Partnership for a Healthy Durham Access to Care Committee September 9, 2021 Minutes

Access to Care: This committee's activities include advocating for changes that will affect health care coverage for residents across all ages and developing community and agency-based strategies to make measurable improvements in access to care for the uninsured and underinsured residents of Durham.

Facilitated by: Kearston Ingraham & Kimberly Alexander

| Topic | Major Discussion | Recommendations and |
|---------------------------------|--|--------------------------------|
| | | Action Steps |
| Welcome, Introductions, | How are you practicing self-care? | |
| & Check-in | | |
| Kimberly Alexander | | |
| Review August Minutes | No recommendations made. | |
| Committee Member Updates | Several members expressed interest in focusing on access to exercise. Exercise | Invite Jeff Ford from Durham |
| All | opportunities in the community include: | Parks and Recs to speak on the |
| | September is national yoga month. | facilities and programs |
| | Yoga in the park at North Gate | available. |
| | • 100 miles walking challenge | |
| | Bull City Running Transform Your Sole | |
| | | |
| | Angel coordinated listening sessions in Spanish. Many participants were not | |
| | familiar with parks and trails in the area. Bria heard similar feedback in | |
| | listening sessions. | |
| | | |

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Review Medicaid Transformation Presentation

Kearston Ingraham

Kearston shared the PowerPoint presented by Debra C. Farrington of NC Department of Health and Human Services at the meeting August 9, 2021. The presentation covered North Carolina Medicaid.

We need to differentiate between those who are insured, underinsured, and those who have Medicaid. Often those with Medicaid don't get the information they need to access the resources needed. Many don't understand the need for a primary care provider. There is also confusion around choosing a Medicaid plan. Better information about Medicaid and what services folks are approved for is needed. Many people with Medicaid do not know that they have access to transportation for healthcare. There is a Healthy Opportunities grant that the state has coming out. The goal is that patients are navigating the systems well. With Medicaid transformation, transportation must be requested from their provider.

In addition to Medicaid, there could also be information provided for the unhoused. There are funds coming from the state to make sure they have agencies connecting Medicaid recipients to those services. They are providing housing resources, case management, etc. The State is looking to provide healthy opportunities. https://www.ncdhhs.gov/about/department-initiatives/healthy-opportunities/healthy-opportunities-pilots

Makes a pamphlet or brochure to explain to people what resources they have access to with the Medicaid. This may be something we can work with Debra to produce. And we would need to think about what the dissemination plan would look like.

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| Announcements All | The Biden-Harris Administration Quadruples the Number of Health Care Navigators Ahead of HealthCare.gov Open Enrollment Period In largest-ever investment in the program, Centers for Medicaid and Medicare Services is awarding \$80 million to support Navigators in ensuring health coverage access to underserved populations. Next month we will have a presentation on Medicaid for All. | The committee will use Angel's graphic from years past to encourage flu vaccinations. Julia Giner will reach out to the Legal Justice Center. They wrote a report about the various companies involved and what people are experiencing with Medicaid to determine which plan works best for them, especially for those living with HIV. |
|-------------------|---|---|
| Meeting Adjourn | on Ingraham Kimberly Alexander Angel Romero (Duke Health) Jennifer Bright | an (Access to Come Co. Chain in |

Participants: Bria Miller, Kearston Ingraham, Kimberly Alexander, Angel Romero (Duke Health), Jennifer Brighton (Access to Care Co-Chair in Wake County), Nadia Aguilera-Funez (Office of Health Equity, Duke Cancer Institute), Sonia Barnett (Duke Cancer Center), Elizabeth Brill, Julia Giner (retired from Duke), Keyanna Terry, Aleyah Brown (Office of Health Equity at Duke Institute)

*Next Meeting: October 14th at 8:30 am