

Partnership for a Healthy Durham – Physical Activity, Nutrition and Food Access Committee (PANFA)

Location: **Zoom**

Wednesday, March 8, 2023

Facilitated by: Kat Combs

Present: Kat Combs, Raina Goldstein Bunnag, Bria Miller, Nasim Youssefi, Ileana Vink, Taniajah Smith (DCoPH Intern), Mary Oxendine, Amber Taylor, Kevin Ogbonna, Angel Romero, Linden Thayer, Alex Hurdle, Tricia Smar, Belen Rogers, Gracie Rogers (Livingstone College, private business), Yvonne Reza, Willa Robinson Allen, Marcus Hughes, Charlene Harris, Jacqueline Lowry

Project/Topic/Goal	Major discussion points	Action steps and responsible persons
<p>Review Minutes, Icebreaker (10 Min)</p>	<p>Share a high or a low from your week. Tell us one of the weirdest or most different food you have eaten.</p> <p>The minutes were approved.</p>	
<p>Announcements, Updates, Ideas (5 min)</p>	<p>The Durham Wake Health Summit is tomorrow, March 9th.</p> <p>Tomorrow is the School Meals for All NC Day of Action. This is a campaign to make school meals free for all students in NC. This is also an opportunity to express gratitude for school meals workers. Here's more information and the registration link for School Meals for All NC action day. Individuals are not committing to anything by registering, they will just send you helpful information - https://schoolmealsforallnc.org/day-of-action/.</p> <p>Schools are paying money in administrative costs verifying if students qualify for free or reduced school meals. Making them universal reduces bureaucracy. Durham Public Schools is celebrating Breakfast Day. They will host an event Friday.</p> <p>DPS Parks and Recs summer camp registration starts this coming Sunday.</p> <p>What's the 411 series is back through Durham County Department of Public Health. One virtual meeting has already taken place. The next meeting is March 28th 4:00-5:30pm at South Regional Library. The topic is diabetes challenges. Alliance Health is helping with this as well. https://forms.office.com/Pages/ResponsePage.aspx?id=owBqwQlWwEeywnLYY140I-Ql_RyqlbJDIQM3N22cah5UQ05DT1FTNExNN1JJMjVHWEI2VEVJSTE2Ri4u</p>	

	<p>NC Sweet Potato Commission has resources for school nutrition and grocery stores and sponsor a relay race from Raleigh to the coast of NC.</p> <p>The Access to Care Committee meeting is moved to Wednesday, March 15 9-10am. Maximus, the broker from Medicaid, will talk about the new tailored plan.</p> <p>Durham County Food Security Grant application will open March 31st. We will send an announcement with a link to the application in the next two weeks.</p> <p>Community Rooted Solutions, part two is Friday, March 10th 1:00pm-2:30pm. Zoom: tinyurl.com/communityrooted</p> <p>If anyone knows of a childcare agency/afterschool program interested in fun nutrition lessons, contact brogers@foodbankcenc.org.</p>	
<p>Large group discussion (10 min) Kat Combs, Bria Miller</p>	<p>The Partnership will host three listening sessions in April and May this year. We will have questions about the Community Health Improvement Plans and each top health group. We would like to have three questions from each committee. Kat shared the questions we used in 2021 and the group will view them and determine three questions we should use for the upcoming listening sessions.</p> <p>Yesterday, the communications committee went over a toolkit on public health communication. It talked about making language clear and improving readability. PANFA could use those tenants to also guide the questions we use.</p> <p>We need to be careful with the word healthy in general. Do we want to use this word or use something more specific. Get rid of questions- #7, #12 needs to be separated. One on having money. One on not having money. Would like to keep #3 and likes the idea of asking what people would do if they had to recommend something. Or ask what resources people use.</p> <p>Questions to ask:</p> <ol style="list-style-type: none"> 1. If Durham Public Schools meals were free, would you participate? 2. How would you describe the ideal breakfast and lunch served at school? (this question needs some work.) 	<p>It seems like people get confused about what we mean by community. Could we add language to explain what this means- people you spend time with, including the individual we are asking. Also, a lot of people don't understand what healthy foods means. Specify what access means.</p> <p>Q12: "this situation" should be clarified to show it connects with Q11. Perhaps "...influence whether you use parks or trails near your home"</p> <p>Get rid of question number seven. Question 12 needs to be separated. One question on</p>

	<p>3. How could we improve access to food in your neighborhood? (Define who “we” is.)</p> <p>4. What do you know about the parks and trails near you?</p> <p style="padding-left: 20px;">a. What is good about them?</p> <p style="padding-left: 20px;">b. Are there any issues or barriers?</p> <p>The PANFA Co-Chairs will solidify the questions.</p>	<p>having money and one on not having money.</p> <p>Participants want to keep question three and likes the idea of asking what people would do if they had to recommend a resource.</p>
Next Meetings	<p>PANFA Committee– Wed. April 12 – 9am – Zoom</p> <p>Partnership for a Healthy Durham Quarterly Meeting – Wed. April 19 – 12pm – Zoom</p>	