

**Partnership for a Healthy Durham
Mental Health Committee
8/17/2023
Zoom**

Facilitated by: Raven Brooks, Valon Alford, Bria Miller

Present: Raven Brooks, Bria Miller, Krista Kicsak, Jess Bousquette, Macy Marcucci, Rachel Kitch (Duke Health), Kimberly Monroe, Gabrielle Rivero (Express and Release Therapeutic Dance), Tom Clark

Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	Name, role in your organization. Tell us what you do without naming your role. New Co-Chair Introductions		
Review Minutes from June			
CRM Updates	<ul style="list-style-type: none"> Hear from the Community Resiliency Model teachers https://www.traumaresourceinstitute.com/crm/ <p>This committee partnered with DART to send five people through CRM training. They are figuring out who they will do trainings for. The first may be with MAAME who provides perinatal support based in East Durham. Jess is doing a training with the HEART team. CRM is going to be a part of the onboarding training with them.</p> <p>Raven Brooks- the teachers met last week to discuss their training experience and next steps. They discussed moving forward with planning trainings in the community.</p> <p>Who are we targeting with these trainings? We put out an application for people interested in training in their communities. We were looking for diversity in sectors. We have doula/maternal health, mental health, NCCU, YMCA, and Comunidad Latina. It hasn't been as targeted as we initially thought, but due to the lack of data, we decided to go with who had interest and where a community-based approach would work best. The idea is to meet people in communities.</p>		

Progress with CHIPs and 2023-2024 Planning	Review the reason this group was established and CHIPs <ul style="list-style-type: none"> ■ Talk about where we have been ■ Discuss where we want to go over the next 18 months 		
Committee Co-Chair Nominations and Voting	Congratulations to the newly elected Co-Chairs across the partnership! A special congrats to Raven Brooks, Valon Alford, and Armenous Dobson!		
Propose meeting time change	<ul style="list-style-type: none"> ■ 1:00 or 3:00 potentially, third Thursday of each month 		
Announcements	<ul style="list-style-type: none"> ■ Substance Use Event ■ Wake Up with TFS (event link ->) ■ In-person meetings <ul style="list-style-type: none"> ● Not opposed to doing meetings in person 2-4 times per year ● Consider having lunch at the meeting <p>November 3- DCoDPH, Durham Tech, and Duke Health are hosting a symposium 9am-4pm for health/patient care providers- talking about skill building and trauma informed care. When the registration link is available, Jess will send it out. It is free and CEUs are available. Intended for anyone working in a clinical setting in the clinic or out in the community.</p> <p>Information circulated about food safety and what to do after a power outage.</p>	https://tfsnc.org/2023/06/wake-up/	
Next meeting: Thursday, 9/21/2023 ?:00 - ?:00 pm			