

Partnership for a Healthy Durham Mental Health Committee
January 21, 2021
Minutes

Meeting Outcomes:

- Hear about Community Inclusion program for Durham from Alliance’s Carla Huff
 Listening session question review
- Identify action steps for Goal 2 Objective 1

Facilitated by: Sofia Edelman & Ashley Bass-Mitchell

Present: Sofia Edelman, Marissa Mortiboy, Alex Hails, Andrae Banks, Ashley Bass-Mitchell, Heather Williams, Raven Brooks, Kyle Smith, Kimberly Monroe			
Guest: Carla Huff			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Ice breaker and review of December minutes	It’s “veganuary,” what food could you not go without for a month?		
Presentation by Carla Huff: Community Inclusion program for the Durham Community	<p>System of Care is an organizational framework driven by values and principles. It is strength-based and person-led. Community Inclusion meetings are part of the approach with involvement of the family. Different areas are part of community inclusion planning meetings such as safety, legal, housing and basic needs, physical health, mental, behavioral and emotional health, etc. The goal is to help people transition into the community from higher levels of care, prison or jail, etc. and ensure they have the right supports. The purpose is to provide more than basic needs.</p> <p>The meetings are tailored for the individual receiving services, to support the whole person. The meetings include a variety of individuals that can contribute to the individual being able to access resources in their community setting. People do not have to be served by Alliance Health to have a Community Inclusion Program meeting. Any Durham County resident is eligible to participate.</p> <p>The meetings can help access services, provide service coordination, community connection, develop ideas, collaborate with resources, provide technical support and technical assistance. The meetings can’t address system</p>		Carla will send her presentation to Sofia to share with the full committee.

	<p>level of issues or appeal decisions. The meetings coordinate services instead of dealing with multiple layers of services.</p> <p>Individuals who are trying to be connected to services, personal supports not paid to participate, family, friends, neighbors, religious leaders and other supports can be part of the meetings. Agency and community members that can support the individual's defined needs and goals can participate as well. Ensure people have access to things that are important to them.</p> <p>Contact Carla Huff with more questions or to get involved with Community Inclusion Program meetings at chuff@alliancehealthplan.org or 919-794-1825.</p>		
<p>Review CHA listening session questions <i>Marissa Mortiboy</i></p>	<p>Listening sessions are part of the CHA process. They will be done in March and April. Committees will use the data during the Community Health Improvement Plan process. Marissa asked the committee to review and revise the listening session questions they developed pre-COVID. The listening sessions were planned for 2020 but were postponed to 2021. Suggestions included rephrasing or reframing the questions:</p> <p>First community question- Don't use acronyms such as ACEs. Spell out what ACEs means. Explain how ACEs is related to something negatively impacting someone's life (don't use trauma) and how many people are impacted. Suggested question:</p> <ul style="list-style-type: none"> • What other spaces would you want this to happen? (In reference to making ACEs task force more impactful). Target on what the group would need to know more about ACEs. <p>Second community question-</p> <ul style="list-style-type: none"> • What have you noticed happening to decrease negative experiences for children in the community? Do you feel mental health/ACEs trainings were accessible to you/the community? <p>Third community question-</p> <ul style="list-style-type: none"> • Do you know how to access mental health services in Durham if needed for you or your family? What are some of the barriers to accessing these mental health services? 		

	<p>Fourth community question- Remove question #4 or combine with #3. Add who would you call for mental health services with barriers as a separate question.</p> <ul style="list-style-type: none"> Do you talk to your neighbors or community members about mental health and the services that are available? <p>Provider questions don't need to be changed.</p>		
<p>MH Committee Action Plan GOAL 2 OBJECTIVE 1</p>	<p>The committee has decided to work on Goal 2, objective 1- Residents in target populations have increased comfort with what mental health is and what services are available → Improve resident knowledge and awareness of eligible services and how to access them. The focus will be on Black and Brown communities in Durham, those most impacted by COVID, resources for LGBTQ individuals and their families and telehealth options.</p> <p>Develop a resource list of services that don't change so they can be given to people and also include a prioritized list for the NCCARE360 platform. Get those organizations onboarded to NCCare360 to accept and make referrals. Sofia will ask the committee to make a list of resources around mental health.</p>		<p>Send resources to Ashley Bass-Mitchell and Sofia Edelman.</p> <p>Kimberly Monroe will connect Sofia and Ashley to the Black/African American COVID group.</p>
<p>Announcements</p>	<p>Alliance Health is hosting a child welfare panel on February 2, 10 am-12 pm. Ashley Bass-Mitchell will send out information.</p> <p>Heather Williams is developing a Spanish language support program. The purpose is to have conversations with young people about sexual health. This may start in March. Heather would like feedback from community on the timeline- 1 hr meeting/week for 12 weeks or holding 12 hours of meetings over the course of two days. Send Heather your ideas. She may send out a survey about this.</p>		
<p>Next meeting: Thursday, February 18; 2:00 - 3:00 pm-</p>			