



# Partnership for a Healthy Durham

## Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom - [Meeting Link](#)

Wednesday, January 12, 2022 – 9am

### Agenda

#### Meeting Outcomes

Outcome 1: Refresher on our accomplishments related to physical activity over the last three years

Outcome 2: Rank PA strategies/ interventions as a large group (for a 3-year period)

Outcome 3: Continue solidifying strategies in small groups

Facilitated by: Raina Goldstein Bunnag

<b>Present:</b>		
<b>Project/Topic/Goal</b>	<b>Major discussion points</b>	<b>Action steps and responsible persons</b>
<b>Review Minutes, Announcements, Icebreaker</b> (5 Min)		
<b>Committee Accomplishments related to physical activity -Mel</b> (10 min)	<ul style="list-style-type: none"> <li>• Created Healthy Mile Trail at Hillside, Northgate Park, Downtown and Whippoorwill</li> <li>• Developed action steps on how to improve usage of Healthy Mile Trails (HMT) and updated manual</li> <li>• Created Healthy Mile Trail signage</li> <li>• Conducted intercept surveys on Healthy Mile Trail at Holton</li> <li>• Held focus group with Healthy Mile Trail at Ridgefield</li> <li>• Brought partners interested in Healthy Mile Trails together for a forum in Jan 2020</li> </ul>	
<b>Community Health Impact Plans – Physical Activity</b>		



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<b>ranking- Christa Gibson</b> (20 min)		
<b>Small group work</b> (25 min)	Choose a group: physical activity, food access, school meals	
<b>Next Meetings</b>	Partnership for a Healthy Durham Quarterly Meeting – Wed. January 19, 2022 – 12pm, Zoom PANFA Committee– Wed. Feb 9, 2022 – 9am, Zoom	

### Healthy Mile Trails

- Lincoln/ Historic Stokesdale: 2012 (eval 2012), 2018?
- McDougald Terrace: 2014, 2018?
- Holton: 2013, 2015
- Old North Durham: 2016 (eval 2017); repaint and amend trail Dec 2020
- Ridgefield: 2017 (eval 2019)
- Hillside Park: 2019
- Northgate Park: Oct. 2021
- Whippoorwill Park: Oct 2021