

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, January 10th, 2023

Zoom-9am

Facilitated by: Scott Brummel, Kat Combs, Krista Kicsak

Present: Shannon Jackson (Duke Injury Prevention), Marlene McAuley, Kat Combs, Scott Brummel, Kelly Warnock, Angel Romero, Don Bradley, Bria Miller, Malinda, Megan Marquis, Sally Wilson, Macklyn Mosley, John Tallmadge, Ellie Morris, Belen Rogers, Kevin Ogbonna, Gabrielle Rivero, Vanessa Real Williams, Jacquelyn Beam Blackwell, Willa Robinson Allen, Alysha

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p>Welcome & Introductions (10 mins)</p>	<p>Icebreaker on Padlet: What is your 2024 resolution, or what are you looking forward to in 2024?</p> <p>The group is excited for the new year, and some members have some big trips in the planning process.</p>	
<p>Announcements (5 mins)</p>	<p>Orange County is looking to secure funding for Double Bucks, the program that allows individuals who are eligible for SNAP to receive double their dollars at eligible farmer’s markets. If anyone has any knowledge of grants or other funders, please reach out to the DINE team, such as Kelly Warnock or Nasim Youssefi.</p> <p>The Health Education team at the Durham County Department of Public Health (DCoDPH) is holding a focus group about communities of faith working together towards overdose prevention and education. This will be held on Tuesday, January 23rd, 2024 from 6pm-7:30pm at the Beacon Light Missionary Baptist Church on 403 Cook Road, Durham. This event is free and is intended for clergy, faith and health ministry leaders to discuss and raise awareness around this issue. Food will be provided for registered participants-registration link.</p> <p>Neighborhood Improvement Services and All Neurotypes are holding an Autism and Neurodivergent Wellness Resource and Respite Fair on Saturday, January 20, 2024 from 10am-2pm at Eno Valley Elementary School & The Hub Farm, at 117 Milton Road.</p>	

	<p>NC Child Hunger Leaders Conference is being held on Tuesday, February 27th in Chapel Hill. Find more information here.</p> <p>The Center for Environmental Farming Systems is holding a FREE webinar on Thursday, January 18 from 6-8pm. This workshop will share basic concepts of farm financial benchmarks, followed by specific tasks for participants to work on their own data collection and analysis. Information and registration can be found here.</p>	
<p>Workgroup Time/Jamboard (25 mins) Physical Activity Nutrition Food Access</p>	<p>Members had the choice of joining one of the three workgroups: physical activity, school nutrition, or food access. In these workgroups, members will use this Jamboard Link to brainstorm ideas and programs they would like to see us work towards in the next few months.</p> <p>Food access: These members discussed the following:</p> <ul style="list-style-type: none"> ● NCCARE 360 and the issues and capabilities related to food connections and food referrals, as well as a way of encouraging organizations that provide food resources to enter their information on NCCARE360. ● We should find a way to bring together the various websites for food resources in Durham into one central hub. ● Use Durham’s Network of Care to identify and add food resources. ● End Hunger Durham-looking back into where the resources are and developing a platform. ● Continue working with the MEANS Database (Matching Excess and Needs for Stability), which can match excess food and food recipients. The group should also assist with sharing this program with community partners to share the word and get them signed up to receive food. ● Currently, we have food donors interested, but we are still working to find recipients. 	<p>Invite Braedyn Mallard to meetings: braedyn_mallard@dpsnc.net</p>

- Some members are curious about if we as a group need to do any interviews or focus groups with the community to assess what they need in relation to food access. The Partnership will be holding community conversations over the next few months.
- Continue telling community partners and members about Durham Double Bucks to increase utilization.
- Look into if there are programs in place to ensure accessibility for people who are housebound.
- The group should focus on the sustainability of Meals on Wheels' hospital discharge program

School Nutrition:

- Highlight and focus on the progress made with community eligibility provision (CEP), as this is time sensitive. Applications for district-wide CEP use are due on April 1st. Mary Oxendine sent a letter to the county commissioners explaining the benefits of this and the limited effects to Title 1 allocations (a concern of theirs).
- There is a desire to reconnect with Linden Thayer and Braeden Mallard to see about assisting with food procurement

Physical Activity:

- Project idea: Paint the playground, maybe at Durham Public Schools (DPS) or Durham Parks and Recreation (DPR)
- Host a Safety Day with Bike Durham's End of the Year Event
- The group would like to collaborate with Book Harvest, or Durham County Library, on a reading trail. Maybe even gardening kids or physical activity kits.
- Hosting a community movement challenge or walking challenge, similar to one done years ago (Lose to Win) but not so much focused on weight loss. Connect the community and get people moving with community walking groups and campaigns.
- Work with Kaboom!; a national organization helping to build playgrounds

	<ul style="list-style-type: none"> ● Bike Durham is looking to partner with another organization to hold teen/adult bike riding and skills classes. ● The regional transportation planning organization is going to be starting a Vision Zero traffic safety plan in the next few months. Public Health professionals should be plugged in with this work. The City of Durham will also be reconvening a Vision Zero task force on which others from this group might want to serve on. ● Bike Durham is working on a curriculum for DPS elementary school physical education coaches to deliver in their classes. 	
<p>Wrap Up & Next Meetings (10 mins)</p>	<p>PANFA February Meeting: February 14th https://us02web.zoom.us/j/85953302971?pwd=T3didzRVM3dWbjBEMVBCYVZYbGFiUT09 Meeting ID: 859 5330 2971 Passcode: 012249</p> <p>Physical Activity workgroup: January 23, 2024 9-9:45am https://us02web.zoom.us/j/85613682116?pwd=UHR6ZmlEazdCO2o0dnMyY0FtZkVIQT09 Meeting ID: 856 1368 2116 Passcode: 804454</p>	