

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, August 10, 2022

Minutes

Facilitated by: Kat Combs

Present: Kat Combs, Raina Goldstein Bunnag, Bria Miller, Nasim Youssefi, Kia Campbell, Don Bradley, Linden Thayer, Kamaria Mason, John-Paul Zitta, Marissa Mortiboy, Tricia Smar, Alex Hurdle, Jacquelyn Blackwell, Colleen Toomey, John Tallmadge , Jennifer Bailey		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Review Minutes, Icebreaker (10 Min)	<p>Would you rather lose your phone or have no internet?</p> <p>There are several areas in North Carolina that do not have access to Broadband internet. The icebreaker question was inspired by the Affordable Connectivity Program (ACP). ACP provides internet assistance for qualified, low-income households There is a NC Division of Broadband and Digital Equity offering the following.</p> <ul style="list-style-type: none"> • A \$30 a month discount for their internet bill or \$75 a month for internet service on tribal lands • \$100 to buy a laptop, desktop, or tablet through their internet provider with a co-payment of more than \$10 but less than \$50. <p>Broadband Map for Durham built by John-Paul Zitta: https://durhamnc.maps.arcgis.com/apps/webappviewer/index.html?id=c3a3bd2373544c7db62d9d91b56c0b5c</p>	
Durham County Apartheid Story Map Presentation (15 minutes)	<p>John-Paul Zitta is the Population Health Data Scientist at Durham County Department of Public Health. Today John-Paul is presenting on Durham’s Food Apartheid Map developed in collaboration with DataWorks and Durham County Department of Public Health’s Nutrition Department.</p> <p>The team that developed the map uses the term food apartheid instead of food desert because it places value on the language for food justice and acknowledges the power in communities of color. The term also points to systemic issues that lead to food insecurity.</p>	The Food Access workgroup will use this data to drive their work.

This map looks at levels of income. In Durham County, on average less than \$40,000 of household income is considered materially impoverished. Viewers can see where food apartheid exists in Durham considering proximity to food stores, percentage of folks living in poverty, etc.

This tool is interactive and allows users to Zoom in and out of neighborhoods. The highest income areas are dark blue, lowest income are red. Lower income areas in red have access to fast food and corner stores, not actual food markets.

The 2019 data shows homes that receive Supplemental Nutrition Assistance Program (SNAP) benefits. These areas are more likely to receive subsidized meals. When looking at block groups, we can see the percentage of homes that receive SNAP.

The food access within Durham City limits is available through a special analysis. This identifies all the grocery stores in Durham County. It has the names of markets, contact information, languages spoken, and whether they accept SNAP.

About 50% of blocks in Durham are more than one mile away from a grocery store.

Community assets are resources we have in Durham to help combat food insecurity. There are 62 food pantries in Durham according to End Hunger Durham. Twenty food pantries are in areas that have low food access, outside of the grocery store areas. There are also sites providing no cost meals for kids. That information is available on Durham Public Schools website.

The map also looks at the bus system. The numbers in the busses on the map shows the number of bus stops in the area. The bus system can also connect people to food.

Sixty-five years and up populations of color is presumed as the most vulnerable population to food apartheid. Populations of color means Native, Asian, Black or African American, and La Comunidad Hispana population. We can see that this population significantly overlaps with populations that have low access to food.

Questions and answers:

Q: How is this map being used?

	<p>A: It is being used internally to see trends and needs. For example, the data shows school nutrition or other nutrition needs. It could also be used by other organizations.</p> <p>Opportunities for improvement: There is a delay in data being available. The most recent data available was in 2019. Add data for the entire county.</p> <p>The Food Apartheid Identification StoryMap is available through the Public Health webpage- https://www.dcopublichealth.org/resources/health-resources-data.</p>	
<p>Announcements, Updates, Ideas (10 min)</p>	<p>School meals are not free this school year. Families will need to fill out the application to learn eligibility. https://www.dpsnc.net/nutrition.</p> <p>Falls Prevention Awareness events are coming up.</p> <p>The Bicycle Safety Education program has had tremendous response. They have doubled the schools served. Bike Durham is recruiting instructors for part-time roles that will work with elementary school students.</p>	
<p>Small group work and report back (25 min)</p>	<p>Choose a group: physical activity, food access, school meals</p> <p>Physical activity-</p> <ul style="list-style-type: none"> • The trail on Holton has a bench that needs a plaque. The committee discussed adding a shade tree in the past. • Spoke more in depth about the jobs available at Bike Durham Jobs — Bike Durham. • The City of Durham is interested in creating more bike lanes and bike groups. Bike Durham will collaborate with the City on this project. Better traffic calming measures are needed from the City of Durham. Tricia Smar is exploring methods for addressing these concerns. <p>School meals -</p>	

	<ul style="list-style-type: none"> • Worked on creating a flyer about the school lunch application. Please encourage families to fill out the form before Aug. 31. If they can qualify for P-EBT if they are eligible • DPS school nutrition has restructured – PANFA and Durham Innovative Nutritional Education teams are meeting with them to understand their new roles and how we can partner and support. <p>Food access- a new member, Jennifer Bailey, from Project Access joined today. They discussed the map and how it can be helpful to their work.</p>	
Next Meetings	PANFA Committee– Wed. September 14, 2022 – 9am – Zoom	