

Good health a distant dream for some in City of Medicine

PARTNERSHIP FOR A HEALTHY DURHAM

DURHAM — Health starts where we live, work, learn, play and pray.

By now, everyone knows that eating well, being active, not smoking and visiting the doctor plays a significant role in our health. In addition, there are other factors (social determinants) that make an even larger impact on health status, such as educational and employment opportunities, quality of housing, access to healthy foods,

among many others.

The Centers for Disease Control and Prevention (CDC) has promoted addressing social determinants of health as a primary approach to achieving health equity. Their definition of health equity is “when everyone has the opportunity to ‘attain their full health potential’ and no one is ‘disadvantaged from achieving this potential because of their social position or other socially determined circumstance.’”

Health inequities are the result of these differences in

opportunities and conditions. In Durham County, these inequities have resulted in the life expectancy of 75 years in central Durham County being 11 years less than the life expectancy of residents who live in the southwestern portion of the county.

Unfortunately, everyone does not have equal access to the same conditions due to unjust social and economic policies and practices. These structural barriers mean that some populations are much more likely to be healthy than

others. The World Health Organization (WHO) defines health as “a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.” Good health is a distant dream for some in the City of Medicine.

All Durham County residents deserve the chance to be able to make choices that lead to good health. In order to make sure all residents have that ability, work has to

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OUT OF THE BOX ‘Seek Life, Destroy Life:’ Refugees at sea on Radio Haiti

BY LAURA R. WAGNER
 DUKE UNIVERSITY LIBRARIES

The names of the boats are bitter in hindsight, once they have capsized or run aground, once their passengers are lost to the sea or washed up dead on a distant shore: Esperancia. Sou Kont Bondye. Hope. In God’s Hands.

In the late 1970s and early 1980s, tens of thousands of Haitian refugees took to the sea, fleeing economic hardship and political repression under the dictatorship of Jean Claude Duvalier. The refrain at Radio Haiti was “Dan reken pi dous pase kacho prizon. A shark’s teeth are kinder than the prison cell.”

For these refugees, the possibility of torture and political violence and the inevitability of structural violence outweighed the threat posed by the sea. In Haitian Creole, there is a proverb: “chèche lavi, detri lavi.” Seek life, and destroy life in the process. It refers to efforts to escape one’s circumstances that inadvertently result in destruction or death. The things you do to improve your life will be your downfall; it is hubris to dream ahead when your choices are not your own.

The migrants were buffeted not only by the sea, but also by forces of political oppression and poverty in Haiti, and by racism, discrimination, xenophobia and so-called “diplomacy” abroad. The United States granted political asylum to Cubans fleeing a communist regime, whereas Haitians fleeing a repressive right-wing dictatorship were considered economic refugees and not afforded the same rights.

In a May 1980 Radio Haiti special on the crisis, Michèle Montas interviews an Immigration and Naturalization Services (INS) district director in Miami. He explains that Cuban refugees request political asylum, whereas “the Haitian,

SEE HAITI/PAGE 5

Celebrating and conserving Durham’s Water

BY DIANA HACKENBURG
 TRIANGLE LAND CONSERVANCY

Water is precious. All living things need water to survive. In addition to what we drink, water provides essential wildlife habitat and places for us to fish, paddle, surf and swim. We also depend on water for its role in manufacturing, farming, energy and tourism.

Of all the water on Earth, less than one percent is considered fresh and available. This is the water we find in lakes, reservoirs, ponds and streams. Unfortunately, much of this freshwater has been impaired by pollution as water from rain and melting snow runs off roofs and roads into rivers, picking up toxic chemicals, dirt, trash and disease-carrying organisms along the way.

Many creeks begin in Durham and flow through the city on their way to Jordan or Falls lakes. Thus, the everyday activities of Durham residents and businesses play a large role in both local water quality and the water supply downstream.

Local citizens, governments, businesses and organizations recognize the need for clean water and pollution reduction. This is evidenced by both the upcoming Durham Creek Week activities and the release of the new Upper Neuse Clean Water Initiative Conservation Strategy.

Durham’s Creek Week (March 12-19), a cooperative effort by 19 partners, including Triangle Land Conservancy (TLC), features more than 30 different

SEE WATER/PAGE 4



Ellerbe Creek, a tributary of the Neuse River, flows for more than 20 miles through Durham.

Submitted photo

Fall the real season for Arbor Day, planting trees

BY ALEX JOHNSON
 URBAN FORESTRY MANAGER

Arbor Day was March 6 this year, and a more beautiful day and venue couldn’t be purchased for love or money. The Museum of Life and Science graciously hosted the event, which culminated with the planting of 30 new trees along the 3000 block of Glendale Avenue.

Turnout took a while to materialize at the event as the key under-10 demographic had some serious energy to burn off in the fantastic Hideaway Woods exploration zone before they could be expected to listen to grown-up types yack about how much they love trees. However, despite the gradual build-up, the event was

a huge success, thanks to the help and support of numerous people.

It’s with gratitude I mention the generosity of Councilwoman Jillian Johnson, who brought her family to the event to read the proclamation. Also in attendance was Councilman Eddie Davis, who came along to show his support. There was the Durham/Orange County ranger, Chris Hirni, and his assistant ranger Mike, who, despite my not catching his last name, has shown up to several volunteer planting days this season. Volunteers who came included master gardeners who were generous with their time and knowledge

SEE TREES/PAGE 4



Arbor Day event at Museum of Life and Science, despite the gradual build-up, was a huge success, thanks to the help and support of numerous people.

Submitted photo

YOUR COMMUNITY

Pet of the Week



Alycat
PHOTO & VIDEO SERVICES

Special to The Durham Herald/Alycat Photo & Video Services

This week's Animal Protection Society of Durham pet of the week is Marshall. Marshall is a handsome guy, about 2 years old, very playful (he loves toys and tennis balls) and full of energy and enthusiasm. Since he pays attention well for food treats, he'll be a great dog to take to obedience class. He likes other dogs, though his exuberant playstyle could be a little overwhelming for some lower-key dogs. Marshall needs a family willing to give him the exercise, playtime and training he needs. Marshall lives in kennel 44. For more information, call 919-560-0640.

WHAT WE'VE BEEN READING

FICTION

1. My Name is Lucy Barton, Elizabeth Strout
2. All the Light We Cannot See, Anthony Doerr
3. Tricky Twenty-Two, Janet Evanovich
4. The Girl on the Train, Paula Hawkins
5. Go Set a Watchman, Harper Lee
6. The Crossing, Michael Connelly
7. The Guilty, David Baldacci
8. The Japanese Lover, Isabel Allende
9. The Husband's Secret, Liane Moriarty
10. The Martian, Andy Weir

NONFICTION

1. When Breath Becomes Air, Paul Kalanithi
2. The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing, Marie Kondo
3. Between the World and Me, Ta-Nehisi Coates
4. Presence: Bringing Your Boldest Self to Your Biggest Challenges, Amy Cuddy
5. Being Mortal: Medicine and What Matters In the End, Atul Gawande
6. Black Man in a White Coat: A Doctor's Reflections on Race and Medicine, Damon Tweedy
7. The Road to Little Dribbling: Adventures of an American in Britain, Bill Bryson

8. Always Hungry: Conquer Cravings, Retrain Your Fat Cells, and Lose Weight Permanently, David Ludwig
9. The Power of Habit: Why We Do What We Do in Life and in Business, Charles Duhigg
10. The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics, Daniel James Brown

MOVIES

1. The Martian
2. Jurassic World
3. Terminator: Genisys
4. Mad Max: Fury Road
5. Burnt
6. Minions
7. Spy
8. Everest
9. The Intern
10. Trainwreck

EASY

1. The Duckling Gets a Cookie, Mo Willems
2. Curious George and the Dump Truck, Margret Rey
3. I Broke My Trunk, Mo Willems
4. If I Ran the Circus, Dr. Seuss
5. Curious George, H. A. Rey
6. Oh Say Can You Say?, Dr. Seuss
7. Bartholomew and the Obleck, Dr. Seuss
8. Froggy Gets Dressed, Jonathan London
9. Curious George and the Hot Air Balloon, Margret Rey
10. Where the Wild

Things Are, Maurice Sendak

JUVENILE

1. Big Nate Blasts Off, Lincoln Peirce
2. Mr. Jack is a Maniac, Dan Gutman
3. Beezus and Ramona, Beverly Cleary
4. Faith the Cinderella Fairy, Daisy Meadows
5. Diary of a Wimpy Kid: Hard Luck, Jeff Kinney
6. Dork Diaries: Tales From a Not-So-Glam TV Star, Rachel Russell
7. Julia the Sleeping Beauty Fairy, Daisy Meadows
8. Lacey the Little Mermaid Fairy, Daisy Meadows
9. The Curse of the Cheese Pyramid, Geronimo Stilton
10. Big Nate Lives it Up, Lincoln Peirce

TEENS

1. Allegiant, Veronica Roth
2. City of Ashes, Cassandra Clare
3. The Scorch Trials, James Dashner
4. Divergent, Veronica Roth
5. Miss Peregrine's Home for Peculiar Children, Ransom Riggs
6. All These Things I've Done, Gabrielle Zevin
7. The Death Cure, James Dashner
8. The Raven Boys, Maggie Stiefvater
9. Hollow City, Ransom Riggs
10. Firefight, Brandon Sanderson

VOLUNTEER OF THE WEEK

VOLUNTEER CENTER OF DURHAM Curves

DURHAM WOMAN'S CLUB — 2 YEARS

Exercising is certainly good for you, but Lynn Goodwin, the owner of the Curves franchise in North Durham, has found a way to make it good for others as well.

She's asked the women at her Curves to help the Durham Woman's Club with its charitable projects, and the results have been impressive. Every year, Lynn and the Curves members take on six month-long projects that the Durham Woman's Club is participating in. Working together, they've provided significant help to those in need locally, nationally, and around the world.



Submitted photo

Durham Woman's Club members at Curves, standing from left, are Barbara Peoples, Jane Brawley, Liz Goodwi — Curves North Durham Owner, Norma Thomas, Mary Bolton, Deb Selinsky and Peggy Trutt, and Barbara Hennaforth is seated.

They've contributed to a large number of charitable organizations and have been of special help to Meals on Wheels and the Durham Crisis Response Center. Curves even has a group of crocheting "Happy Hookers," who took on the project of making camouflaged beanies for servicemen. Thank you, Curves, for your generosity and for this valuable partnership with the Durham Woman's Club!

CHECK OUT THESE VOLUNTEER POSSIBILITIES

"Smile! Let everyone know that today you are a lot stronger than you were yesterday."
— Author unknown

For more information, see www.handsontriangle.org or contact Lenore at Lenore@thevolunteercenter.org (919) 613-4515

- The 21st Annual Great Human Race 5K and Community Fair is April 30. Lots of support work happens before then and we need your help!

- Would you like to help a young adult pursue the GED? The Durham Literacy Center's Teen Career Academy serves to provide one-on-one tutoring with young adults who are pursuing their GED.

- Piedmont Wildlife Center will host BioBlitz April 22 and 23 to celebrate Earth Day and need volunteers to work shifts Friday and Saturday. Great family opportunity!

- Indigo Consortium is a network of programs focusing on the needs of female veterans and they need help with administrative tasks.

- Duke Homestead is looking for

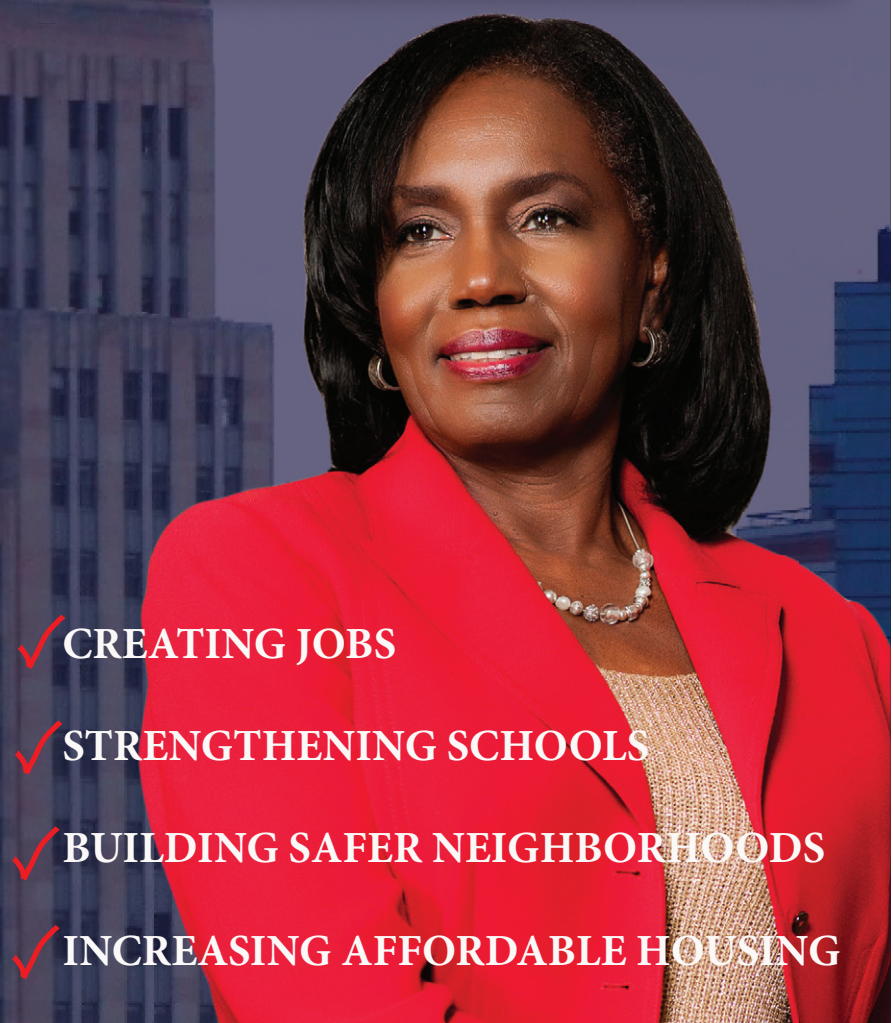
volunteers who are interested in helping with Visitor Services which include giving our 45-minute guided tour, greeting and orienting visitors as they enter the Visitor Center, and helping to conduct our educational programming for visiting school groups.

- Boys & Girls Club TEEN Program Facilitator. It is a fantastic way to build relationships with these young adults who are in need of guidance, leadership and positive role models. There is a curriculum that will be followed that includes homework help, tutoring and facilitating free time and projects.

- Help Move a Family out of a homeless shelter. Every week we move families out of homeless shelters into new housing through our Rapid Rehousing program. We need help physically moving the families, but, in the process, volunteers get to meet and form relationships with our clients on one of the most transformative days of their lives. Come and support the transformation of a family going from homelessness to home!

SEE VOLUNTEER/PAGE 4

RE-ELECT
BRENDA
HOWERTON
THE PEOPLE'S COMMISSIONER



- ✓ CREATING JOBS
- ✓ STRENGTHENING SCHOOLS
- ✓ BUILDING SAFER NEIGHBORHOODS
- ✓ INCREASING AFFORDABLE HOUSING

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ELECTION DAY: MARCH 15, 2016

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Paid for by The Committee to Re-elect Brenda Howerton
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YOUR COMMUNITY

New brothers of Durham's Beta Phi



New brothers of Durham's Beta Phi are, from left, Bryant Hernandez, James Richardson, Tony Jenkins, Calvin Riley, Dominique Oliver and Quintin Phillips. Not pictured are David Hawkins, Cedric Fairbanks and Nick Chasten.

Submitted photo

DURHAM COUNTY HEALTH DATA

Life expectancy from birth for whites in Durham County is 82 years and 76.6 years for blacks/African-Americans. People of color are more likely to be uninsured. African-American and Hispanic students are less likely to graduate high school. For additional Durham County health data, visit www.healthydurham.org.

ABOUT THE PARTNERSHIP

The Partnership for a Healthy Durham is a community coalition that works closely with the Durham County Department of Public Health to identify the greatest health needs in the county and then forms action teams to address those needs. For more information, visit <http://www.healthydurham.org> or call 919-560-7833.

HEALTH

FROM THE FRONT PAGE

be done not just in health care but in multiple sectors such as housing, education, business, transportation, government, faith community, etc. Solving complex health and social issues is not the job of any one agency or organization.

The 14th annual Duke/Durham Health Summit will be held on March 18 from 8:30 a.m. to 3:30 p.m. at the Millennium Hotel. The goal is to connect different sectors to address issues of health equity in Durham County and develop shared solutions to change health outcomes and create significant, sustainable improvements.

The theme for this year's event is "Collaborating across Durham to Achieve Health Equity." The summit will include presentations from Duke Chancellor Dr. Eugene Washington, Public Health Director Gayle Harris

and Associate Commissioner of the Texas Health and Human Services Commission Center Sheila Craig. Attendees will also participate in small group sessions to identify strategies for cross-sector work.

Initial conversations about addressing health equity will take place at the conference but continued collaboration among partners is necessary to make health equity a reality in Durham.

Inequities are avoidable. Everyone has to work together to eliminate the health disparities that are a result of social inequities in our society. Other communities that have addressed health inequities using a multi-sector approach have seen improvements in health outcomes in addition to decreasing overall healthcare spending.

The Partnership for a Healthy Durham supports the efforts to address health inequities in Durham County and has made it one of its priorities for this year.

WATER

FROM THE FRONT PAGE

events for discovering and protecting local waterways. Most of the events are free, including a panel discussion, "The Water We Drink: Past, Present, and Future," on Thursday at 7 p.m. in the Main Library. Event details can be found at keepdurhambeautiful.org.

From stormwater management to pollution prevention, Creek Week partners and supporters know that the best way to get clean water downstream is to care for the watershed upstream. Watershed protection is the driving force behind the Upper Neuse Clean Water Initiative's new Conservation Strategy.

The Upper Neuse Clean Water Initiative (UNCWI), like Creek Week, is a coalition of organizations interested in safeguarding local water. Together with willing landowners, UNCWI's partner organizations, including TLC, conserve critical natural areas to ensure long-term clean drinking water supplies in the broader Upper Neuse River Basin.

One of the most effective and least expensive ways to protect water quality is to conserve land.



Submitted photo

Creek Week clean-up events will take place on the water by canoe.

Forests, wetlands, and open fields slow rain and runoff, giving water time to filter gradually through the soil. This traps sediment and pollutants before they flow into streams and lakes, and allows groundwater to recharge. Protecting natural watersheds can also help cities avoid having to invest in expensive filtration plants to purify water from degraded watersheds.

The new Conservation Strategy serves as an update to the UNCWI's original 2006 plan. Under that plan, initiative partners have already protected

ABOUT TRIANGLE LAND CONSERVANCY

Triangle Land Conservancy protects the wild and working lands you need and love. TLC works with landowners, community members, other nonprofits, government agencies, and businesses to create a healthier, more vibrant Triangle through conservation. Explore the wild right in your backyard by visiting one of TLC's five nature preserves for free any day of the year. For more information and maps, visit www.triangleland.org.

90 properties, 84 miles of stream banks and 7,698 acres. Their new goal is to protect 30,000 acres in the watershed over the next 30 years. Read more about UNCWI and the updated conservation strategy at triangleland.org/upper-neuse-clean-water-initiative.

We have a shared responsibility to ensure a clean water supply for our community now and in the future. Thankfully, from participating in Creek Week to supporting the work of UNCWI partner organizations, there are many ways we can all help. So let's get started today!

TREES

FROM THE FRONT PAGE

in handing out seedlings and advice to all comers, as well as Tobin Freid and Megan Carroll from the City/County Office of Sustainability; Kevin Lilley (my boss) in Urban Forestry who gave everyone a live tree-climbing demonstration; and Tania Dautlick was there representing Keep Durham Beautiful.

This week marks the close of the 2015-16 tree planting season. This may seem odd, because spring is only now really sprung, but it's true. I put away my shovel on March 15 and won't pick it up again until December. Most folks like to get excited about planting things in



Submitted photo

The under-10 demographic, after burning off energy in the Hideaway Woods exploration zone, pitched in for the tree planting.

the ground when the days get longer and the weather gets warmer, but that's not exactly the best time to plant trees.

Trees "go dormant" in the winter. I put dormant in quotes because they really don't fully shut

down. The roots continue to grow, and they continue to carry on photosynthesis through their bark, albeit at a much reduced rate. That's why you will find green tissue when you scratch the bark from a slender twig.

Green — chlorophyll.

When deciduous trees drop their leaves they continue to respire and carry on root growth until the soil temperatures fall below about 50 degrees Fahrenheit. Soils being what they are, dense, wet matter which gain and lose thermal energy fairly gradually, this root dormancy lags behind leaf drop and precedes bud-break by some weeks (if not months).

So, the bottom line is that planting trees in the fall (after leaves drop but before roots go dormant), allows trees to re-grow roots that were cut in the transplant process and infiltrate surrounding soil, thus increasing the area that the transplanted tree can exploit for water.

By the same token, fall/winter planted trees

can continue to root into surrounding soil in the spring before buds break dormancy and leaves appear. This is critical, because once leaves open up, the trees must maintain positive water pressure in the vessels that transport water from root to leaf. A break in pressure leads to wilt. Wilt leads to death.

Spring planting is fine if you have irrigation or if you are planting very drought-tolerant trees and are intending to watch your trees carefully for the critical first six months of establishment. It also helps if the material planted is container-grown as opposed to bare-root or ball and burlap (also called "field-grown"). The latter two types tend to lose a large percentage of roots in the

transplanting process, and the bare-root trees dry out very quickly (and can also freeze).

If you are keen on having new or replacement street trees planted in your neighborhood and feel you may have missed the boat, please consider working with your local representational body — neighborhood association, watch group or other. Next year we will be rolling out a more comprehensive approach to urban reforestation that is going to involve more coordination and support on the part of the requesting parties. Updates and information will be posted at TreesAcrossDurham.org as they become available.

Alex Johnson is urban forestry manager in the City of Durham's General Services Department.

VOLUNTEER

FROM PAGE 3

- New Hope Creek Cleanup in Durham's Creek Week — A Feeder Stream Initiative. Clean Jordan Lake is offering this volunteer opportunity as part of the City of Durham's Annual Creek Week, a time to discover and clean up Durham's waterways. Over 20 organizations are participating. They share a vision for Durham residents to enjoy, feel connected to, and protect local waterways. You can follow Creek Week on Facebook

and Twitter. We will remove trash along the banks of New Hope Creek just above where it enters the NC Wildlife Resources Commission's New Hope Waterfowl Impoundment off Rt. 54 in Durham.

- Durham Public Schools second annual Kindergarten Registration Week will be March 19-24. During that week, registration packets will be distributed to parents of rising kindergartners and to other partners who reach families in Durham. The packets will provide parents with all the information that is needed to register

their child for kindergarten. Please contact the Office of Student Assignment at 919-560-2059 with registration questions.

- Donate new underwear to the Clothing Closet. Most of the clothing we distribute is in good used condition, but we seek to give each person who visits a brand new pair of underwear. We need new underwear for men, women and children in all sizes.

- Work Days at the Hub Farm — The Durham Public Schools Hub Farm will be having volunteer workdays on the first Saturday of each month. Come out

to enjoy a beautiful Saturday afternoon on the farm and meet others in our community! All are welcome! No previous farm experience required.

- Would you like to help get books in the hands of area children? Then come help Book Harvest! Spend a few hours helping us sort books at our place that are donated by area residents. Lots of books! You can even bring a few books with us if you have some lying around! We sort books every 2nd Saturday from 10 a.m. to 1 p.m. Let us know you're coming to we can be ready for you.

I'll give you the tools, you give me the effort and together we can overcome obesity!

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- Jackie



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YOUR COMMUNITY

How farmers continue to grow

BY MATTHEW JERNIGAN
DURHAM FARMERS' MARKET

Last month was the 25th annual conference of the Southern Sustainable Agriculture Working Group (SAWG), held in Lexington, Kentucky.

For those who aren't familiar, SAWG is a conference oriented towards small farming in the south. People come from all over the region to attend workshops on many different topics such as integrated pest management, methods for diversifying small farms, and breaking down federal farm policy.

This conference is an excellent opportunity for farmers to get the necessary knowledge to continue growing their farms to meet the needs of their local communities. Here at the Durham Farmers' Market, we are proud to have many vendors who attended this year in order to learn how to better provide for the Durham community.

Over the past week it's been great to catch up with some of

the farmers to hear about what they brought back from the conference and are looking to try out on their own farms.

Will Cramer from Ever Laughter Farm learned more about growing fruit trees organically in the South. They've been thinking of ways to responsibly grow fruit trees in North Carolina for the past couple of seasons, but have been hesitant because of the disease and pest conditions the hot and humid environment produces. However, now that he's attended a workshop at SAWG on the topic, they are looking into new ways of growing fruit on their farm. They will try to integrate special fruit varieties adapted to the Southern climate as well as increase biodiversity to hopefully bypass many of the difficulties.

Another farmer, Jackson Holt of Sunset Farm, went to learn more about vegetable production in the South. He was able to attend a very informative session on cover crops and crop rotation.

Among some of the most important things he took away from the workshop was a formula to calculate the amount of nitrogen certain cover crops put back into the soil.

This may sound like a minor detail, but for a farmer it helps determine how much organic fertilizer to use, as well as what food crops will work best after a cover crop rotation. Essentially, cover crops help Jackson reduce outside inputs of fertilizer as well as build his soil over the years.

There were many Durham Farmers' Market vendors who attended this year's SAWG. Each year they learn something new to try on their farms and eventually we get to see it at the market, whether it's through a new variety of vegetable or fruit or more quality produce from better farm management practices.

Whatever it is, we are glad that our farmers are dedicated to their craft and always willing to further their expertise in the field.

Winter futsal league nearing end of season

SUBMITTED

DURHAM — Durham Atlético's JD Service Now Winter Futsal League season drew closer to its end last week with four semifinal clashes.

At the beginning of the post-season Winter Cup tournaments, three teams were undefeated, but now, on the eve of the finals, only one undefeated team remains. MVFC, despite seeing two of its players depart to their professional soccer teams, managed to hold off a feisty Hustle and Flow team, 108.

Meanwhile, the Pitbulls, who had toppled previously unbeaten first division champion Green Street Elite in the first round, lost a bitterly contested semifinal to Real Durham. The match finally turned on a crucial goal by Davis Harper, who scored on a speculative midcourt shot late in the game to put Real Durham ahead by two goals while his team was temporarily short-

handed due to a player expulsion. The 108 victory sent Real Durham to the final against MVFC.

Motorco, relegated from the first division after a winless regular season campaign, continued to find its footing in the second division, defeating Dire Wolfpack with relative ease, 73. The victory sets up a second division cup final against Stepside, who encountered considerable resistance in the semifinal from a younger America squad before prevailing, 107.

Registration for Durham Atlético's spring season is now open. Visit durhamatletico.com.

Wednesday: Motorco 73 Dire Wolfpack; MVFC 108 Hustle and Flow; Real Durham 108 Pitbulls

Thursday: Regulators 132 Esemplastic Power; Durham Monday 115 AU; Stepside 107 America

Saturday: Green Street 1611 Muchos Nachos; Minions 88 (31) Durham Thursday

DUKE UNIVERSITY ARCHIVES, RUBENSTEIN LIBRARY

The David M. Rubenstein Rare Book & Manuscript Library contains hundreds of thousands of manuscripts, photographs, films, oral histories, printed materials, artifacts and rare books related to topics including African American history, women's history, advertising, Duke University history, medicine, human rights,

documentary arts, southern history and more.

Periodically, a story drawn from the holdings of the Rubenstein Library will be shared, highlighting some aspect of Durham's rich past. The Rubenstein Library is open to the public for research, and more information can be found at <http://library.duke.edu/rubenstein/>.

HAITI

FROM THE FRONT PAGE

inevitably, on the first contact with us, from the moment he steps off the boat, says 'I want a job.' We have a humanitarian feeling for these people, but that does not meet the definition of political asylum."

(Radio Haiti was Haiti's first independent radio station, combining in-depth, on-the-ground reporting with incisive analysis. From the early 1970s, Radio Haiti reported on issues affecting the lives of the Haitian majority, including politics, culture, and human rights. Radio Haiti's director, Jean Dominique, was assassinated in 2000; his professional partner and wife, Michèle Montas, continued to run the station until 2003.)

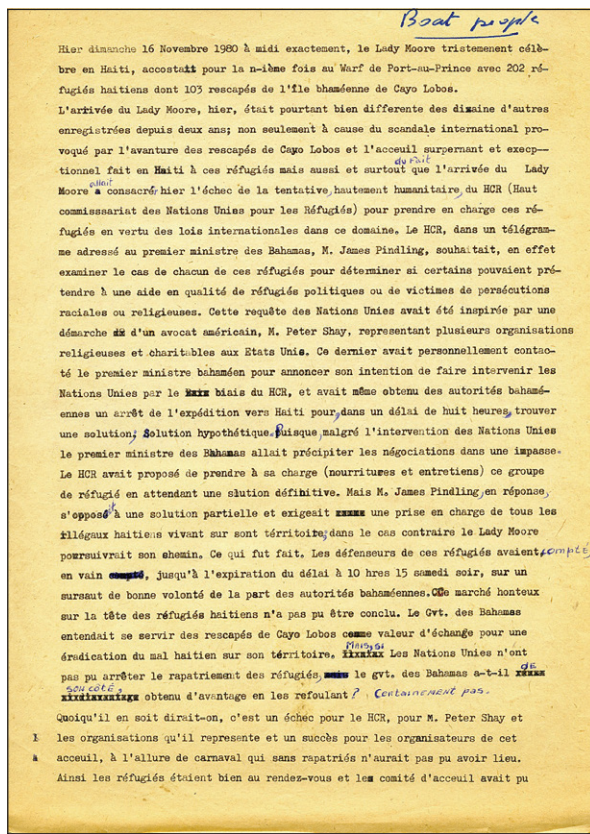
Of this double standard, Jean Dominique explains that in Haiti, "the economic cannot be separated from the political." Poverty is political, not incidental. The dispossession of rural farmers; the consolidation of capital, infrastructure and power in Port-au-Prince — these were part of the machinery of oppression as much as the infamous prison and torture center Fort Dimanche. Structural violence is political violence.

Jean Dominique concludes the May 1980 broadcast with these words: "Economic refugees or political asylum-seekers, Haitians are there. Their desperate audacity at sea, their silent determination to work, the fear in their eyes: all of it spread out upon the television screen, commented upon on the radio, mobilizing the conscience of some Americans, as it weighs upon our own. There are doubtlessly 'boat people' all over the world, but these, they are our own. They are our brothers, and



Submitted photo

Above: Some of Radio Haiti's cassette tapes in the Duke University Library. **Below:** One of Radio Haiti's on-air script about the Cayo Lobos incident.



we are all responsible."

In September of that year, Radio Haiti demonstrated this sense of responsibility when they reported on 161 men, women and children who fled northwestern Haiti only to be stranded on Cayo Lobos, an uninhabited Bahamian island.

For nearly two months, Haitian, U.S., and Bahamian authorities argued over who was responsible. On Nov. 16, despite a request from the UN High Commissioner for Refugees (UNHCR), Bahamian police stormed the makeshift camp, beating and clubbing the stranded refugees, who were then forcibly repatriated to Haiti. The Duvalier government

did not forgive Radio Haiti for implicating it in the refugee crisis: Radio Haiti's coverage of Cayo Lobos precipitated, in part, the regime's Nov. 28, 1980, crackdown on the Haitian independent press. Several Radio Haiti's journalists were imprisoned, tortured, and exiled, and the station was closed until the regime fell in 1986.

Laura R. Wagner is Radio Haiti Project archivist with the David M. Rubenstein Rare Book & Manuscript Library. The Radio Haiti archive is part of the Human Rights Archive at the Rubenstein Rare Book and Manuscript Library at Duke. The archive will be digitized and publicly available in 2017.



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- *Knows the Durham Community
- *Serves on the Durham County Board of Social Services and Durham Technical Community College Board of Trustees
- *Cares about Jobs, Senior Services, Education and Youth Empowerment

Endorsed by the Indy Week for the March 15th Primary

Paid for by the Committee to Elect Tara L. Fikes

What A Great Shot!



Would You Please Pass The Hair Gel?

Photo submitted by Grandmommy

Email your "Great Shot" to David Jones at djones@heraldsun.com for possible inclusion in The Durham Herald and The Chapel Hill Herald

The Herald-Sun

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1st Place
Krzyzewski wins No. 1,000
Steve Wiseman
12 - Sports News Reporting



1st Place
Butler Shoe Repair
Joy Miller
10 - Best Black & White
Institutional Ad



1st Place
Bull City Cigars:
recreating tobacco
history
Alex Dixon and
Christine T. Nguyen
20 - Best Video



1st Place
Central Pharmacy
Craig Chappell
12 - Best Color Retail Ad



2nd Place
"Hazmat crews called to Chapel
Hill complex"
Katie Jansen
02- Deadline News Reporting -
Dailies Only



1st Place
Miracle Ear
Craig Chappell
26 - Best Retail Ad in a Niche
Publication



2nd Place
Friday Night Lights
Bernard Thomas
16 - Sports Feature Photo



2nd Place
HOCOA
Jennifer Flye
14 - Best Use of Humor



2nd Place
The Breakthrough
John McCann
20 - Best Video



2nd Place
Carolina Air
Jennifer Flye
15 - Best Innovative Concept/
Wild Card



2nd Place
Coaches explore possibilities;
Williams at controls for UNC;
'Silen' Switzer I
John McCann
60 - Best Lede



2nd Place
Everything Orange
Staff
17 - Best Special Section



3rd Place
Going to the Chapel (Again)
Dawn Baumgartner Vaughan
05 - Feature Writing



2nd Place
Devine's
Joy Miller
25 - Best Restaurant/
Entertainment Ad in a Niche
Publication



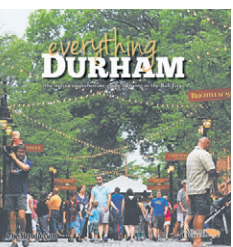
3rd Place
Off the Ball; Hark the Sound;
Exchanging sneakers, cleats
John McCann
25 - Sports Columns



3rd Place
Water World
Marty Cassady
12 - Best Color Retail Ad

3rd Place
Sports Coverage, March 21-22
Staff

33 - Sports Coverage - Newspapers Only



3rd Place
Everything Durham
Staff
39 - Special Section -
Newspapers Only



3rd Place
9th Street Flowers
Craig Chappell
26 - Best Retail Ad in a Niche
Publication

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WE ARE
CHAPEL HILL



ASTROLOGY

BY EUGENIA LAST
UNIVERSAL FEATURES SYNDICATE

Don't hesitate to reconnect with people you have lost touch with. Someone who had an impact on your life in the past will motivate you to get back to things you enjoy doing.

PISCES (Feb. 20-March 20) — Evaluate your position, relationships and next move. Rely on your experience to help you make the best choice.

ARIES (March 21-April 19) — Work at being the best that you can be. Raising your self-awareness will help boost your confidence.

TAURUS (April 20-May 20) — Gravitate toward unusual entertainment. If you contribute your thoughts and suggestions openly, people will offer the same in return.

GEMINI (May 21-June 20) — Don't give in when you should be doing your best to stand your ground.

CANCER (June 21-July 22) — Spend time with people who share your concerns. Collaboration will lead to a successful venture.

LEO (July 23-Aug. 22) — Rethink your strategy and assess your situation before you respond to recent events.

VIRGO (Aug. 23-Sept. 22) — Embrace the future with optimism. Your determination and focus on quality control will bring good results.

LIBRA (Sept. 23-Oct. 23) — Don't procrastinate when you should dig in and get things done.

SCORPIO (Oct. 24-Nov. 22) — You'll be drawn to people and places that offer something different.

SAGITTARIUS (Nov. 23-Dec. 21) — Accept change, but don't be the instigator. Putting up a fight will be futile.

CAPRICORN (Dec. 22-Jan. 19) — A good investment will come from an unusual source.

AQUARIUS (Jan. 20-Feb. 19) — Someone will challenge you if you are secretive or unwilling to share.

SUNDAY JUMBLE

JUMBLE THAT SCRAMBLED WORD GAME by David L. Hoyt and Jeff Knurek

Unscramble these six Jumbles, one letter to each square, to form six ordinary words.

Jumble grid with words: TORHET, WHOOLL, ROCSHU, FIDARA, GURLFA, PROTYH



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

PRINT YOUR ANSWER IN THE CIRCLES BELOW

Jumble Solution on page 2

THE ACES ON BRIDGE

BY BOBBY WOLFF UNIVERSAL FEATURES SYNDICATE

Dear Mr. Wolff: My partner and I have no special agreements in our two-over-one structure.

ANSWER: Most experts say Gerber applies after a jump to four clubs.

Dear Mr. Wolff: I was taken aback when a friend of mine told me about some videos she had seen that claimed to show some of the world's top pairs cheating.

ANSWER: The call of two no-trump is a forcing response, but suggests a minimum hand.

Dear Mr. Wolff: I was taken aback when a friend of mine told me about some videos she had seen that claimed to show some of the world's top pairs cheating.

about this, and where do the cases against such pairs currently stand?

ANSWER: Various national federations are currently investigating three world-class pairs (and another such pair has admitted past wrongdoing).

Dear Mr. Wolff: When opener opens a strong two hearts, responder bids two no-trump and opener bids three hearts.

ANSWER: The call of two no-trump is a forcing response, but suggests a minimum hand.

Dear Mr. Wolff: I was taken aback when a friend of mine told me about some videos she had seen that claimed to show some of the world's top pairs cheating.

ANSWER: The call of two no-trump is a forcing response, but suggests a minimum hand.

SUNDAY PUZZLER

- ACROSS 1 Freight, 6 Discard, 11 Kind of fund, 16 Picasso or Neruda, 21 Antelope, 22 Accused's defense, 23 Bay window, 24 Pointer, 25 Mischievous person, 26 Garment part, 27 "—, I'm Adam", 28 Instruct, 29 Dir. letters, 30 Permit, 31 Earring locale, 33 Cheer, 35 Wheel, 36 Make tranquil, 39 Went unsteadily, 43 Take legal action, 44 Beatty or Rorem, 45 Suitable, 47 Giant god, 49 B'way notice of yore, 51 Sew loosely, 54 Inert gas, 57 Play boisterously, 59 — Knox, 63 High mountain, 64 Important, 66 Musical work, 68 Duration, 69 Group of three, 70 Actress — Sorvino, 72 Throw in a high curve, 74 Arab VIP, 76 Bag, 78 Best or Ferber, 79 Gorgeous, 82 Blemish, 84 Night, 86 Musical passage, for short, 87 Pennant, 89 Colorful fish, 91 Cobbler's kin, 92 Soak flax, 93 Big boat, 95 Showy flower, 97 Energy type (Abbr.), 99 Witnessed, 101 Mineral spring, 104 Weep, 106 Housetop, 108 Talk proudly, 110 Spine, 114 Any nonroyal, 117 Sandwich of a kind, 119 French eatery, 121 Wings, 122 Macabre, 124 Mild cheese, 126 Monk's title, 127 Ancient garment, 128 Phogey!, 129 Wickedness, 131 "Essays of —", 133 Speck, 135 Likewise not, 136 Discord personified, 137 Flower part, 139 Knight's weapon, 141 Smells, 143 Talk and talk, 145 "Peanuts" character, 147 Language, 149 Tilly or Ryan, 152 Bro or sis, 154 Army rank, 157 Bowman, 161 Building wing, 162 Let it stand!, 164 New Year's Eve word, 165 Gam, 167 Actress — Gardner, 168 Soap plant, 170 Overcharge, 173 Thin candle, 175 Morocco's capital, 177 At no time, 178 Go in, 179 Land measures, 180 Out of the way, 181 Handle, 182 Itty-bitty, 183 Call, 184 Detested, 1 Roman goddess, 2 Unaccompanied, 3 Stormed, 4 Large antelope, 5 Poem, 6 Auction, 7 Rattling noise, 8 Rend, 9 White poplar, 10 Cockpit occupant, 11 Of an old Greek poet, 12 Time, 13 Performed, 14 Toothed wheel, 15 Saint — fire, 16 Glib talk, 17 Table abbr., 18 Kind of trust, 19 French river, 20 Had, 30 — Tolstoy, 32 Wager, 34 Eject, 37 Fitting, 38 Journey, 40 Reasoner's word, 41 Coup d'—, 42 Bette or Jim, 46 Good result, 48 Wanderer, 50 Many times, 51 Disney title, 52 Foreign, 53 Jack who ate no fat, 55 Unclose, poetically, 56 Dead, 58 Summary, for short, 60 Edict, 61 Wash cycle, 62 Browned bread, 65 Whittier or Wallach, 67 Farm structure, 71 Emanation, 73 Wall Street animal, 75 Lasso, 77 Jennifer or Kristofferson, 80 Trunk, 81 Hideout, 85 English poet, 88 Incandesce, 90 Flavoring plant, 94 "King —", 96 Yesteryear, 98 Mine basket, 100 Sharpen, 101 Alarm, 102 Kind of bear, 103 Violin maker, 105 Cap, 107 Grow dim, 109 Prison bigwig, 111 Town in Maine, 112 Strictness, 113 Approaches, 115 Unkempt, 116 Opposing one, 118 Cover for a casket, 120 — Paulo, 123 Copy, 125 Actress — Farrow, 130 Comic Jay, 132 Wall pier, 134 — de force, 137 Playlet, 138 Baby's bedroom, 140 Irish girl, 142 Calendar abbr., 144 Aver, 146 Secret agent, 148 Joke, 149 Intended, 150 Rice or Fudd, 151 Catcher's mitt, 153 Father, 155 Available (2 wds.), 156 Extend to, 158 Custom, 159 Sidestep, 160 Appraised, 163 Musical sound, 166 Gaelic, 169 Grassy expanse, 171 Western Indian, 172 Mil. rank, 174 — rata, 175 Cheer from the bleachers, 176 Mad — — hatter

Sunday Puzzler Solution on page 2

NEW YORK TIMES CROSSWORD PUZZLE

IN CHARACTER BY DAVID J. KAHN / EDITED BY WILL SHORTZ

Note: The answers to 23-, 31-, 45-, 62-, 69-, 90-, 103- and 115-Across are themselves clues to the names spelled by their circled letters.

- ACROSS 1 Spokesperson in TV insurance ads, 4 Candidate's concern, 9 Snap, 13 "Not ___!", 18 Manhattan developer?, 19 Big name in travel guides, 20 Track runner, 21 "Et tu" follower, 22 Sharing word, 23 See blurb, 26 It may detect a break, for short, 27 Hit 2011 animated film, 28 Stay here, 29 Source of iron, 30 An eternity, 31 See blurb, 35 Crashes badly, 37 Czech reformer Jan, 38 Press (for), 39 Cut off, 40 Request after a breakdown, 43 Some cleaners, 45 See blurb, 50 Billionaire sorts, 52 ___ Peninsula, 53 Borah Peak locale, 54 Part of a foot, 55 Music appreciation, 57 Lead-in to care or dare, 58 Nike ___ Max, 61 Dedicated works, 62 See blurb, 67 How to play solitaire, 68 Some conversation interruptions, 69 See blurb, 79 Italian fine?, 80 Big head, 81 Figure in "The Garden of Earthly Delights", 82 Hal, to Henry IV, 83 Titania or Oberon, in space, 84 Former NBC drama, 86 National alternative, 88 Getting ready, with "up", 90 See blurb, 95 Jazz (up), 96 Place for plaques, 97 Dos, 98 Bro or sis, 100 Mound great, 101 Ham, 103 See blurb, 109 Squeakers, 111 Best Foreign Language Film of 2014, 112 Fiver, 113 Always, to Shakespeare, 114 One carrying a toon?, 115 See blurb, 120 Har-___ (tennis court surface), 121 Part of a legend, 122 Hunted for morays, 123 Sides of sectors, 124 Atypical, 125 Lascivious sort, 126 Some speedsters, for short, 127 Photographer, 128 Seedy type?, 17 Modernists, informally, 20 Kind of column, 24 Giorgio's god, 25 Like comebacks?, 32 Brunch pie, 33 Food-safety org., 34 Commander's place, 36 Years at the Colosseum, 39 Christopher ___, tippler in "The Taming of the Shrew", 41 Earthy color, 42 "___ asking?", 43 Singer Anthony, 44 Metal marble, 46 Duchamp's movement, 47 Sci-fi race, 48 It may come in sheets, 49 Flaps, 50 Fourth parts in series of eight, 51 It's a wrap, 56 Reached, numerically, 58 Dumas swordsman, 59 Arctic weather phenomenon, 60 "I Wanna Be Sedated" rockers, 63 ___ Jemison, first African-American woman in space, 64 Tag end?, 65 Didn't move, 66 Some newcomers' study, in brief, 69 With 16-Down, what "stet" means, 70 Real-time messaging system, 71 ___ piccata, 72 Move, informally, 73 Three-time All-Star Longoria for the Tampa Bay Rays, 74 It's good for the long haul, 75 Lottery winner's cry, 76 Mel Blanc, notably, 77 Daughter of Nereus, 78 Director Lee, 79 Sucked dry, 85 City on the Brazos River, 86 Loretta Lynch and Eric Holder: Abbr., 87 Greek summit, 89 Pit-___, 91 Penalty for poor service, maybe, 92 Colors 1960s-style, 93 Many ski lodges, 94 Like Lhasa apsos and others, 99 Lhasa apso, 102 Like electrical plugs, 104 First string?, 105 Inc. cover subj., 106 "Journey to ___," recurring segment on "Sesame Street", 107 Unhip, 108 Lose, in a way, 109 Toulse, 110 ___ Empire, 116 Pay-view connection, 117 Keyboard abbr., 118 Packers' org.?, 119 Up to, briefly

Crossword puzzle grid with circled letters and numbers.

Crossword Puzzle Solution on page 2

