

Partnership for a Healthy Durham Mental Health Committee
September 16, 2021
Minutes

Meeting Outcomes:

- Check in about needs in the community
- Continue discussion on CHIP

Facilitated by: Ashley Bass-Mitchell

| Present: Bria Miller, Ashley Bass-Mitchell, Armenous Dodson III, Jess Bousquette, Natalie Ricch, Alex Hails | | | |
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| Agenda Items | Major Discussion Points | Recommendations | Action steps and responsible persons |
| Ice breaker and review of August minutes | If you could instantly gain a talent, what would it be? | | |
| Community check-in | Many people are concerned about the trajectory of the COVID-19 pandemic and how this will impact school and the holiday season. There are few resources available for children and parents. This pandemic has exposed many gaps in services, especially for youth and elderly populations. | Offer informational sessions that connect those in need of mental health treatment to providers. | |
| MH Committee Action Plan | <p>The brochure will be available online in PDF. We are waiting for the hard copies to arrive.</p> <p>A representative from Alliance Health will present at the next meeting and give an introduction to Mental Health First Aid. There are trainings being offered.</p> <p>We have identified a need for mental health/stress management for service providers.</p> <p>The committee continues to explore ways to connect community members to mental health resources.</p> | | Ashley Bass-Mitchell will invite someone to provide mental health and stress management tips for the group. |
| Announcements | | | |

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| Next meeting: Thursday, October 21; 2:00 - 3:00 pm | | | |
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