

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, December 14, 2022

Facilitated by: Nasim Youssefi

Present: Raina Bunnag (DINE, DCoPH), Nasim Youssefi (DINE, DCoPH), Bria Miller (DCoPH), Kat Combs (AHA), Katie Belusa (YMCA), Kia Campbell (DINE, DCoPH), Adithi Radhakrishnan (Produce Rescue), Amber Taylor (DCo Health Ed.), Linden Thayer (DPS School Nutrition), Mary Oxendine (DCo Food Security), Angel Romero (Duke), Ileana Vink (DINE, DCoPH), Ana Velasquez (Foro de Padres), John Tallmadge (Bike Durham), Kamaria Mason (DINE, DCoPH), Kristen Brookshire (DPS), Yvonne Reza (DCo Health Ed), Belen Rogers (Foodbank of Central and Eastern NC), Princess Mutasa, Debbie Royster, Jeff Forde (DPR), Kimberly Moore, Katusha Olave,Carolynn Crowder

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Review Minutes, Icebreaker (10 Min)	Scavenger hunt: find something that is meaningful to you and share it with the group. The minutes were approved.	
Announcements, Double Bucks Update (10 min)	Organizations in NC have started a campaign for legislatures to provide free lunches for all. NC Alliance for Health is sending out the invitations and information for this campaign. They host monthly meetings. There are opportunities for individuals and organizations to sign the letter of support. You can find more information here - https://www.ncallianceforhealth.org/catch-up-onschool-meals/ November 20 is a Day of Remembrance for those who died due to road incidents. Remembrance blog post: https://bikedurham.org/news This Saturday, December 17, Bike Durham will be in the Durham Christmas Parade. You can join Bike Durham in riding or walking in Saturday’s Holiday parade. Sign up at https://actionnetwork.org/events/2022-durham-holiday-parade?source=direct_link&	

	<p>Durham Partnership for Children will also be in the parade.</p> <p>December 15, 2022, 9am-11am PANFA will offer a training on Structural Racism presented by Dr. Jay Pearson. This is part three of our racial equity training series.</p> <p>If interested in joining the Working to Empower Spanish Speakers in the Triangle (WEST) list serv, please email Angel Romero at angel.romero@duke.edu. WEST shares information about events, bilingual jobs, public health updates, etc.</p>	
<p>Full group discussion on highlights of accomplishments in 2022 (40 min)</p>	<p>The group reflected on their accomplishments throughout 2022.</p> <ul style="list-style-type: none"> • The committee made progress with The Duke Endowment grant and racial equity work. PANFA also received continued funding and will hire a specialist for PANFA. • Work on Healthy Mile Trails continues by cleaning up existing trails this year and re-painting paths. • Expand on physical activity- engage in advocacy and safety, including biking, being more inclusive to other neighborhoods. • At the end of bicycle safety class at Eastway Elementary, the children and parents walked the healthy mile trail at Holton. Amber provided education on physical activity. • A project for the protection of crosswalks from eight schools was approved with funding from the Healthy Communities grant, adding to an effort by the City of Durham. The schools included are Burton, R.N. Harris, C.C. Spaulding, Y.E. Smith, Southwest, Morehead, Pearsonstown, and E.K. Powe. • A concern/area for improvement is the time that it takes lights to turn green for pedestrians and cyclists on Roxboro Street. They made it shorter after concerns were made but they later reverted to two minutes. • Durham Public Schools (DPS) Nutrition restructured to better serve the students in the community. Linden Thayer’s role, Assistant Director of School Nutrition, is new. This restructuring also gives more time to focus on engaging families. • NC Crunch event in October – celebrating Farm to School and local foods/farmers 	

	<ul style="list-style-type: none"> • Collaboratively hosted first World Hunger Day event this year. Mary Oxendine was one of the main people who organized the event. PANFA hosted a call-to-action table, inviting folks to this committee and to get involved in food security. If people are interested in helping, let Nasim or Mary know. There are plans to host the event again next year. • DPS started purchasing local. There will be a Taste of NC event where all the food they taste will be from NC. The first day will be in January. • DPS is working with Don't Waste Durham to improve recycling and using reusable trays • DPS is working to improve the menu by providing food that meets the needs of families, specifically culturally appropriate foods • PANFA school meals workgroup developed literature to explain that school meals would no longer be universally free, and folks needed to fill out forms for free lunch. They wrote emails, made social media posts, and circulated that messaging. • It is not too late for families to fill out lunch application. School Nutrition can retroactively remove meal charges up until the end of this school year. https://www.dpsnc.net/nutrition • Durham received funding for the Double Bucks program for three years Duke is providing some funding and hopefully the County will match those. The group wants to keep the six farmers markets already involved and expand to Black Farmers Market and others. They received many letters of support from connections made in PANFA meetings/partners in PANFA. 	
Next Meetings	Partnership for a Healthy Durham Quarterly Meeting – Wed. Jan. 18– 12pm – Zoom PANFA Committee– Wed. Jan. 11 – 9am – Zoom	