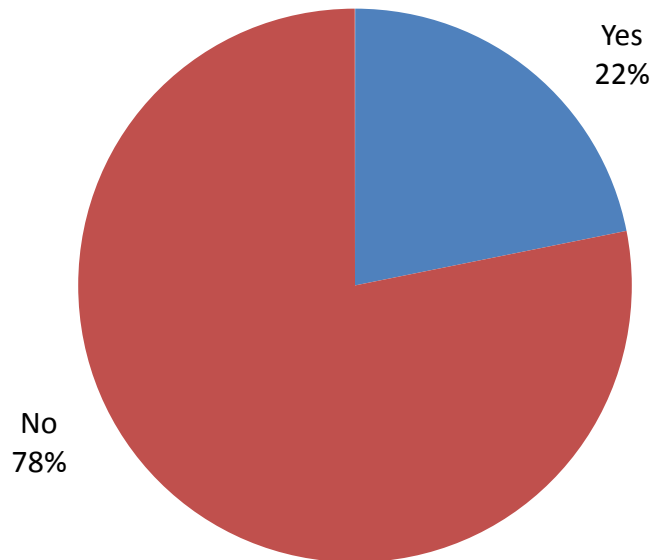
36. Are you currently caring for:



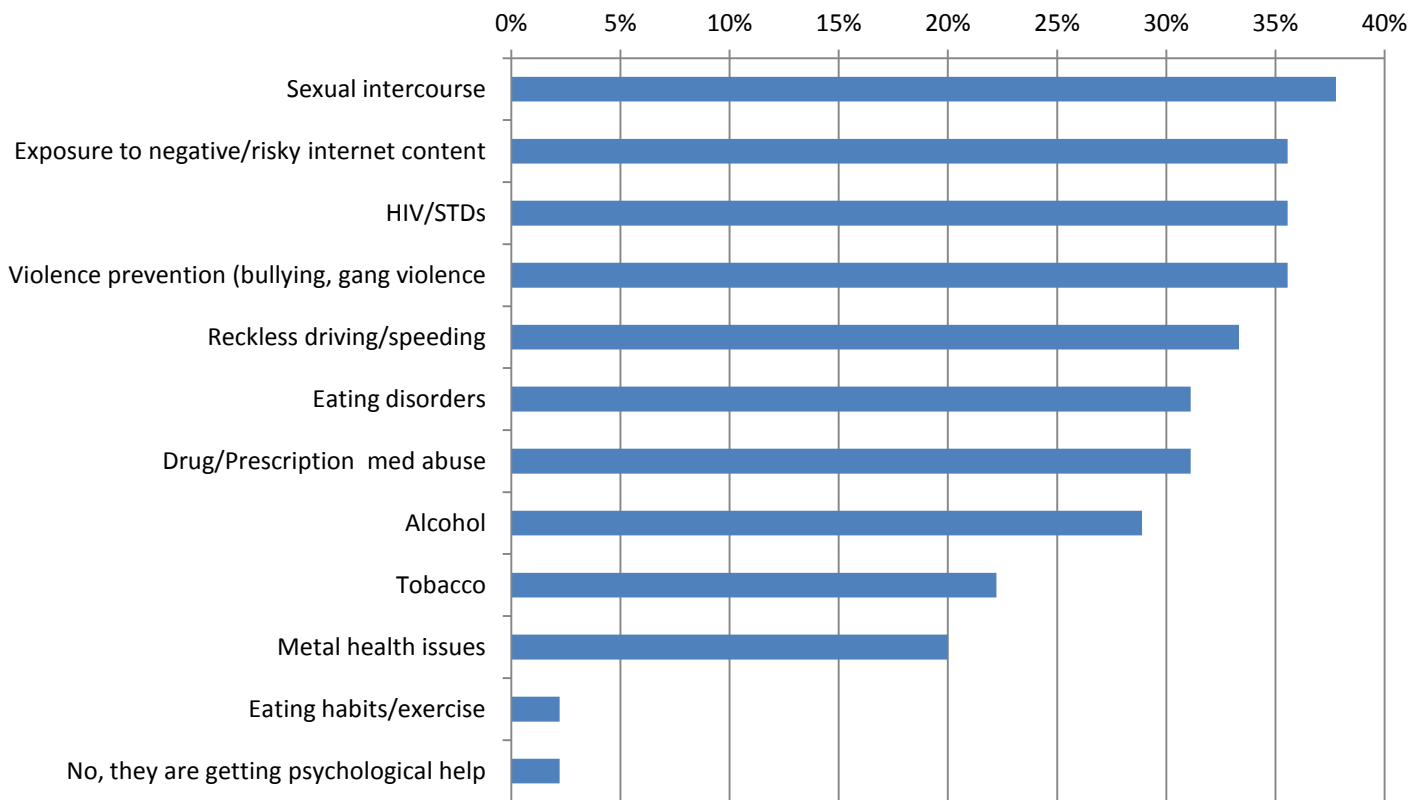
37. Does anyone in your household, including yourself, need support to be independent in daily activities because of a:



38. Do you have children between the ages of 9 and 19?

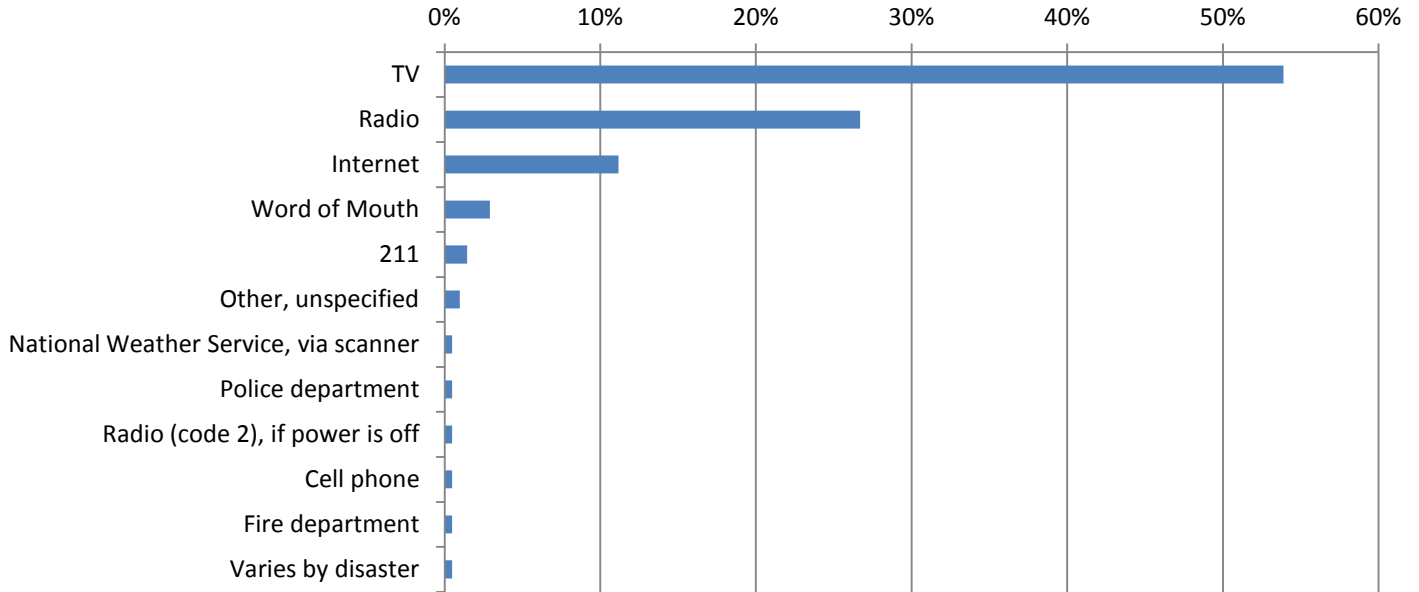


39. Do you think any of your children could use more information on any of the following risky behaviors I am about to read?

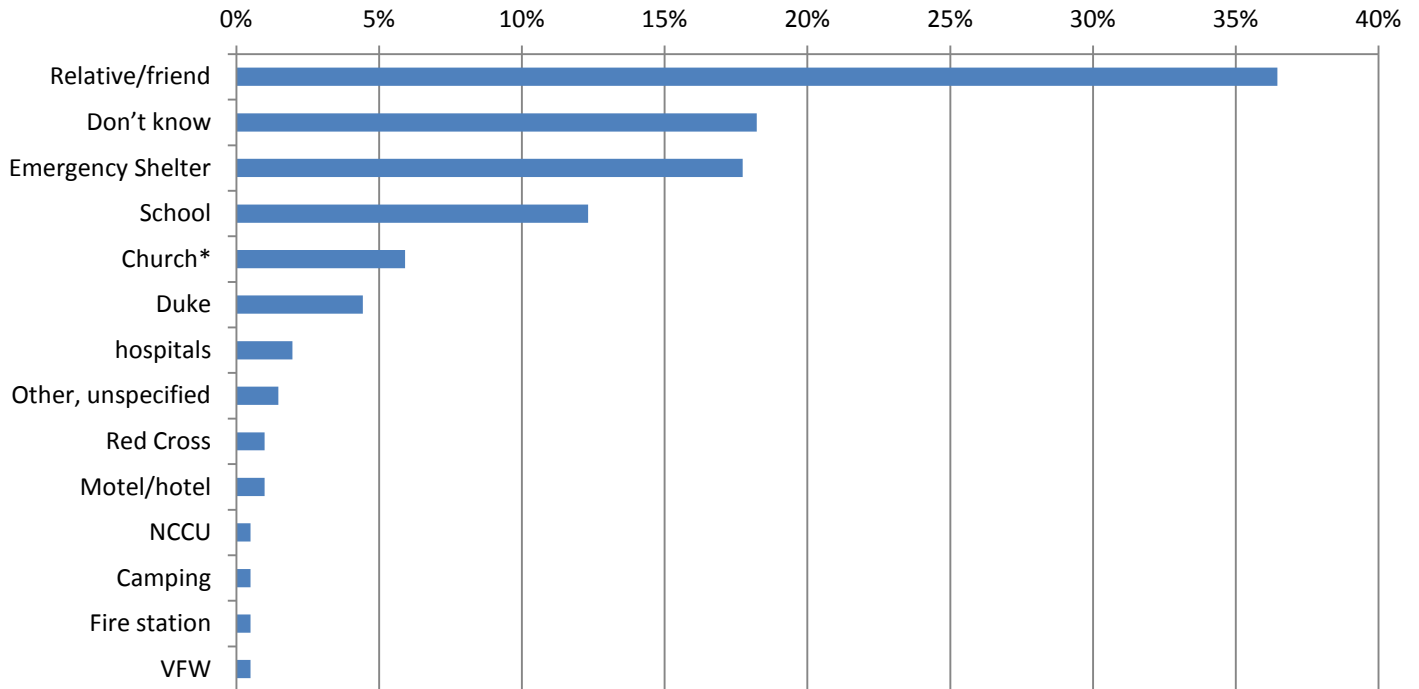


PART 4: Emergency Preparedness

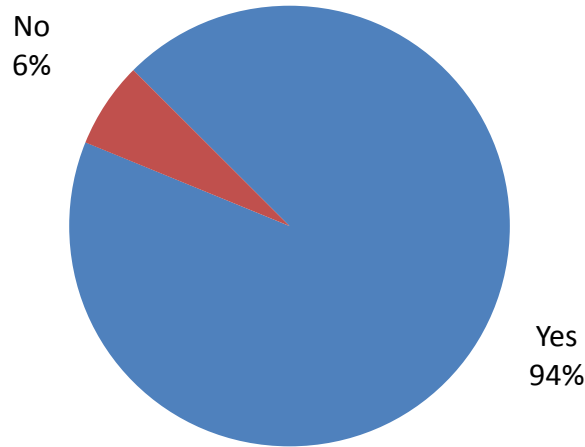
40. In a disaster, what would you rely on the most for information?



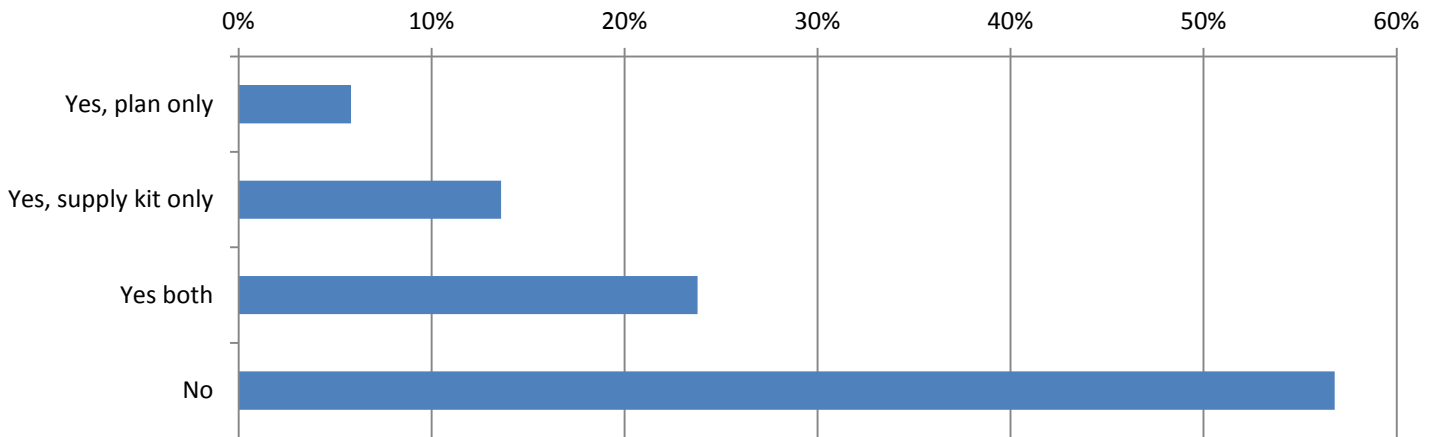
41. If you couldn't remain in your house, where would you go in a community-wide emergency?



42. If there was an emergency, do you have transportation to get to someplace safe?

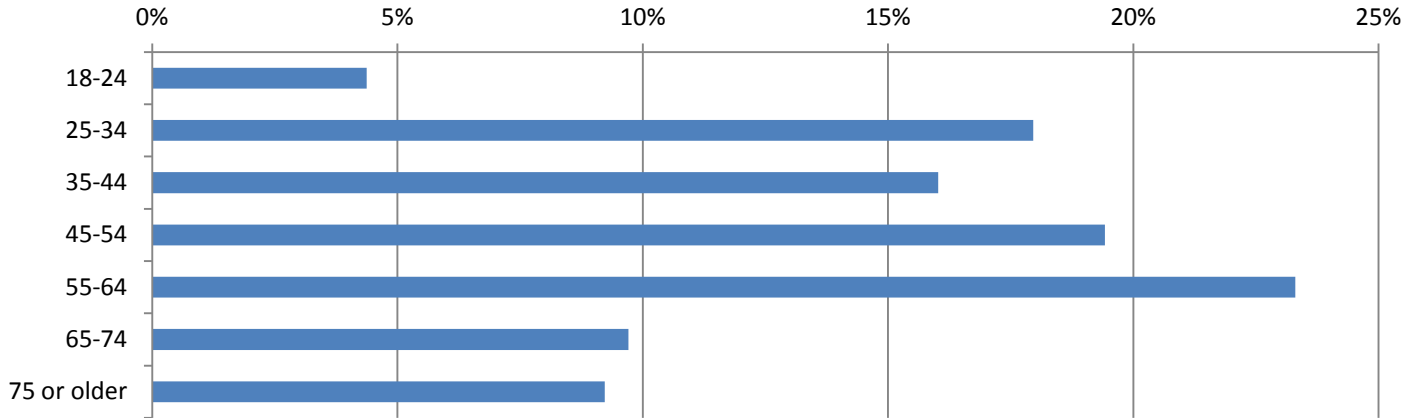


43. Does your household have a family emergency plan and emergency supply kit?

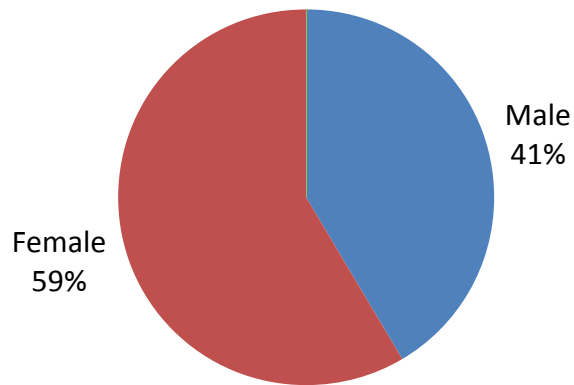


PART 5: Demographic Questions

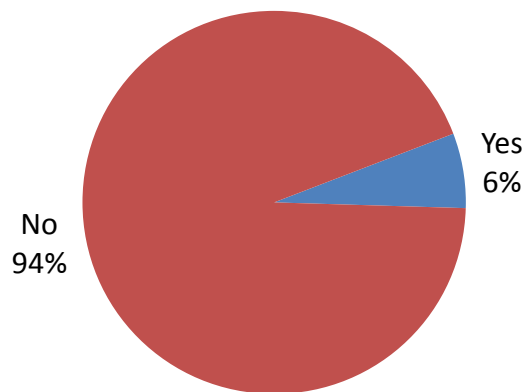
44. How old are you? (Mark age category.)



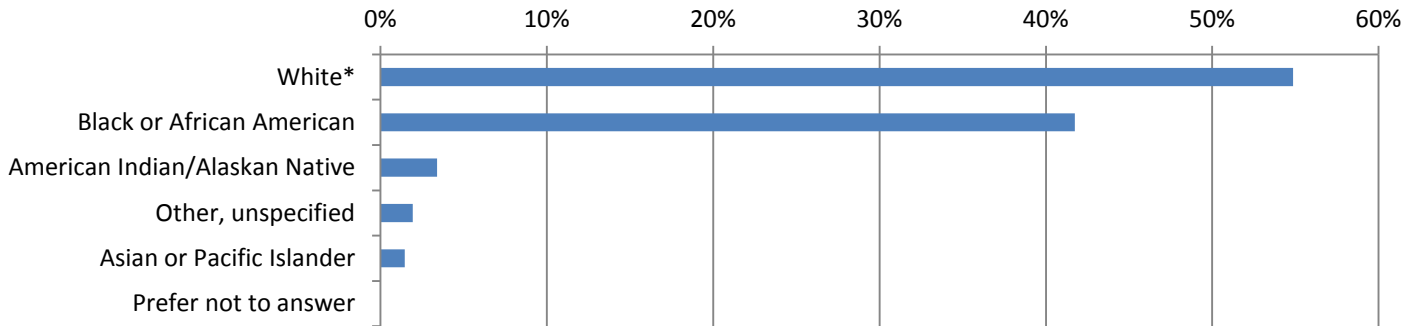
45. What is your gender?



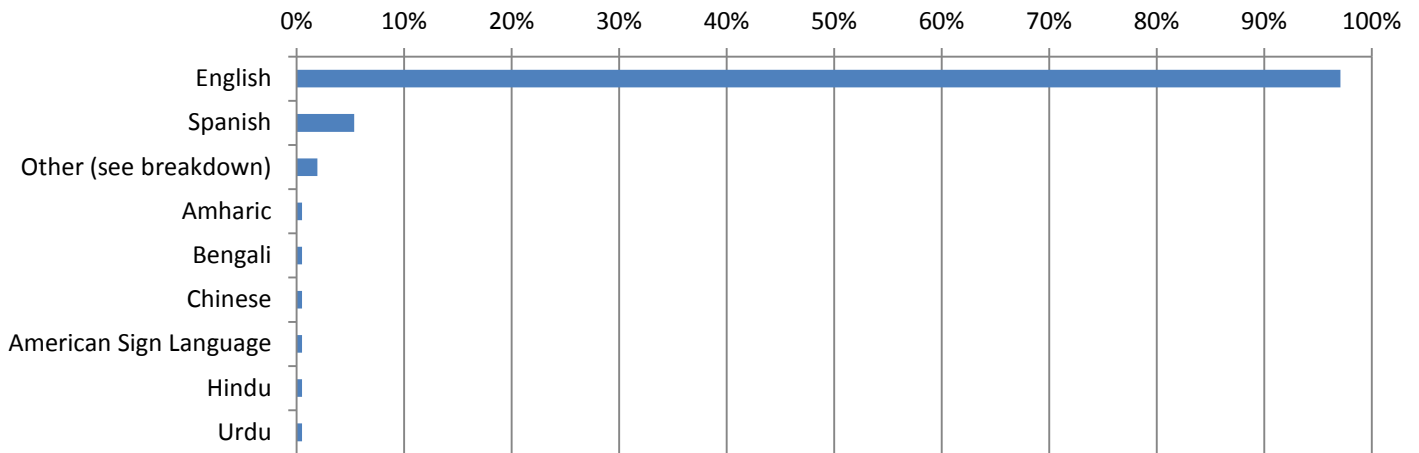
46. Are you Hispanic or Latino?



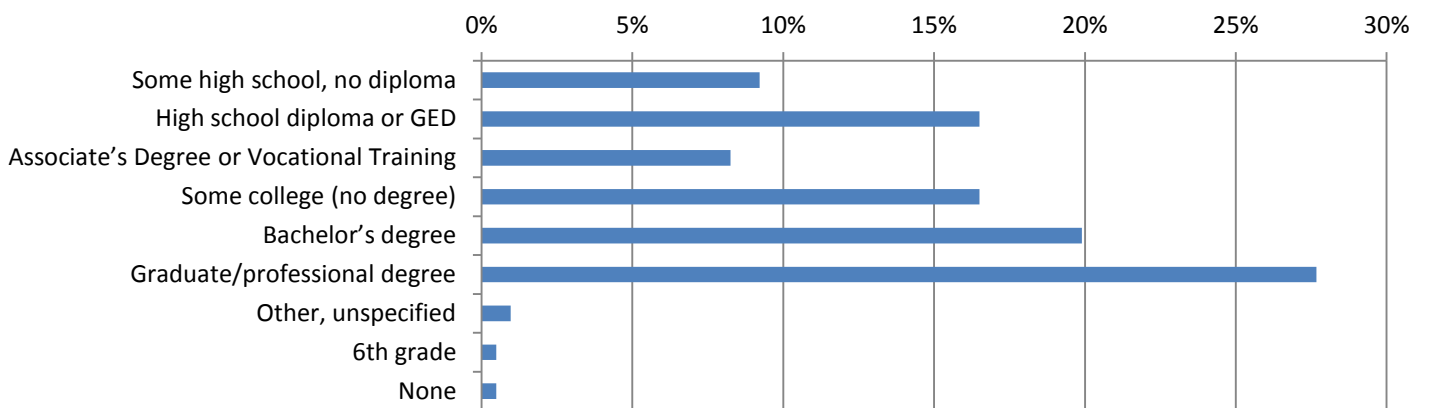
47. What is your race? Please check all that apply.



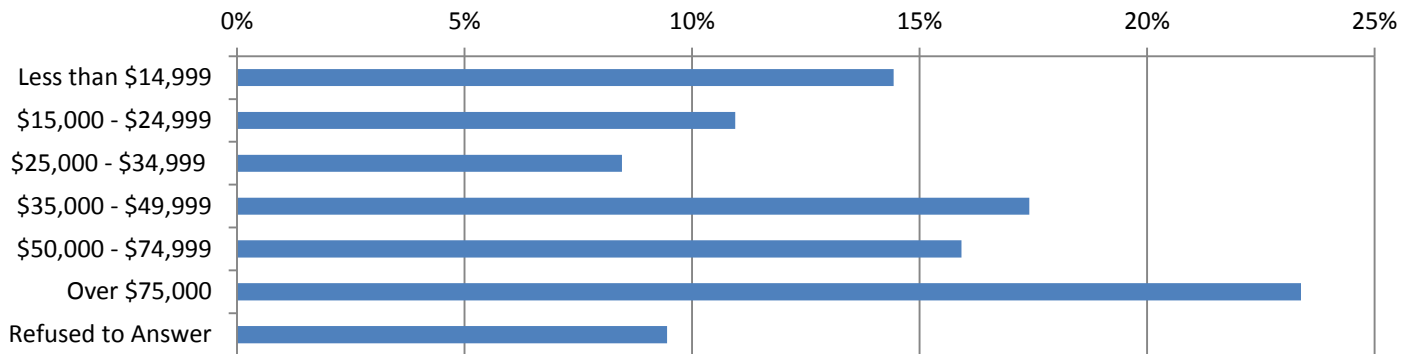
48. What languages do you speak at home?



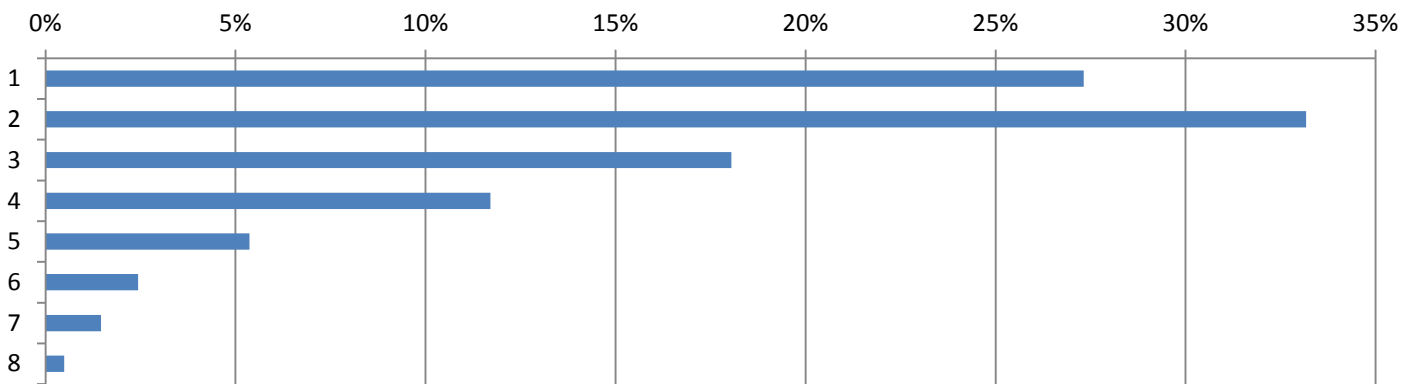
49. What is the highest level of school, college or vocational training that you have finished?



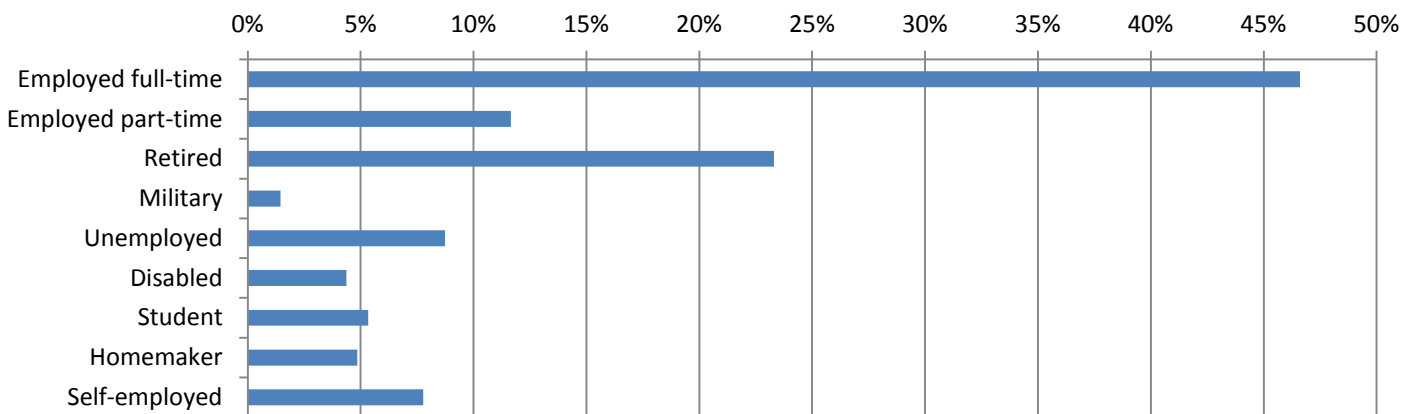
50. What was your total household income last year, before taxes? I will read out 5 categories. Let me know which you fall into.



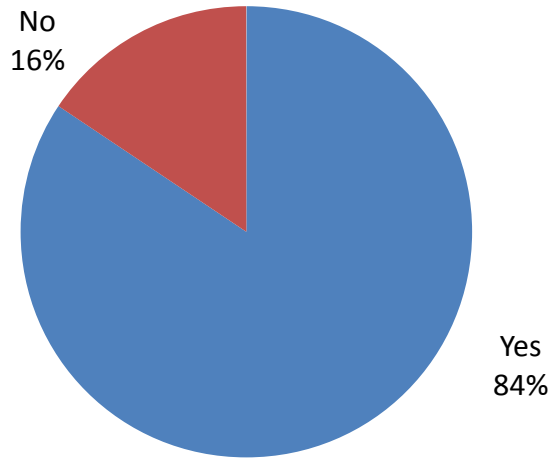
51. How many people does your income support?



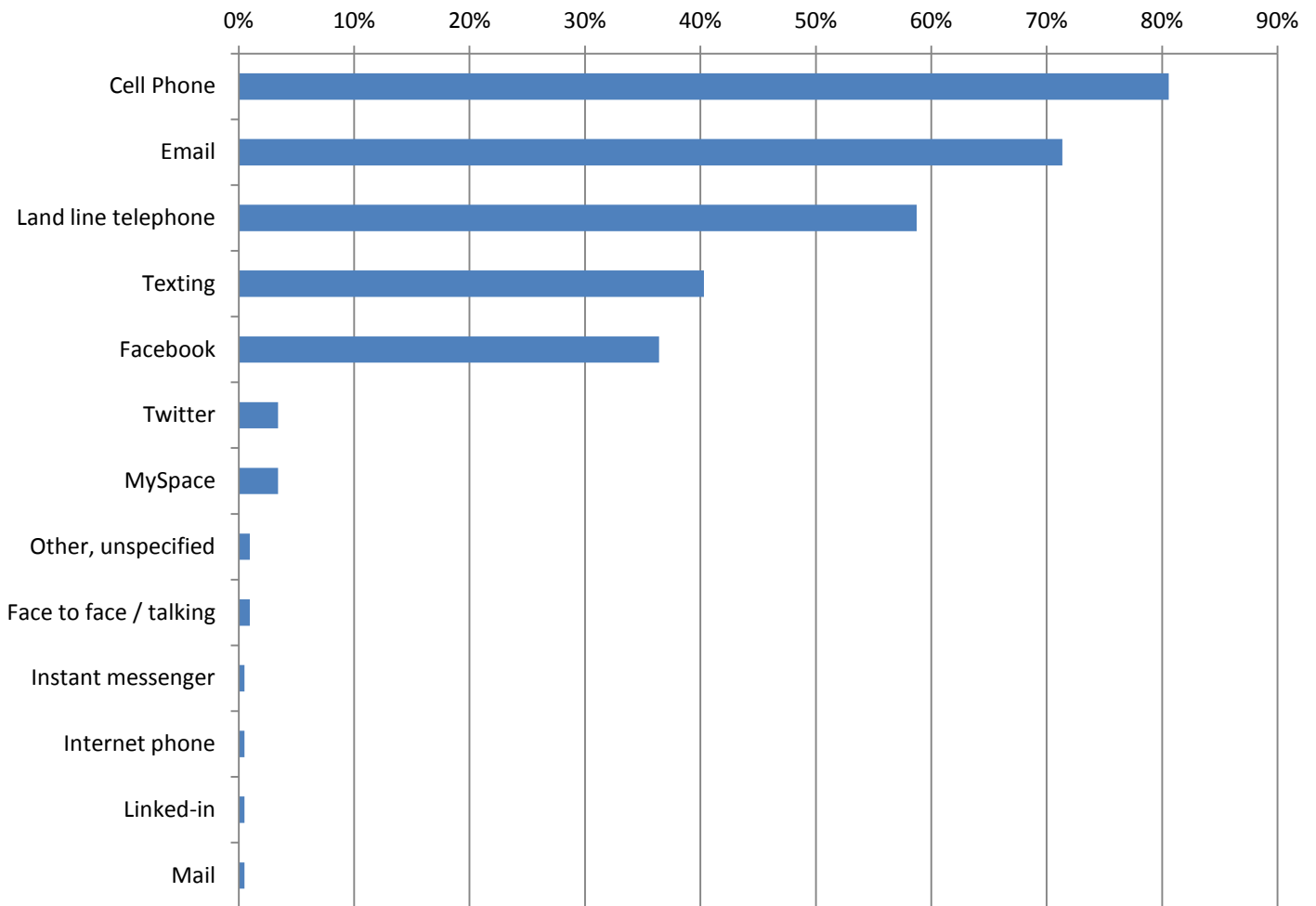
52. What is your employment status? I will read a list of choices. Let me know which ones apply to you. (Check all that apply.)



53. Do you have access to the Internet?



54. Which form of communication do you regularly use?



55. What one thing would make Durham County or your neighborhood a healthier place to live?

