

**Partnership for a Healthy Durham  
Mental Health Committee  
8/18/2022  
Minutes  
Zoom**

**Meeting Outcomes:**

- **Discuss and plan for Suicide Prevention Day event**
- **Discuss updates on 988 line**
- **Develop dissemination plan for mental health brochure**

**Facilitated by:** Ashley Bass-Mitchell

Present: Ashley Bass-Mitchell, Jess Bousquette, Raven Brooks, Bria Miller			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
<b>Icebreaker</b>	Using an emoji, how are you feeling today?  Several people are on vacation or in trainings today, so attendance is low.		
<b>Review Minutes from July</b>	The minutes are approved.		
<b>Suicide Prevention Day Event</b>	<p>Durham County and Orange County are planning an event for Suicide Prevention Day on September 29, 2022. Organizers would like the Partnership Mental Health committee to participate by:</p> <ul style="list-style-type: none"> <li>• Gathering shoes</li> <li>• Getting the word out about the event</li> <li>• Sharing resources <ul style="list-style-type: none"> <li>○ Distribute the Durham County Mental Health resource brochure developed by this committee.</li> </ul> </li> </ul> <p>The committee is supportive of sponsoring this event. Ideas for an interactive table include:</p> <ul style="list-style-type: none"> <li>• A mental health activity/health promotion activity from the Community Resiliency Model.</li> <li>• Use 5 senses to self-regulate.</li> <li>• Distribute 988 swag from the state.</li> <li>• Distribute Partnership swag.</li> </ul>	<p>Bria will make a Survey Monkey poll to get participants to sign up for the event. We will schedule a follow-up meeting for those who plan to participate.</p>	<p>Ashley will bring a table and maybe an easel.</p> <p>Bria will provide a tablecloth, tent, and other Partnership swag.</p> <p>Bria or Ashley will send the details of the event when we have them.</p>

	<ul style="list-style-type: none"> <li>• Provide opportunities for people to get involved.</li> </ul> <p>Good partners to invite- El Futuro, Exceptional Children Wellness Center</p>		
<b>Durham County Mental Health Resource Brochure Distribution Plan</b>	<p>We want to share the brochure widely throughout Durham. If people would like the brochures, let Bria know and we can get them out. They are available in print and digitally in English and Spanish.</p> <p>We can distribute brochures in the CHA survey goodie bags. Jess will distribute some to organizations.</p>		
<b>988 Line Discussion</b>	<p>We sent the committee’s questions to Lisa DeCiantas from the Department of Health and Human Services and we are waiting for a response.</p> <p>In the first month, call volume increased by 60-70%. The advocacy around making sure that there is bilingual staff answering the phone is working. There are delays in the hiring process, but they are planning to hire. The Veteran’s line is also integrated into 988.</p> <p>During a baseball game, there was a 988 commercial played that included destigmatizing mental health. One powerful line used was, “everyone needs help”. It would be good to have this kind of commercial in NC in southern dialect.</p>		
<p><b>Next meeting:</b>  Thursday, DATE 9/15/2022  2:00 - 3:00 pm</p>			