Our Community  
Our Health  

Durham County Survey Results  

Note: These results include residents from the entire county. There was another survey done in predominantly Hispanic and Latino neighborhoods.

Community Health Assessment Process

Survey  
Discuss Results  
Choose Priorities  
Work!

Durham County completes a community health assessment every three years. We start by surveying the community. Then we meet with community members to discuss the results, select priorities, create action plans, and start working on the goals! Community members are involved every step of the way.

Health Care

Uninsured

18% of respondents did not have health insurance at some time during the last year.

Health Care Costs

Cost, lack of coverage through employers, immigration status, and transitioning between jobs were the top barriers to getting insurance.

Difficulty Accessing Care

15% of respondents had trouble getting health care for themselves or their families during the past year.

People had the most trouble getting care from dentists, primary care doctors, and eye doctors.

Top Five Causes of Stress

44%  
Work

27%  
Caring for someone with a disability

25%  
Personal relationships

24%  
Bills

13%  
Personal disability

Discrimination and Racism

16% of respondents were upset because of the way they were treated based on their race in the past month.

Percent of respondents who said their experiences were worse than people of other races when seeking health care in the past year by race:

- African American or Black: 6%
- Other: 5%
- White: 0%
- Hispanic or Latino: 17%
What would make you want to walk more? (Top five)
- 39% better lighting, sidewalks, and crosswalks
- 27% more trails
- 25% a walking group
- 20% reducing crime
- 12% enforcement of traffic rules

Where do you go to exercise?
- Home: 46%
- Private gym: 43%
- Neighborhood: 42%
- Park: 23%
- Trail: 21%

What makes it hard to eat healthy? (Top four reasons)
- 29% healthy food takes too long to prepare
- 27% cost
- 19% there are few healthy options outside the home
- 16% healthy food does not taste good

Top community issues with the greatest effect on quality of life in Durham
We asked respondents to choose three issues out of 22 choices that have the greatest effect on quality of life in Durham County. Here are the top five issues that were selected.
- Substance use
- Discrimination and racism
- Poverty
- Homelessness
- Lack of affordable housing

Top services that need improvement in Durham
The top five services that need improvement (out of 19 possible choices) selected by respondents are listed below.
- Higher paying employment
- Sidewalks and bike lanes
- Affordable housing
- Availability of employment
- Positive teen activities

What one thing would make Durham or your neighborhood a better place to live?
- Reduction in crime and violence
- Mingling between people of different backgrounds
- More recreational facilities and activities

If you want to help choose priorities and create action plans to address the needs of Durham communities, contact Marissa Mortiboy at mmortiboy@dconc.gov or 919-560-7833. The full report will be available in the spring of 2018. For more information, visit healthydurham.org