

**Partnership for a Healthy Durham
Mental Health Committee
9/15/2022
Minutes
Zoom**

Facilitated by: Ashley Bass-Mitchell

Present: Tom Clark, Ashley Bass-Mitchell, Raven Brooks, Bria Miller, Armenous Dobson			
Agenda Items	Major Discussion Points	Recommendations	Action steps and responsible persons
Icebreaker	<p>Check in: How are you doing?</p> <p>What family traditions do you have for the fall?</p>	This committee should develop and share language for checking in with others. Many people think that being honest about how they are doing is a burden on others.	Add this detail to the conversation circle in the Community Health Improvement Plan (CHIP).
Review Minutes from August	The minutes were approved.		
Suicide Prevention Day Event	<p>The committee still plans to host a table at the Suicide Prevention Walk. Ashley will bring resources and a table. Jess is developing a trifold with CRM activities. Bria will bring the mental health resource brochures and Partnership swag. Raven will engage with those who come to the table.</p> <p>Committee members are encouraged to share flyer for the event and bring shoes to donate.</p>		Ashley Bass Mitchell, Raven Brooks, Jess Bousquet, and Bria Miller plan to host the table.
Announcement	There is a recovery day event September 16 downtown Durham at the Farmers' Market.		
<p>Next meeting Thursday, DATE 10/20/2022</p>			

2:00 - 3:00 pm