

Does Your Child or Family Member Need Mental Health Support?



Durham Public Schools

Contact your child's school social worker or counselor

- ✓ Call (919) 560-2032 to connect with DPS student support services
- ✓ Visit <https://embrace.dpsnc.net/mental-health/about-clmh>

National Alliance on Mental Illness (NAMI) Durham

- ✓ Phone: 1 (800) 451-9682, Text: 919-999-6527 (M-F 8:30am-5:00pm)



The Partnership for a Healthy Durham is a coalition of local organizations and community members with the goal of collaboratively improving the physical, mental, and social health and well-being of Durham's residents. There are currently more than 500 active members in the Partnership.

Mission: Committed to collaboratively improving the health and well-being of its community, and those who live in it, using racial equity principles

Vision: All people of Durham have an equitable opportunity and ability to enjoy safety and good physical, mental and social health

Durham County Department of Public Health
414 E. Main St.
Durham, NC 27701

Phone (919) 560-7833

www.healthydurham.org



Partnership for a
Healthy Durham

Durham Community Mental Health & Emotional Wellbeing Resources



When Should I Call 911?



- ✓ If someone is unconscious
- ✓ If you or someone else has taken an overdose of either prescription medication or any other type of drug
- ✓ If you or someone else has been seriously injured
- ✓ If you or someone else is hurting themselves or someone else



Local Hotlines & Walk-in Services

Carolina Outreach Behavioral Health Urgent Health Care
2670 Durham-Chapel Hill Blvd. Durham, NC 27707

- ✓ Call (919) 251-9009 for questions about services
- ✓ Walk-in hours (no appointments)
- ✓ Monday-Thursday 8a-7p;
- ✓ Friday 8a-3p;
- ✓ Saturday 9a-12p

Durham Wellness Center - Recovery Innovations

309 Crutchfield Street, Durham, NC 27712

- ✓ Call 919-687-4041 for appointments
- ✓ Crisis line 866-481-5361, 24 hours a day, 7 days a week

Duke Regional Hospital Behavioral

3643 N Roxboro St #6, Durham, NC 27704

- ✓ Call 919-470-4018 for adult psychiatric services
- ✓ Call 919-470-4017 for pediatric psychiatric services
- ✓ Emergency Department open 24 hours a day, 7 days a week

Durham Crisis Response Center

(Domestic, Sexual, and Family Violence; Human Trafficking)

206 N. Dillard St, Durham, NC 27701

- ✓ Call 919-403-9425, for questions about services
- ✓ Crisis Line 919-403-6562, 24 hours a day, 7 days a week
- ✓ Office hours: M-F 9a-5p

National Hotlines

National Suicide Prevention Lifeline
Call 1-800-273-TALK (8255)

National Alliance on Mental Illness
(NAMI) HELP Line: if someone you know is struggling with a mental illness
1-800-950-HELP (6264)

Trevor Project, serving lesbian, gay, bisexual, transgender people (LGBTQ+)
Call 1-866-488-7386
Text START to 678-678

National Human Trafficking Hotline
Call 1-888-373-7888

Additional Resources

NC 211 is an information and referral service where you can obtain free and confidential information on health and human services and resources within your community. Call 211 or 1-888-892-1162

<https://nc211.org/>

Alliance Health serves people in North Carolina's Durham, Wake, Cumberland and Johnston counties who are insured by Medicaid or are uninsured.
(800) 510-9132 <https://www.alliancehealthplan.org/>

The Durham Network of Care provides comprehensive information on local services and organizations <https://durham.nc.networkofcare.org>

The LGBTQ Center of Durham is committed to serving the City and County of Durham as well as the surrounding counties to ensure all folks have the resources necessary to live full, joyful lives.
Call 919-827-1436

NCCARE 360 is a statewide network that helps connect individuals with local organizations and resources <https://nccare360.org>

Do You Need a Therapy, Counseling, or Psychiatry Appointment?



Duke Behavioral Health North Durham
3643 N Roxboro St, Durham, NC 27704
Call (919) 684-0100

El Futuro, Inc.

2020 Chapel Hill Road Suite 23, Durham, NC 27707
Call (919) 688-7101

Durham Wellness Center - Recovery Innovations

401 E Lakewood Ave, #E1, Durham, NC 27707
Call (919) 687-4041

Durham Crisis Response Center

(Domestic, Sexual, and Family Violence; Human Trafficking)
206 N. Dillard St, Durham, NC 27701
Call 919-403-9425