Health Insurance for Low-Income Individuals and Families

◆ Medicaid, NC Health Choice and "Be Smart" Family Planning

Medicaid is a health insurance program for low-income individuals and families who cannot afford health care costs.

Medicaid serves low-income parents, children, seniors, and people with disabilities. Medicaid may help pay for certain expenses such as doctor and hospital bills, prescriptions, and other health care including dental and mental health.



NC Health Choice is a health insurance program for children with family income too high for Medicaid but too little to afford private or employer-sponsored health insurance.

"Be Smart" Family Planning is designed to reduce unintended pregnancies and improve the wellbeing of children and families in NC. By extending eligibility for family planning services to individuals with no age restrictions.

To apply for Medicaid or NC Health Choice:

- > Apply immediately through EPASS https://epass.nc.gov/
- > Apply in person at Durham County DSS at 414 E. Main Street, Durham, NC 27701 from 7:30 AM-5:30 PM. 919-560-8000
- > Download forms from https://www.dconc.gov/government/ departments-f-z/social-services/medicaid.

Once enrolled, individuals who qualify for Medicaid will need to select a managed care plan. Plan enrollment is carried about by Maximus. Contact Maximus to enroll in Medicaid plans at 1-833-870-5500.

Financial Assistance

Duke University and Duke Regional Hospitals 919-620-4555 or 800-782-6945

Patients who do not have insurance and receive treatment at a Duke University Health System (DUHS) facility may receive discounted services under DUHS' financial assistance policy. Medical treatment that is urgent or provided on an emergency basis is eligible for a financial assistance discount under the DUHS financial assistance policy. To determine if your medical bills may be covered by charity care you must complete an application and receive approval.

Access to Health Care and Care Coordination

◆ Local Access to Coordinated Healthcare (LATCH) 919-613-6509

A community-based program of Duke Health's Population Health Management Office. LATCH offers free, bilingual (Spanish/ English) health services coordination and education services to help uninsured Durham County residents access available health and human services, including behavioral health care, disability assistance and community resources.

Health Insurance Marketplace

People without health insurance can enroll at the Health Insurance Marketplace for the Affordable Care Act, also known as Obamacare. The Marketplace simplifies the search for health insurance by gathering available options in one place. With one application, you can compare plans side-by-side any free or low-cost programs you may qualify for. You can also find local Marketplace navigators through the website.

To make a local appointment call: 1-855-733-3711 www.healthcare.gov

2019-2020 Federal Poverty Guidelines

Household Size	% of Federal Poverty Level (FPL)			
	100%	185%	200%	250%
1	\$12,490	\$23,107	\$24,980	\$31,225
2	\$16,910	\$31,284	\$33,820	\$42,275
3	\$21,330	\$39,461	\$42,660	\$53,325
4	\$25,750	\$47,638	\$51,500	\$64,375
5	\$30,170	\$55,815	\$60,340	\$74,425
6	\$34,590	\$63,992	\$69,180	\$86,475
7	\$39,010	\$72,169	\$78,020	\$97,525
8	\$43,430	\$80,346	\$86,860	\$108,575

This information is provided by the Access to Care Committee of the Partnership for a Healthy Durham

The Partnership for a Healthy Durham is a coalition of local agencies, organizations, community members, and leaders. The Partnership is a certified Healthy Carolinians program. Our vision is that the people of Durham enjoy good physical, mental, and social health and

well-being.



Phone: 919-560-7833 • healthydurham@gmail.com

For an electronic version of the brochure, visit: www.healthydurham.org

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Medical Care Options in Durham

For the uninsured and underinsured



Affordable Medical Care and Prescriptions

◆ Lincoln Community Health Center

1301 Fayetteville St. • 919-956-4034 (appointments) • 919-956-4000 > Monday—Friday, 8:00 am to 8:00 pm, Saturday, 8:00 am to 12:00 pm

Provides primary care services that include adult (internal medicine), pediatric, family medicine, dental and behavioral health care. This main site clinic also provides laboratory, radiology and pharmacy services. Lincoln accepts most insurance and operates on a sliding fee scale based on family size and household income for the uninsured. Patients earning less than the federal poverty level (FPL) pay a nominal fee, and discounts are available for families up to 200% FPL.

Primary care providers at Lincoln may refer eligible patients to Project Access of Durham County for specialty medical care. The Center provides same day, evening and Saturday appointments.

Transportation and interpreter services available.

Satellite Clinics: Health care for all ages, including care of chronic disease, acute illness, and health maintenance. Joint program of Duke Community Health and Lincoln Community Health Center, uses Lincoln's sliding scale fees. Patients seen at the Satellite clinics are eligible for all services offered at the main Lincoln site.

Holton Wellness Center • 401 N. Driver St., Suite 1106 • 919-530-8210

Lyon Park Clinic • 1313 Halley St. • 919-536-4205

Walltown Neighborhood Clinic • 815 Broad St. • 919-416-1254

Health Care for the Homeless Clinic, located at Urban Ministries of Durham • 412 Liberty St. • 919-808-5640

John H. Lucas Wellness Center at Hillside High School • 3727 Fayetteville St

Live Well Primary Care Clinic • 3901 North Roxboro St Suite 101 Lincoln CHC-Durham County Human Services • 414 East Main St

> Monday—Friday 1:00 pm to 5:00 pm. No appointment necessary.

→ Duke Outpatient Clinic

4220 N. Roxboro Rd., 2nd floor • 919-471-8344

> Monday-Friday 8:00 am to 5:00 pm

Duke Outpatient Clinic, a primary care clinic, serves Durham residents aged 18 and older. Services include internal medicine physicians, gynecology and contraception, clinical pharmacy consultation, nurse education, and social worker evaluation.

Nursing visits offered for one-on-one diabetes education, blood pressure checks, monthly medication injections and weight loss clinic. Diabetic, hypertension and pain/substance abuse group teaching sessions offered monthly. On site laboratory (phlebotomy) services available.

◆ Samaritan Health Center

3205 University Drive, Suite 107. English and Spanish speaking staff

- > Monday 12:00 pm to 5:00 pm, Tuesday 10:00 am to 8:00 pm, Wednesday 9:00 am-5:00 pm,
- > Thursday 9:00 am to 2:00 pm, and Thursday 5:30 pm-8:30 pm.

All interested new patients should leave a message on the eligibility line at 919-407-8154 to request an intake appointment.

Free primary care for uninsured and underinsured community members whose income is below 400% FPL. Services also include vision exams, HIV testing and counseling, and connections to patient assistance programs and specialty referrals. There is a suggested \$20 donation for a visit.

→ Durham County Department of Public Health

414 E. Main St. In general, clinic hours are 8:30 am to 4:30pm; some clinics are closed Friday afternoon. Call 919-560-7600 for more information.

Nutrition Counseling: 919-560-7791

Provides medical nutrition therapy and nutrition counseling to individuals and families.

Women's Health Clinic: Family Planning: 919-560-7601 • Prenatal: 919-560-7882

Prenatal care, postpartum examinations, and family planning services to women of childbearing age. Medicaid accepted; fees based on a sliding scale for those without Medicaid.

Breast and Cervical Cancer Control Program: 919-560-7600

Breast and cervical cancer screenings and follow up services for women below 200% of FPL, do not have Medicare Part B or Medicaid, uninsured or underinsured.

HIV and STI Testing and Counseling: (free) 919-560-7601

STD Testing Only: 919-560-7601

Provides free, quick, and confidential testing for HIV, syphilis, chlamydia and gonorrhea.

Early Intervention Clinic: 919-560-7726 • Call for appointment.

Medical and social work services to people with HIV/AIDS, in any stage of the disease. Fees based on Lincoln Community Health Center's rates.

Refugee Health Clinic: 919-560-7656 • Tuesdays 8:30 am to 5:00 pm.

Immunization Program: 919-560-7608

Provides mandated vaccines to children and some fee for service vaccines for adults.

Care Coordination for Children: 919-560-7712

Child Health Program at the Durham County Department of Public Health. Provides follow-up services for babies and young children to ensure proper health, growth and development.

Medicare Assistance

- ◆ Senior PharmAssist 406 Rigsbee Ave., Suite 201 919-688-4772
- > Monday-Friday, 8:30 am to 5 pm (Tuesday 11:30 am to 8 pm)

Medication reviews and financial assistance for medications to Medicare beneficiaries 60 and older with incomes at or below 200% FPL. Medicare insurance counseling and guidance on obtaining medicines to any Durham resident—regardless of age or income.

◆ Duke Division of Community Health Benefits Enrollment Center (BEC) • 919-681-7356

The BEC assists Medicare recipients with limited income. The BEC connects Medicare recipients to other benefits and resources such as SNAP (food stamps), Medicaid, Medicare Savings Program, Assurance Wireless, Safelink, dental assistance, food pantries, and other resources.

Family Planning

◆ Planned Parenthood South Atlantic

105 Newsom St., Suite 101 (corner with Roxboro St.) • 919-286-2872 Hours vary, call for information.

Confidential and affordable care including: birth control consultation and supplies, emergency contraception, abortion referral, gynecological exams, cancer screening, pregnancy testing and options information, testing and treatment for sexually transmitted infections, and HIV testing. Spanish speaking staff, evening and Saturday hours. Fees are based on a sliding scale for patients who qualify, or fee-for-service.

Mental Health, Developmental Disabilities, and Substance Abuse

Alliance Health Access and Information Line 800-510-9132

Toll—free line answered 24 hours a day, 7 days a week, by behavioral health professionals able to provide telephone screenings, help with enrollment of individuals for mental health, intellectual/developmental disabilities and substance abuse services, share information on available community resources, provide crisis intervention by telephone or arrange for an emergency face-to-face clinical assessment, or a referral for services to Alliance's local network of providers.

Alliance's Crisis Durham Recovery Response Center, 309 Crutchfield St. 800-510-9132. Walk in or call 24 hours a day, 7 days a week. Adults (18 and older) may be assessed and admitted, if needed, for mental health crisis stabilization and detoxification from drugs and/or alcohol in a safe environment.