

**Partnership for a Healthy Durham  
Mental Health Committee  
1/19/2023  
Zoom  
Minutes**

**Facilitated by:** Ashley Bass-Mitchell and Armenous Dobson

Present: Armenous Dobson, Bria Miller, Laura Whitaker (Shatterproof), Catherine Taylor (Shatterproof), Ashley Bass-Mitchell, Stephanie Grey (Healthy Ministries), Raven Brooks, Brittany Harris (Lincoln Community Health Center- Early Intervention Clinic), Valon Alford, Tom Clark			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
<b>Icebreaker</b>	If the start of 2023 were a song, which song would it be?		
<b>Review Minutes from December</b>	The meeting minutes were approved.		
<b>ATLAS, Shatterproof</b> <i>Laura Whitaker and Catherine Taylor</i>	<p>Shatterproof is a national organization dedicated to reducing the addiction crisis in the United States. Atlas focuses on revolutionizing the treatment system. Shatterproof exists to support and empower communities. The online resource, ATLAS, includes an addiction treatment locator and assessment free of charge. The individual or anyone seeking treatment can use this tool. The assessment determines treatment needs. Visitors can compare treatment quality. ATLAS is free and completely anonymous.</p> <p>ATLAS uses multiple validated data sources to assess whether facilities are delivering care consistent with evidence-based principles. Treatment facility surveys and patient experience surveys are online and can help guide users. The website is not funded by providers. There is a comprehensive list of facilities, educational content, and patient reviews. The platform is available entirely in English and Spanish.</p> <p>North Carolina is one of ten states where this resource is available in the United States.</p> <p>Shatterproof does their work with 3 pillars of funders: payers (such as Cigna, Blue Cross Blue Shield), state agencies, and foundations.</p>	Ashley will send out this presentation and the sheet with the group.	

	<p>When using Atlas at <a href="https://treatmentatlas.org/">https://treatmentatlas.org/</a>, users can take a thirteen question assessment developed in partnership with American Society of Addiction Medicine (ASAM), or search for treatment nearby. The search engine will identify all facilities within the radius. You can filter results based on current needs. The filter can include variables such as payment or insurance, treatment type, substance used, and outpatient or inpatient services. Services for children are also included.</p> <p>Question: How do we know if the person will be kept safe?  Answer: Users can identify which facilities serve specific populations (like domestic violence, sexual abuse, etc.).</p> <p>Question: How does ATLAS address transportation barriers?  Answer: It does not address transportation yet, but can filter resources by location.</p>		
<p><b>Group Announcements &amp; Invitations</b></p>	<p>Valon is a Licensed Clinical Social Worker and has been appalled by the challenges with accessing care while helping a family member with mental health issues. She is from Durham and knows there are good efforts being made but accessing the care and the quality of care need much improvement. She is interested in supporting work to improve our systems. Navigating systems is difficult and there is little explanation. Considering the challenges she experienced supporting a family member, she can imagine the challenges for someone who isn't credentialed (LCSW).</p> <p>Access to care for Black and Brown people has been an issue here in Durham for a long time. The difference right now is that we're talking about it.</p>	<p>Bria suggested connecting Atlas to NCCASA and other sexual assault organizations.</p>	
<p><b>Next meeting:</b>  Thursday, DATE 2/16/2023  2:00 - 3:00 pm</p>			