

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: Zoom

Wednesday, December 13th

9-10:30am

YMCA Downtown-Tier Room

Facilitated by: Scott Brummel, Kat Combs, Krista Kicsak

Project/Topic/Goal	Major discussion points
<p>Welcome & Introductions **Please make sure to SIGN IN on attendance sheet</p>	<p>Help yourself to food!</p>
<p>Celebrating 2023 Looking towards 2024</p>	<ul style="list-style-type: none"> ● Wall Sticky Activity: members can write on large sticky notes posted on the walls for the following prompts: <ol style="list-style-type: none"> 1) What are some highlights from each of the Community Health Improvement Plans (CHIPs)? What should we continue to work on? 2) Any other suggestions? Who is missing from Partnership and PANFA meetings? <p>CHIPs:</p> <p>#1: <i>Raise awareness around food access and local efforts to address food insecurity in our community</i></p> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: 30%;"> More focus on the connection between food access and food waste, and connection of food waste to global climate change </div> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: 30%;"> We need help marketing double bucks throughout the Triangle </div> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: 30%;"> Thanks for helping with MEANS </div> </div> <p>#4: <i>Support Senior Shuttle, increase usage and expand to new housing sites</i></p> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: 30%;"> Advocated for additional store options </div> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: 30%;"> Partner with Durham Center for Senior Life </div> </div> <p>#5: <i>Improve the environment at food pantries</i></p> <div style="border: 1px solid black; background-color: #f4a460; padding: 5px; margin-top: 10px; width: 30%;"> Food waste reduction (MEANS) </div>

#6: Continue to create or enhance access to places for physical activity, like Healthy Mile Trails (HMT), parks and recreational or exercise facilities

Healthy Mile Trail cleanups

Promote currently available PA opportunities (market DPR programs)

#8: Implement community-wide campaigns to promote physical activity and increase awareness of places for physical activity

Swag?!

Community/school HMT cleanups

#11: Bring together groups/individuals invested in School Nutrition Services in an effort to collaborate to best support SNS and avoid duplication of efforts

Setup additional DPS & PANFA interim meetings

Set up school-based pantries/food resources

Who is missing from Partnership/PANFA meetings?

Durham Community Fridges

Communities in Partnership (CIP)

ESL folks

City/County food purchasing (healthy)

Youth

Community members in neighborhoods

Bring Mental Health back into the Partnership

Unboxed DPS Food Council (just started)

Announcements

January Meeting: January 10th at 9am on Zoom

<https://us02web.zoom.us/j/85953302971?pwd=T3didzRVM3dWbjBFMVBCYVZYbGFiUT09>

Meeting ID: 859 5330 2971

Passcode: 012249

Physical Activity workgroup: January 23, 2024 9-9:45am

<https://us02web.zoom.us/j/85613682116?pwd=UHR6ZmlEazdCQ2o0dnMyY0FtZkVIQT09>

Meeting ID: 856 1368 2116

Passcode: 804454