IDEAL STATE
IDEAL STATE – PREVENTION

- Focus resources and money on prevention
- Increase health promotion
IDEAL STATE – DIVERSITY

- Ethnicity
- Race
- Sexual orientation
- Gender
IDEAL STATE – EASY

- Easy to navigate
  - Insurance
  - Services
  - Finding providers
- Integrated services
  - Dental
  - Vision
  - Mental health
IDEAL STATE – AFFORDABLE & UNIVERSAL
BARRIERS
BARRIERS - COST

- Referral system
- Insurance
- What is covered?
- Copays and deductibles
- What provider do I see?
BARRIERS – TRUST AND RELATIONSHIPS

• No ongoing relationship with provider(s)
  • Do they have my best interest at heart?
• No relationships between providers
• Lack of trust
• Fear of government
BARRIERS – COMMUNICATION

- Jargon
- Language barrier
BARRIERS – TRANSPORTATION
SOLUTIONS
SOLUTIONS – CULTURAL COMPETENCY

• Racial equity training for providers
• Cultural competency
• No jargon
SOLUTIONS – NONTRADITIONAL CLINICS

- Mobile clinics
- Walk in clinics
- Extended hours
- Holistic health
- Alternative medicine
- Integrated services
SOLUTIONS – AFFORDABILITY

- Universal healthcare
- Sliding fee scale
SOLUTIONS—EASY

- Patient navigator
- Education on role of PCP
- Ask retired health care providers or workers to volunteer
GOALS

1. Providers are diverse in terms of race, ethnicity, gender, and sexual orientation.
2. Prevention and holistic care is a priority.
3. Everyone has access to health insurance and healthcare.
4. The healthcare system is easy to navigate.