

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, October 12, 2022

Meeting Minutes

Facilitated by: Raina Goldstein Bunnag

Present: Raina Bunnag, Nasim Youssefi, Bria Miller, Yvonne Reza, Linden Thayer, Jacquelyn Blackwell, Kimberly Moore, Nancy Cox, Jan Williams, Tricia Small, Christian Dixon, Kia Campbell, Katie Belusa, Jennifer Bailey, Kat Combs, Ileana Vink, Jeff Forde, Eatwell Exchange, Kelsey Warren, Brittany McCoy, Marcus Hughes, Jan Williams, Ileana Vink, Sheri Starks, Willa Robinson, Desiree Chiles		
Project/Topic/Goal	Major discussion points	Action steps and responsible persons
Review Minutes, Icebreaker (10 Min)	The minutes were approved.	
Announcements, Updates, Ideas (10 min)	<p>Participants discussed the icebreaker question in breakout rooms. Icebreaker question: what is a bright spot in your work or home right now?</p> <p>Durham County Community Health Assessment survey is still being administered. We need volunteers to go door-to-door in pairs to get Durham residents’ opinions on community and health issues. Full volunteer shifts are available Wednesdays-Saturdays 10am-6pm. Half shifts are available Wednesdays-Fridays 1:30pm-6pm. Virtual training is available in English and Spanish.</p> <p>To register to volunteer for the county wide survey visit: https://tinyurl.com/53vmfcyc</p> <p>To volunteer for the Comunidad Latina survey visit: https://tinyurl.com/2w4ydkze</p> <p>Training in English: 2022 Durham County Community Health Assessment Survey Team Training. - YouTube</p> <p>Training in Spanish: 2022 Durham County Community Health Assessment Survey Team Training. - YouTube</p> <p>Recap of White Narratives in Food Systems</p> <ul style="list-style-type: none"> On Oct. 11 PANFA hosted a White Narratives in Food Systems training with Jen Zuckerman. 	

	<ul style="list-style-type: none"> ○ This work is preparing us to work with racial equity and food justice consultants from Communities in Partnership ● The triathlon for children hosted by the YMCA was postponed until Saturday, October 15. ● The next Men on the Move walk is October 15th at Westover Park from 9am - 10am. Any questions, please contact Jeff Forde at 919-451-3469. ● Bike Durham's event Move-A-Bull City is Saturday, October 22nd 11-3pm at Golden Belt -celebration of sustainable transportation! https://actionnetwork.org/events/move-a-bull-city-2022?source=direct_link& ● Wednesday, October 19 is national crunch day- free apples https://growing-minds.org/north-carolina-crunch/ ● NC was awarded school meal grants. Governor Cooper and a representative from NC Agriculture was there. 	
<p>Small group work and report back (40 min)</p>	<p>Focus on funding needs for workgroups</p> <p>Food Access</p> <ul style="list-style-type: none"> ● Went through the list of what is already there ● Still want tents, coolers, etc. for drive-through pantries ● Discussed transportation barriers ● Partnering with other food pantries ● There was an idea for open refrigerator in Durham <p>Physical Activity</p> <ul style="list-style-type: none"> ● Do an assessment to locate new site for Healthy Mile Trail (HMT) ● Next step for HMT signage ● Other outdoor physical activity or street fair opportunities ● Walking school bus where families meet up and walk together <p>School Nutrition</p> <ul style="list-style-type: none"> ● Reviewed funding ideas for school nutrition ● Helping with compensation or incentives for families that participate in school nutrition surveys or focused groups ● Signage of school meals ● Reviewed Community Health Improvement Plan CHIPs plan ● Food truck 	

Next Meetings	Partnership for a Healthy Durham Quarterly Meeting – Wed. Oct. 19 – 12pm – Zoom PANFA Committee– Wed. Nov. 9 – 9am – Zoom	
----------------------	--	--