Access to Healthcare
Durham County, NC

Access to healthcare has been the number 2 Durham County health priority since 2018

How Healthy is Durham County?

Poor or fair health 1  Obesity 1  Adult smoking 1  Excessive Drinking 1
17%  28%  15%  16%

Each of the above categories have decreased since 2017

Years Potential Life Lost per 100,000 1

<table>
<thead>
<tr>
<th>Race</th>
<th>Years Lost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
<td>8800</td>
</tr>
<tr>
<td>Hispanic or Latin</td>
<td>4000</td>
</tr>
<tr>
<td>White</td>
<td>4700</td>
</tr>
</tbody>
</table>

Low Birthweight 1

<table>
<thead>
<tr>
<th>Race</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>AI or AN*</td>
<td>16%</td>
</tr>
<tr>
<td>Asian</td>
<td>8%</td>
</tr>
<tr>
<td>Black</td>
<td>13%</td>
</tr>
<tr>
<td>Hispanic or Latin</td>
<td>7%</td>
</tr>
<tr>
<td>White</td>
<td>6%</td>
</tr>
</tbody>
</table>

*American Indian or Alaskan Native

Durham County has fewer Years of Potential Life loss than North Carolina and the US 1

Reasons for disparities: higher cardiovascular disease, homicides, and infant mortality contribute to the premature death rate for Blacks or African Americans. 2

Reasons for disparities: exposure to chronic stressors such as systemic racism, inadequate prenatal care, employment, and unstable housing contribute to poor pregnancy outcomes among people of color. 2

Access to Healthcare

Do you have a personal doctor from a survey from 2019

Yes 77%  No 23%

<table>
<thead>
<tr>
<th>Race</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black</td>
<td>82.9%</td>
</tr>
<tr>
<td>Hispanic or Latin</td>
<td>50.8%</td>
</tr>
<tr>
<td>White</td>
<td>82.9%</td>
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</table>

Reasons for disparities: People who don’t speak English are less likely to have a primary care provider. People of color often report having poor communication with physicians.

Flu Vaccination in 2018 1

<table>
<thead>
<tr>
<th>Location</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Durham County</td>
<td>58%</td>
</tr>
<tr>
<td>North Carolina</td>
<td>52%</td>
</tr>
<tr>
<td>United States</td>
<td>48%</td>
</tr>
</tbody>
</table>

Durham has more primary care providers per patient (802:1) than North Carolina as a state (1,405:1). 1

This helps patients find resources for their healthcare in a variety of places to get important vaccines such as the Flu and COVID vaccine, get quality care without insurance, and provide education to a variety of populations.

The main reason Durham County residents didn’t get the healthcare they needed is because they don’t have insurance according to the 2019 Community Health Assessment Survey. 3

April 2022
What people are saying in Durham County

"Having the ability to buy care makes a real difference"

"Healthcare is extremely expensive"

"I have used a lot of things virtually"

"Being able to have health insurance certainly broadens my ability to seek help"

13% of Durham County residents are uninsured

Reasons for disparities:
People of color are more likely than whites to have low wage or hourly jobs that often do not provide an option for affordable employer sponsored health insurance.

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Durham County, NC

Barriersto getting Health Insurance
1. Cost
2. Immigration status
3. Lack of employer based plans
4. Unemployment

A family of 4 can make a MAXIMUM of $35,245 a year AND be one of the following to be eligible for Medicaid:

- Pregnant
- Be responsible for a child 18 years old or younger
- Blind
- Have a disability or a family member with a disability
- be 65 years old or older

621,000 North Carolinians would be eligible for health insurance if North Carolina expanded Medicaid.

Get Coverage

healthcare.gov  1-800-318-2596
For other languages: https://www.healthcare.gov/language-resource/

medicaid.gov

healthinsurance.org  866-689-8675

Provides primary and preventative healthcare 919-956-4000

Mission to improve health of uninsured and underinsured Durham County residents 919-213-4077

Resources:
1. Countys nationalist.org
2. America's healthrankings.org
3. 2020 Durham County Community Health Assessment
4. Association of State and Territorial Health Officials. 2011. Primary Care and Health Equity
5. 2021 Community Health Assessment Listening Sessions
6. Durham County 2019 State of the County Health Report
7. benefits.gov
8. healthinsurance.org