

**Partnership for a Healthy Durham
Mental Health Committee
2/16/2023
Zoom**

Facilitated by: Ashley Bass-Mitchell and Armenous Dobson

Present: Armenous Dobson III, Bria Miller, Ashely Bass-Mitchell, Jess Bousquette, Kimberly Monroe, Kevin Ogbonna (community member), Natalie Thompson, Raven Brooks, Charvel Sumpter (NC State), Anne Fields (Duke Health), Valon Alford			
Agenda Items	Major Discussion Points	Notes	Action steps and responsible persons
Icebreaker	What was something that you were pleasantly surprised lately?		
Review Minutes from January	The minutes were approved.		
CRM Updates Jess Bousquette	Community Resiliency Model offers wellness skills based on the biology of the body. Participants do not need any extra tools for them. There are a few trainers in Durham and this committee has decided to focus on getting more. The joint workgroup is preparing to recruit five to six people to go through the five-day training. Community Health Workers, faith leaders, and other health leaders are being recruited. We would provide funding for the training and the expectation is to retain the certification for at least two years. We are looking for at least one person who is bilingual to send through the training.		
Current Concerns	<p>Gun violence came up several times during the icebreaker, so we opened it up for discussion. A Hillside student was recently shot. The shooter was also arrested at the school. Students talked about how the school was normalizing gun violence. They went on lockdown for a short time, but it was business as usual quickly after. Students and teachers were having a difficult time. One teacher gave students the opportunity to talk about it, but most others continued as usual. Some other young people who weren't at the school were triggered because it reminded them of previous shootings.</p> <p>Armenous is hearing from a lot of students that it's "normal" for children to have guns. Sixth graders were saying that they don't want to walk through their neighborhoods anymore because of the gun violence.</p>		

Kevin is also acknowledging that gun violence is a global issue. We feel it here because we live here. There are no jobs and no money for people in some parts of the world. People are getting shot and killed there all the time as well. The same is true in Michigan. If we were to go look at the gun violence in Nigeria, we would be shocked.

The sheriff's initiative is doing a State of Urgency at Hillside. It is now even more relevant. It began yesterday and runs through Sunday. This play focuses on gun violence. While there is so much to be done, there are people working on it. Donna Rosser leads the gun safety initiative. Malik Lee is with the Slingshots and they are distributing hundreds of gun safety materials? each week.

Several events are coming up. One is MedAssist in Durham, offering free over the counter medications. They are looking for volunteers for next Friday 8:30-2:00.

Medication Takeback is April 22nd.

The Community Health Summit "The Urgency of Now: Food Equity in Durham and Wake Counties" is March 9, 2023, 8:30 am - 3:30 pm. Learn from community-based organizations and other key stakeholders working on advancing food security and food equity in Durham and Wake Counties.

There is no cost for this event, but pre-registration is required. The registration deadline is March 2, 2023. Space is limited.

<http://events.r20.constantcontact.com/register/event?llr=4dhcspfb&oeidk=a07ejn2yitg92f5e903>

April 28th- Durham Community Collaborative, Alliance Health, and others are hosting a Mental Health Awareness Month Kickoff at Durham Central Parks. There will be resources, vendors, and food trucks.

	<p>On April 29th training for faith leaders and churches on mental health is taking place.</p> <p>There are plans to have a youth summit in May but not many details have been decided. If the group is interested, the committee can be a part of it. Another thing we discussed is a conversation for youth by youth.</p>		
<p style="text-align: center;">Next meeting: Thursday, DATE 3/16/2023 2:00 - 3:00 pm</p>			