

Partnership for a Healthy Durham Mental Health Committee
August 19, 2021
Minutes

Meeting Outcomes:

- Check in about needs in the community
- Continue discussion on CHIP

Facilitated by: Sofia Edelman & Ashley Bass-Mitchell

Present: Sofia Edelman (El Futuro), Bria Miller (DCoPH), Ashley Bass-Mitchell (Alliance Health), Natalie Rich (DCoPH), Kimberly Monroe (Duke Office of Engagement), Kyle Smith (Insight Substance Use Services), Annie Sheeder, Aishani Saha (Contact Line), Stephanie Grey			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Ice breaker and review of July minutes	What is the best part of your workspace at home or at the office?		
Community check-in	<p>A good part of Duke Office of Engagement’s work is with COVID-19 response teams and working with Latin-19 and African American-19. They are strategizing ways to encourage people to get a COVID vaccine. Looking at plans for the next wave and responses to access to care and mental health. There is weariness and concern about what is to come in the fall and winter considering the direction of COVID cases. Creative, collaborative initiatives that have come out of this time.</p> <p>The thought of being in a shutdown again is very anxiety inducing for people. University of North Carolina Health has a mental health resource for families. People are scrambling to figure out how new variants impact the efficacy of the vaccine. There is much more work to be done around school, work, church, etc. This could be an opportunity to re-purpose efforts and to solve issues that we had before and during the pandemic.</p> <p>Increasing number of COVID cases is very disappointing for many people. There is concern about social and health outcomes as a result of this wave. There is much concern about children returning to school and if in-person or virtual learning is best.</p> <p>Things are revving back up in Public Health, going in the direction they were before. More attention should be paid to the mental health of young people</p>		

	and the ongoing violence in the community. Concerned about those working in public health as well as the community. There also needs to be more focus on older adults and holistic needs.		
Review July's minutes	Shared July's minutes. No recommendations offered.		
MH Committee Action Plan	<p>The goal that came out of the last meeting was to include more community members. Sofia showed the goals and objectives from the Community Health Improvement Plan. They recently finished drafting a mental health resource guide that will soon be available in print. It will be offered in print to make the information more readily available to community members and organizations. The committee is waiting on funding to print them. Made the resource encompass best services available in Durham. The resource guide is available in English and Spanish. Most have Spanish language resources or telephone line. Next we are looking to get the document translated to Mandarin.</p> <p>Goal #1- Durham County residents in the target populations have access to culturally responsive mental health services.</p> <ul style="list-style-type: none"> • Focus shifted away from partnering with ACE's task force due to COVID. • Could assist with continuing education for healthcare providers. Maybe a trauma-informed care during COVID-19 training. • Assure that primary care physicians have knowledge of places to refer patients • Can also look at the trainings provided through AHEC. <p>Goal #2- Residents in target populations have increased comfort with what mental health is and what services are available.</p> <ul style="list-style-type: none"> • An issue that came up in a meeting is access to healthcare and considering language barriers. • Connecting with Access to Care and Latin-19, ACT+ to see how Spanish speaking communities are accessing care. 	See what trainings are coming through Duke AHEC and promote those to providers.	<p>Natalie stated that if she can get a quote, she will look at what resources are available to her.</p> <p>Natalie will talk to Jess Bousquette to reconnect mental health with ACE's.</p> <p>Kimberly will connect with Marvin at Duke to follow up and see what trainings we could link to providers.</p> <p>Bria will email Access to Care and Mental Health committee co-chairs to address concern with telehealth and mental health and language.</p> <p>Sofia will send the ideas out to the committee. Depending on responses, they will</p>

			move forward with action plans.
Announcements	Natalie Rich announced that all providers that contract with Medicaid for physical or behavioral health must have 100% tobacco free facilities (inside and outside) with Medicaid transformation as a part of the Breathe Easy campaign. They are recruiting an advisory board, specifically people who have in the past, or currently, receive Medicaid and have a substance dependency or behavioral health concerns.		
Next meeting: Thursday, September 16; 2:00 - 3:00 pm			