

**Partnership for a Healthy Durham Mental Health Committee**

**DATE – 6/16/2022**

**Time: 2:00 – 3:00pm**

**Agenda**

**Meeting Outcomes:**

- Community Resiliency Next Steps

**Facilitated by:** Armenous Dobson & Ashley Bass-Mitchell

<b>Present:</b> Armenous Dobson III (Insight NC), Bria Miller (Durham County Public Health), Alex Hails (Duke), Kimberly Monroe (Duke), Brittany Harris (Lincoln Community Health Center), Ashley Bass- Mitchell (Alliance Health)			
<b>Agenda Items</b>	<b>Major Discussion Points</b>	<b>Recommendations</b>	<b>Action steps and responsible persons</b>
<b>Ice breaker and review of May minutes</b> <i>Armenous Dobson</i>	If you could transform into any animal, what would it be?		
<b>Minutes</b> <i>All</i>	The minutes were approved.		
<b>Community Resiliency Model Training Recap</b>	<p>The Community Resiliency Model training was held June 6, 2022. We received positive feedback on the training, and several were interested in getting additional staff members from their organizations trained.</p> <p>Mental Health committee members appreciated the training style and supplemental materials provided. Participants especially valued how the trainer set the atmosphere by giving trigger warnings and encouraging folks to take care of themselves in whatever ways they needed. Examples of ways to practice selfcare during the training included taking breaks, turning the camera off, grabbing a water or tea, etc.</p> <p>The content of the training included a path to provide tools for empathy and implement strategies.</p>	The committee would like to host additional trainings in the future.	Bria, Ashley, and Armenous will discuss plans for future trainings with Jess Bousquette.
<b>Action Steps</b>	<p>What action next steps do we want to take as a committee?</p> <ul style="list-style-type: none"> <li>• Host mental health and crisis intervention training for faith leaders.</li> <li>• Continue connecting people to Mental Health First Aid training through Alliance Health.</li> </ul>	Armenous will find someone to speak on this from the Durham perspective.	

	<ul style="list-style-type: none"> <li>• Share information on the 988 line with Durham residents. Propose equitable practices.</li> <li>• Connect providers to NCCARE360 trainings so they are knowledgeable of this tool to access mental health resources.</li> </ul>		
<b>988</b>	<ul style="list-style-type: none"> <li>• Are there additional questions we want to add for DHHS related to the 988 mental health line?</li> </ul> <p>Bria shared the questions from last time for the group to review and discuss.</p> <ol style="list-style-type: none"> <li>1. Do you have a communication strategy?</li> <li>2. Is there a community education plan?</li> <li>3. Is there money from the state to support local rollout?</li> <li>4. Will there be bilingual staff on the line? It is needed because when in crisis, communicating with interpreters is overwhelming.</li> <li>5. Is there a plan for those who speak languages other than English and Spanish? There are many other languages spoken throughout North Carolina. Half of Durham residents speaking Vietnamese are monolingual.</li> </ol> <p>Edits and additions include:</p> <ol style="list-style-type: none"> <li>1. Does North Carolina Department of Health and Human Services have a communication strategy?</li> <li>2. If a mental health call goes to 911, does the call get transferred to 988?</li> <li>3. Is there someone in Durham who represent the line? Is Alliance Health involved?</li> </ol> <p><a href="https://www.suicideline.org/">The Lifeline and 988 : Lifeline (suicidepreventionlifeline.org)</a></p> <p>Armenous and Ashley will continue as co-chairs 2022-2023.</p>		Bria will submit these questions to her supervisor for approval.
<b>Announcements</b>	<ul style="list-style-type: none"> <li>✚ If we run out of time to make announcements, please include them in the chat to be shared with minutes and Partnership newsletter</li> <li>✚ If you have topics that you would like our group to cover please feel free to email Ashley &amp; Armenous</li> </ul>		

**Next meeting:**  
Thursday, DATE 7/21/2022

2:00 - 3:00 pm