

**Partnership for a Healthy Durham
Mental Health Committee
11/16//2023
Zoom**

Facilitated by: Raven Brooks, Valon Alford

Present:			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	What advice would you give to a loved one on self-care during the holiday season?		
Review Minutes from September	MH Corner in October Newsletter		
Discuss December MH Corner Topic			
Mental Health Training for Community Health Workers, Community Members	<ul style="list-style-type: none"> ▪ Edeia Lynch, Dept. of Public Health, inquired about trainings for CHWs on during last week's Access to Care meeting ▪ Can we amplify existing trainings or utilize partner organizations? 		
Workplace Wellness	<ul style="list-style-type: none"> ■ Discussion of considerations and best practices to promote workplace wellness 		
Announcements	<ul style="list-style-type: none"> ■ December Mental Health Committee Meeting Cancelled 		
<p>Next meeting: Thursday, 1/18/2024 1:00 - 2:00 pm</p>			