

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, November 9, 2022

Minutes

Facilitated by: Kat Combs

Present: Kat Combs, Bria Miller, Kia Campbell, Ileana Vink, Lina Allegretto (Intern at Dco PH Nutrition), Amber Taylor, Jacquelyn Beam Blackwell, Tricia Smar, John Tallmadge, Angel Romero, Linden Thayer, Kimberly Moore, Chelsea Hawkins (Avance Care), Mary Oxendine, Esko Brummel (Root Causes), Jeff Forde, Kamaria Mason		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Review Minutes, Icebreaker (10 Min)	What are you most excited about as this year comes to an end?	
Announcements, Updates, Ideas (10 min)	<p>We are planning to implement Community Cafés in effort to center community voices and co-create interventions. This is a part of our work with Healthy People Healthy Carolinas through The Duke Endowment. The hope is to recruit champions for the work who will continue working with the committee going forward. This model fosters an environment for all participants to be heard while strategically recruiting attendees for equitable engagement. We are working with a consultant to plan and implement Community Cafes focused on food access and physical activity.</p> <p>Please join Men on the Move Saturday, November 19th at 9am at Merrick Moore Park in Durham.</p> <p>There is a Turkey Basket giveaway at Antioch Baptist Church at noon November 19.</p> <p>Feed My Sheep Pantry will have a drive-through food giveaway Saturday November 12.</p>	
Small Group work (25 min)	<p>Physical Activity</p> <ul style="list-style-type: none"> • Amber will work on logistics for HMT signage • Discussed adding partners to include neighborhood associations • Community driven initiatives- make neighborhoods more walkable, bikeable, etc. <p>Food Access</p> <ul style="list-style-type: none"> • The step regarding raising awareness will focus on World Hunger Day. • This group has focused on getting information out about the Senior Shuttle, but we have not actively worked to increase the number of housing sites served. Senior PharmAssist may be a good partner for this activity. Durham Center for Senior Life 	<ul style="list-style-type: none"> • Amber will work on HMT logistics • Bria will share some resources from other communities sharing strategies they have used to raise funding for

	<p>may be able to help identify areas that are underserved by the shuttle based on the folks that come to the senior center. Has increased from 5 to 10 sites. We can look at adding more non-traditional sites. Senior Shuttle GoDurham (godurhamtransit.org).</p> <ul style="list-style-type: none"> • Improve the environment at food pantries. There is a current funding opportunity for pantries to access now: https://www.goldenleaf.org/food-distribution/. <p>School Nutrition</p> <ul style="list-style-type: none"> • The group discussed screening for food insecurity within schools. The screening would include two questions. • Some schools have food pantries. PORCH provides some produce for food pantries and partners with social workers. • Be deliberate about sending food resources to schools several times per year. 	<p>Double Bucks programs.</p> <ul style="list-style-type: none"> • This group will connect with others to recommend additional Senior Shuttle sites to GoDurham. • Partner with PORCH Durham.
Next Meetings	Partnership for a Healthy Durham Quarterly Meeting – January 18th 1:00 – 12PM via Zoom PANFA Committee– Wed. Dec. 14; 9am – 10am via Zoom	