

**Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)**

**Location: Zoom**

**Wednesday, June 14, 2023– 9am**

Facilitated by: Raina Goldstein Bunnag

**Present:** Raina Goldstein Bunnag, Bria Miller, Krista Kicsak, Nasim Youssefi, Kat Combs, Eric Hodges, Salimah El-Amin, Don Bradley, Ayland Lestinger (NIEAH), Kevin Ogbonna, Ileana Vink, Gwen McNeil, Joana Krzmarzick, Angel Romero, Dr. Nadine Barrett (Duke Health), Taylor Richardson, Kia Campbell, Kamaria Mason, John Tallmadge, Katie Belusa, Sheri Starks, Elaijah Lapay, Kayla Holland, Jeff Forde, Willa Robinson

<b>Project/Topic/Goal</b>	<b>Major discussion points</b>	<b>Action steps and responsible persons</b>
<b>Review Minutes, Icebreaker</b> (10 Min)	What’s a highlight in the last month?	
<b>Project Entrust Presentation – Dr. Nadine J. Barrett and Dr. Salimah El-Amin</b> (15 min)	<p>Project Entrust is a longitudinal Duke Health program that is part of Duke’s strategic priorities and the Moments to Movement strategic plan. The goal is to assess and enhance trustworthiness in Duke Health's delivery of care and research. We will be conducting a survey reaching patients, community, community organizations, and employees to assess their perspectives and experiences in healthcare and research. The findings will be interpreted by the community, Duke’s patients, and employees, and will lead to actionable change that will be implemented under the leadership of Duke Health system, the School of Nursing, and the School of Medicine.</p> <p>Dr. Nadine Barrett and Dr. Salimah El-Amin are engaging with community to dissect health equity and health disparities. This project started at Duke. They engage community members and organizations as co-partners. A community partner asked when Duke is going to trust them to do the work. They are building on the idea of how to become a more trustworthy health system in their research and healthcare.</p> <p>Survey link: <a href="https://bit.ly/3mOrpJM">https://bit.ly/3mOrpJM</a> Website link: <a href="http://duke.is/8h5pc">duke.is/8h5pc</a></p> <p>The first phase of Project Entrust is a trustworthiness survey. Community is defined as community-based organizations, patients, community members, and employees. Large organizations tend to have more people of color in lower ranking jobs and more white people in higher ranking jobs.</p>	PANFA co-chairs will send out the survey link to the committee.

	<p>The questions in the survey ask about experiences of discrimination. <a href="https://ctsi.duke.edu/project-entrust">https://ctsi.duke.edu/project-entrust</a>. These questions get to the reasons why people have the experiences they have while seeking healthcare. This model includes presenting the findings in townhall sessions and ask the community how to solve the issues. They will ask the community what the findings mean to them and what they can do differently. This also includes sharing findings with leadership from Duke and with community-based organizations.</p> <p>Two years later, they will look at interventions and implementation while engaging with community. This survey will be administered every three years. Dr. Barrett asks that participants in this group take this survey and share it with friends, family, and colleagues.</p> <p>They had over 5,000 respondents in the first two weeks. These findings were representative of the population. That survey went out through MyChart. The survey is available in English and Spanish. It is open until June 30, 2023. There are opportunities for incentives through a raffle. The survey takes approximately ten to twelve minutes to complete.</p> <p>Question: how have you already done outreach? What spheres of Duke have you seen the most representation and where would you like to see more?  Answer: Duke would like more engagement from gender minorities and the elderly. The goal was to get 3,500 responses and they have 5,000 but most have been reached through MyChart. They want to get more engagement from the general community members.</p> <p>Question: Are Lincoln patients included on MyChart?  Answer: Yes</p> <p>The townhalls will be virtual. This is intended for everyone in Durham and Raleigh, including those who do not receive medical care from Duke.</p>	
<p><b>PANFA Specialist Introduction</b> (5 min)</p>	<p>Krista Kicsak (she/her) is the new PANFA Specialist. Her position is funded by The Duke Endowment Healthy People Healthy Carolinas initiative. Krista has a passion especially for physical activity. She was a senior research associate and has experience with exercise prescription programs. She is excited to be back in a public health role. She was born and raised in upstate New York and has been in the triangle area for</p>	

	<p>about two years now. She enjoys spending time outside. She is an animal person and a foodie. Krista looks forward to connecting with everyone.</p>	
<p><b>PANFA co-chairs 2023-24 – Introducing nominees and vote</b> (15 min)</p>	<p>Kat Combs and Scott Esko Brummel are the PANFA Co-Chairs for 2023-2024!</p> <p>Scott submitted the following before the meeting:</p> <p>Greetings! I am Scott Esko Brummel, and I've had the pleasure of participating in PANFA as a representative through the Root Causes Fresh Produce Program for local students and community members who are dedicated to promoting community health through fresh produce deliveries and coordination with Durham physicians seeing food insecure patients. Throughout my role as a program manager at Root Causes over the past three years, I have collaborated closely with our student and community leaders to inspire and empower volunteers to contribute their resources towards enhancing the well-being of our neighbors. In addition to our aim of alleviating nutrition insecurity in our community, our goal has also been for our volunteers to learn through their participation with us and see their development and the health of our community as one in the same. If appointed as a co-chair, I would eagerly lend an ear to my colleagues on the committee to offer my support and the perspective of Root Causes to their work. I would also be excited to continue to support the great work that the committee is already engaged in and seek to bring in additional perspectives to help the committee fulfill its on-going goals.</p> <p>Bria thanked Nasim, Raina, and Kat for their work and dedication to the PANFA committee over the last year. Raina enjoyed being a co-chair over the past two years. She thanked the members of this group for their work. Nasim echoes everything the others said. She thanked everyone for their work and for making the job easier.</p>	
<p><b>Announcements and small group updates</b> (15 min)</p>	<p>School Nutrition- summer meals sites should be out soon. It starts next Monday or Tuesday, depending on if the site is celebrating Juneteenth. Summer meal sites can be located using a No Kid Hungry number that people can text, information on the DPS website, and the food resource map. Linden Thayer, School Nutrition Director, is getting ready for a hub farm pilot. They are using the food from the hub farm for first to third grade students. This food will be used for lunch at camp. They will focus on using more locally sourced food cooked from scratch. The Hub Farm Camp is free of charge.</p>	

	<p>Physical Activity- in mid-May a healthy mile trail was installed at Duke Park. They surveyed those in communities at Holton, McDougald Terrace, Lincoln, and one other. All of them need some updates. From this information, they will update the trails.</p> <p>Question about lead levels at parks. No information at this time.</p> <p>Bicycle education- Durham Public Schools invited Bike Durham to the Funtastic Camp at Lakewood elementary in July. Crossing to Durham Public Schools safety program is in final design and will be installed later this year. They hope to share those protections at other schools.</p> <p>Food Access- They have been working to secure Double Bucks funding. They received some funding from Duke Health but not enough for the entire year. Durham County is funding the rest of the year and for the next three years. They are looking to select a fiscal sponsor.</p> <p>The End Hunger Durham food pantry lists have been updated for the first time since last year and is on the website. A printable version will be posted on the website soon. The list will be updated three time per year.</p> <p>What's the 411 in Diabetes session is coming up. It is virtual because they currently have better participation. The sessions are scheduled for June 15<sup>th</sup> and 19<sup>th</sup>. These sessions are on diabetes, stress, and anxiety, free of charge.  <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=owBqwQIWwEeywnLYY140L-QL_RyqlbJDIQM3N22cah5UQVBKT1k2STVNSVIEMkdPM1JYQjNSRVBWRC4u">https://forms.office.com/Pages/ResponsePage.aspx?id=owBqwQIWwEeywnLYY140L-QL_RyqlbJDIQM3N22cah5UQVBKT1k2STVNSVIEMkdPM1JYQjNSRVBWRC4u</a></p> <p>Men on the Move is at North Gate Park this Saturday, June 17<sup>th</sup> at 9am.</p>	
<p><b>Next Meetings</b></p>	<p>PANFA Committee– Wed. July 12, 2023 – 9-10am, Zoom</p> <p>Partnership for a Healthy Durham quarterly meeting –  Wednesday July 26 – 12-1pm, Zoom</p>	