Durham County Survey Results: Hispanic & Latino Sample

Note: These results include residents from predominantly Hispanic and Latino neighborhoods. There was also a separate survey for the general public in Durham County.

Community Health Assessment Process

Survey → Discuss Results → Choose Priorities → Work!

Durham County completes a community health assessment every three years. We start by surveying neighborhoods with at least 50% Hispanic or Latino residents. Then we meet with community members to discuss the results, select priorities, create action plans, and start working on the goals! Community members are involved every step of the way.

Health Care

Uninsured

36% of respondents did not have health insurance at some time during the last year.

Difficulty Accessing Care

18% of respondents had trouble getting health care for themselves or their families during the past year.

Immigration status, cost, lack of coverage through employers, and confusion about how to enroll were the top barriers to getting insurance.

People had the most trouble getting care from primary care doctors, dentists, and pharmacists.

Top five causes of stress

- Work: 30%
- Bills: 20%
- Personal relationships: 18%
- Caring for someone with a disability: 14%
- Neighborhood violence: 9%

Discrimination and Racism

27% of respondents were upset because of the way they were treated based on their race in the past month.

1 in 5 respondents said their experiences were worse than people of other races when seeking health care in the past year. That is 21% of respondents.
What would make you want to walk more? (Top five)

- 26% more trails
- 19% walking groups
- 19% better lighting, sidewalks, and crosswalks
- 19% reducing crime
- 17% increasing the number of curb ramps

Where do you go to exercise?

- Park: 43%
- Home: 28%
- Don't exercise: 16%
- Neighborhood: 15%
- Public Recreation Center: 11%

What makes it hard to eat healthy? (Top four reasons)

- 35% cost
- 25% healthy food does not taste good
- 22% nobody else in my family would eat it
- 19% healthy food takes too long to prepare

Top community issues with the greatest effect on quality of life in Durham

We asked respondents to choose three issues out of 22 choices that have the greatest effect on quality of life in Durham County. Here are the top six issues that were selected.

- Violent crime
- Theft
- Substance use
- Inadequate health insurance
- Discrimination and racism
- Poverty

Top services that need improvement in Durham

The top five services that need improvement (out of 19 possible choices) selected by respondents are listed below.

- Positive teen activities
- More health providers who accept Medicaid and Medicare
- Affordable housing
- Higher paying employment
- Culturally appropriate health services

What one thing would make Durham or your neighborhood a better place to live?

- Access to police without the threat of deportation
- Cleaner neighborhoods
- More health care and insurance options

If you want to help choose priorities and create action plans to address the needs of Durham communities, contact Marissa Mortiboy at mmortiboy@dconc.gov or 919-560-7833. The full report will be available in the spring of 2018. For more information, visit healthydurham.org