

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, July 13, 2022

Minutes

Facilitated by: Raina Goldstein Bunnag

<p>Present: Raina Goldstein Bunnag, Bria Miller, Nasim Youssefi, Nija Newton (DCo PH Intern), Esko Brummel (Root Causes/El Centro), Mary Oxendine, Kate Brodie (Duke Well), Tricia Smar, Angel Romero, John Tallmadge, Don Bradley, Alex Hurdle, Taniscia Davis (Family Specialist), Chris Abrons (Durham Farmer’s Market), Tammy Ferrell (Bike Durham), Sheri, Mel Downey-Piper, Ileana Vink, Bernadette Greene (Breastfeeding Durham and Fatherhood Durham), Jeff Forde, Kia Campbell, Colleen Toomey, Kamaria Mason, Yvonne Reza, Marcus</p>		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p>Review Minutes, Icebreaker (10 Min)</p>	<p>If you could only bring one item to the beach, what would it be?</p> <p>The minutes were approved.</p>	
<p>Announcing 2022-2023 Co-Chairs (5 min)</p>	<p>Raina Goldstein, Nasim Youssefi, and Katherine Combs are the co-chairs for the Physical Activity, Nutrition, and Food Access (PANFA) committee 2022-2023. All three candidates had a high number of votes. They are excited about their roles this year.</p>	
<p>Announcements, Updates, Ideas (15 min)</p>	<p>A StoryMap with an analysis of food apartheid in Durham County, North Carolina is available at https://storymaps.arcgis.com/stories/4617859c60ff44a69c15477a27382133</p> <ul style="list-style-type: none"> - Durham Parks and Recreation (DPR): <ul style="list-style-type: none"> o Men on a Move at Leigh Farm Park 9-10am on Sat July 16. Families are welcome. o Concerts and movies are in the park for free with DPR during the summer. o Fun caravans- mobile recreation is an opportunity for families to have fun in the parks. - Bike Durham- Durham Public Schools bike to school hiring safety educators; part time positions in the morning during school year. - Food Security Network Steering Committee applications are due July 17th: https://ncsu.qualtrics.com/jfe/form/SV_1RgEDvcq6uEhK6i - Durham County Department of Public Health’s gun safety team got a grant to train other community teams interested in learning. If any other county is 	

	<p>interested in the Gun Safety Team Virtual Training it is available here https://www.surveymonkey.com/r/GSTtrainingRegistration.</p> <ul style="list-style-type: none"> - White House Listening Sessions for Conference on Hunger, Nutrition, and Health: local groups (such as Duke) have been coordinating meetings to share opinions on this topic before the main conference. Next one is scheduled for July 14th, 12-1pm. Register here: https://www.eventbrite.com/e/listening-session-white-house-conference-on-hunger-nutrition-and-health-tickets-367682577487?aff=ebdsoporgprofile 	
<p>Small group work and report back (30 min)</p>	<p>Participants chose a breakout room to join.</p> <p>Physical activity:</p> <ul style="list-style-type: none"> • The committee has paint for the trails and a spray gun. Don Bradly has students who can help to clean the trails and help with painting. Weekends usually work best for them. Plaques must be in English and Spanish. Jeff Forde will take the lead on getting examples of plaques and how many need to be ordered. Information should include a map of the trails along with the name, distance, etc. • Angel Romero- would like to propose an education campaign to teach pedestrians how to walk on city streets with no sidewalks and the pedestrian/bike trails (not the Healthy Mile Trails on sidewalks). Many people, including parents with strollers, walk on the wrong side on streets without sidewalks. Likewise, some walkers and runners use the left lane instead of the right lane on the pedestrian/bike trails. This causes safety problems with cyclists, especially on blind curves. One suggestion is to include arrows that suggest which way people should walk like in European countries. <p>Food access:</p> <ul style="list-style-type: none"> • Several people attended the workgroup for the first time! • Several food delivery projects ended. • Root Causes received a grant and will deliver food to patients. This project begins in November. • Double Bucks funding is an issue of concern. The Blue Cross Blue Shield funding ends in October. Someone mentioned reaching out to The Duke 	

	<p>Endowment for funding. There also may be applications from the County or City for food access grants.</p> <p>School nutrition:</p> <ul style="list-style-type: none"> • Durham Public Schools nutrition services is restructuring and will get new staff. • This workgroup wants to share their work. • Worked on Frequently Asked Questions document about school meals and created signs to promote sites for free meals during the pandemic. 	
Next Meetings	<p>Partnership for a Healthy Durham Quarterly Meeting – Wed. July 20 – 12pm – Zoom</p> <p>PANFA Committee– Wed. August 10, 2022 – 9am – Zoom</p>	